



First Family

We welcome all people... are guided by the teachings and unconditional love of Jesus... are inspired to participate as faithful disciples of Christ.

April 2017



H O L Y · W E E K

Sunday, April 9

Palm Sunday & Parade

Individuals, families, teens and children are invited to celebrate Jesus' Entry into Jerusalem with a Palm Parade on Sun, April 9. Gather in the narthex to get your palm branch and process into worship during the opening hymn.

Wednesday, April 12

A Most Unusual Party

Introductory Seder and Holy Week family worship

Families meet in the Atrium at 5:15 pm to journey through an interactive family worship experience including a simple Seder. Deacon MaryAnne Korsch, Cynthia Coffin-Langdon and Laura Stahl will lead this kid-friendly experience that will be similar to Dirty Hands & Foreheads.

Thursday, April 13

• Maundy Thursday Worship, Sanctuary, 7 pm

• Lenten Prayer Vigil

Prayer vigil runs from 8 pm Maundy Thursday to Noon on Good Friday. Please consider signing up to pray for one hour during this time. Come and pray at church or pray at home. Many find this hour to be very meaningful and heartfelt. Please join us in one continuous overnight prayer.

Share your Prayers

Please write your prayer requests on the purple paper provided and put in the prayer request box that is located in the narthex. During the Lenten Prayer Vigil, your requests will be added to the prayers of the people. Thank you.

Easter services at 9 & 11

continued inside



Our First Family

Hospitalizations: Riley Hinnenkamp, Barb Tyacke, Dick Wallin

Church Lighting for the week of April 9 – 15: In memory of Ronald R. Gauger by his family for his passion for the music ministry of FUMC to benefit the Carol Donahue Music Scholarship Fund and American Guild of Organists Scholarships.

Births:

- Liam Scott Hedlund, born March 17, 2017, to Allie Karvonen and Preston Hedlund; grandparents Cindy & Scott Hedlund
- Ezra Carter Millikan, born March 17, 2017, grandparents Dr. Randy & Lynn Millikan
- Owen Joshua Hill, born January 8, 2017 to Ellen & Josh Hill, brother Martin, grandparents Anita & Tim Zager
- Marley Mae Mattila, born October 27, 2016 to Tyler Ballavance & Matt Mattila, grandparents Adair & Brett Ballavance

Camp Sunday – Earth Day Sunday - Apr 23

Come to worship dressed in your “finest” camp attire. Mosquito nets, hiking boots, shorts or camo are welcome. Kevin Walsh will lead us in singing camp songs and other camp silliness. Opportunities to sign up for summer 2017 camps.

continued next page

For What It's Worth

He is Risen!

Prior to 325 AD, Easter was celebrated on different days of the week, including Friday, Saturday, and Sunday. In 325, the Council of Nicaea was convened by emperor Constantine. It issued the *Easter Rule*, which ordered that Easter shall be celebrated on the first Sunday that occurs after the first full moon on or after the vernal equinox. The ecclesiastical vernal equinox is always on March 21. Therefore, Easter must be celebrated on a Sunday between the dates of March 22 and April 25, depending on the full moon.

The name Easter is derived from Eastre or Eostre, the Goddess of Spring. In Latin, the word Easter is Pascha.

Gradually, like Christmas, Easter has become commercialized. Christian symbols such as the empty cross, the paschal lamb, and the empty tomb are mixed together with other more secular symbols such as Easter bunnies and eggs, Easter baskets and bonnets, Easter lilies and peeps.

What is Easter? It's the day we celebrate the resurrection of Jesus Christ. It's the day we celebrate new life both in this world and in the world to come.

“So, if anyone is in Christ, there is a new creation: everything old has passed away; see, everything has become new” (II Corinthians 5:12).

Or, **“...and it is no longer I who live, but it is Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me”** (Galatians 2:20).

Michelangelo was a person of faith. He had a strong Easter faith. He was once reproached by his fellow painters. “Why do you paint Christ on the cross so often? Christ suffering; Christ dying; Christ dead! Paint him, rather, risen! Paint him with his foot upon the rock. Paint him victorious and glorious. Paint him the conqueror of sin and death!”

Michelangelo's critics might have something. You will not find Jesus on the cross anymore. He is risen. He is risen, indeed!

For Christians everywhere, Easter is the celebration of the death

First Family

First United Methodist Church

230 E Skyline Parkway, Duluth, MN 55811
218/727-5021 info@fumcduluth.com

Interim Pastor: Rev. Rick Fossum

Next First Family deadline: **April 21**

Submit to connect@fumcduluth.com



fumcduluth.com

CHUM Easter Basket Project

First UMC provides components for Easter baskets for the clients of CHUM Food Shelf. Donations are coming in; what we still need:

- 27 bags of Easter “grass”
- Lots of wrapped candy
- 67 dozen plastic eggs
(no Oriental Trading Co. eggs, please)
- 33 small or med baskets with handles, used or new
- 88 small **new** stuffed bunnies/chicks
- 75 new Children’s books

Risen, continued

and resurrection of Jesus Christ and this is the basis for our salvation and the salvation of all humankind.

In the words of Matthew Bridges and Godfrey Thring in their great Easter hymn, *Crown Him with Many Crowns*:

*Crown him the Lord of life,
Who triumphed o’er the
grave,*

*And rose victorious in the
strife,*

For those he came to save;

*His glories now we sing;
Who died, and rose on high,
Who died, eternal life to
bring,*

And lives, that death may die.

I pray that this Easter will bring new life to you and your family. May you share in the victory of the risen Christ and receive the glory that Christ meant for all.

Together with you in Christ,

Pastor Rick

Holy Week Schedule, *continued*

Friday, April 14

Good Friday Prayer & Communion

On April 14 from Noon to 1:30, Pastor Rick will be on hand in Three Brothers Chapel for prayer and to serve Holy Communion to all who wish to partake. Come, pray, and open yourself to the loving presence of God.

Sunday, April 16

- **9:00** Easter Morning Worship, Sanctuary

- **9:45- 10:45 Easter Mini-Scramble**

Easter fun for families with children featuring a flashlight egg hunt, crafts and games. Special toddler area for the little ones to participate with their care giver. Led by Laura Stahl and the Early Childhood Teachers. 9:45- 10:45 am starting in Room 105.

- **10:00 to 10:45** Hospitality Team invites everyone to an Easter Sunday Breakfast for One and All, Lakeview Social Hall. Chef Paul will offer a scrumptious breakfast between worship services. Stay after 9 am worship or arrive early for 11 am worship to relax, eat and chat with friends. All are welcome! Overflow parking in Mn/DoT across the street.

Note: The congregation is invited to bring 6-12 muffins to share with the crowd on Easter Sunday during breakfast between services. Muffins can be dropped off in the church kitchen. *Please label muffins that contain nuts.*

- **11:00** Easter Morning Worship, Sanctuary

Our First Family, continued

Adventure Day Camp veterans and leaders are invited to join other campers in the afternoon for the ADC Camp Reunion and Pool Party in Superior.

Blood Drive Tuesday, April 18, 3 to 6 pm. *Sign up in the church office.*

Cherry, rhubarb, pumpkin, chocolate cream???

Do you serve pies for your Easter dinner? If so, buy them from FUMC! All proceeds will benefit the Capital Campaign. Select your choice of pie. Prices are \$20 for cherry, \$15 for rhubarb or pumpkin, \$18 for others (such as strawberry-rhubarb or chocolate cream).

Pick up your freshly made pies at church on Easter Sunday. Pre-orders only (well, there might be a few extras, but no guarantees). Place your order with LeAnn House by email at lhouse@css.edu. *(Quantities are limited, so don't wait!)*

BOGO Sale on cookbooks: Buy one for \$11, get one free! Now through the Roast Beef Dinner. Ask in the office.

Capital Campaign Report

Purpose - Place - People Promise For the Future

You will see from the difference between the Total Cost of the Project List -- \$863,000--and the Funding Sources Raised To Date, there remains \$77,412 Left to Be Raised.

This 2017 construction season bids are being taken for the Tuck Pointing. There is an opportunity to save as much as \$30,000 if we can begin early in the season and thus avoid potential overtime costs. The Trustees proceed on projects as funds are available.

We are asking members to give as generously as they can this Spring to help us realize this savings. If you have a pledge balance please consider if you can pay ahead on that pledge or above and beyond. If you have a tax refund this year please consider sharing some of that with the capital campaign. You can always make a gift to the campaign by using the pew envelopes and mark the line for the building fund.

Please give as generously as you can this Spring!

*Anita Zager & Mike Donahue,
Campaign Co-Chairs.*

FUMC in 84 words

All are welcome at First United Methodist, the landmark Coppertop church on the Skyline. In addition to its scenic view of the city and Lake Superior, FUMC is known for being active in the community and offering energizing worship, with great music and preaching, at 10 am Sundays. Ruby's Pantry food distribution is the third Thursday of the month from 5:30-7 pm. Other ministries offer care, friendship, and growth on your spiritual journey, many opportunities for service, and creative programming for children and families.

Capital Campaign Project List

The Project List Includes:	<u>Est.</u>	<u>Actual</u>	
Upper and Front Flat Roofs	\$220K	\$249,434	Completed
Parapet Roof	\$95K		Completed
Tuck Pointing	\$140K		
Upper Windows	\$80K		
Building Maintenance Plan	\$16K	16,644	Completed
Sanctuary Sound-Special Gifts	\$76K		Completed
Fireside Lounge Flooring	\$3K	1,618	Completed
Campaign Cost	\$22K	11,500	
Reach, Renew, Rejoice*	\$20K		\$19K On Hand
Floor Reconditioning	\$10K	13,064	Completed
Restroom Updates	\$7K		
Organ Refurbishment	\$94K		
Parking Lot Improvements	\$50K		
Trustees Building Endowment	\$20K		
Total Estimated Costs:	\$863,000		

Funding Sources:

Sound System - Dedicated Funds	\$81,167
Proceeds from sale of Chester Park Church*	\$195,490
Contribution from McCarthy Funds	\$40,000
Greystone Foundation	\$15,000
Pledged to Date	\$434,896
Extra Fundraising	19,035
To be Raised	\$77,412

*Reach, Renew, Rejoice is a seven-year congregational development initiative to start new churches and grow existing churches within the Minnesota Conference. A portion of the sale of the Chester Park Church building was dedicated to the initiative, which began in 2014.

First UMC Active Logo Wear

Not a fund raiser, just an opportunity to show our pride for our church!

The Hospitality Team offers a variety of shirts, pullovers, and jackets (men's and women's) with the Coppertop logo for sale. Stop by the table in the narthex to ask questions, check out the sizes, and order your special Coppertop logo wear today.

Order deadline is **Sunday, April 9.**

Coming up in Faith Forum

Our winter/spring Faith Forum series continues Sundays at 9 am in Fireside Lounge. The theme is "Gaining Wisdom from Biblical Characters and Their Stories."

April 2 Laurie Ash
The Two Debtors, Luke 7:40-50
"Simon, I have something to tell you."

April 9 Anne Miller
The Lamp, Matthew 5:14-16
"The story of a candle - the world's best guiding light."

No Faith Forum Easter Sunday, April 16

April 23 T.K. King
The Sheep and the Goats, Matthew 25:31-46
"The last judgment - Ready or not!?"

April 30 Cindy Hedlund
The Marriage Feast, Matthew 22:1-14
"Rejection! What a calamity!"



Name: _____
email: _____
Phone: _____



Adult Vintage Heather 1/4 Zip
100% Thermo Tek polyester, 7.0 ounce
- Breathable, moisture managing
- Fresh assurance with anti-bacterial treatment
- UV Protection
- Fully converseamed
- Front pocket
SIZES: XS, S, M, L, XL, 2X, 3X, 4X



Textured 1/4-Zip Pullover
100% polyester
Cadet collar
Taped neck
Dyed-to-match Vislon zipper and pull
Silver zipper tape Angled chin guard for additional comfort
Set-in sleeves Open cuffs and hem
Mens Sizes: XS, S, M, L, XL, 2X, 3X, 4X
Ladies Sizes: XS, S, M, L, XL, 2X, 3X, 4X



Heavyweight Fleece Vest
R14.5 oz. Premium Anti-Pilling Land-Tec® Fleece
100% Spun Polyester
Adjustable pull-cord and cord lock waistband
Lycra® bound armholes
Two side seam pockets
Double-needle stitching
Unisex Sizing XS, S, M, L, XL, 2X, 3X, 4X



Port Authority® Performance Pique Polo
5.3-ounce, 100% polyester
Double-needle stitching throughout
Flat knit collar and cuffs
3-button placket with dyed-to-match buttons
Side seam panels Side vents
Mens Sizes: XS, S, M, L, XL, 2X, 3X, 4X
Ladies Sizes: XS, S, M, L, XL, 2X, 3X, 4X



Perfect Blend® Crew Tee.
4.3-ounce, 50/50 ring spun combed cotton/poly, 30 singles
Mens Sizes: XS, S, M, L, XL, 2X, 3X, 4X
Ladies Sizes: XS, S, M, L, XL, 2X, 3X, 4X



Ladies Matrix Jacket
Slim Fit 3 layer bonded polyester with micro fleece and film laminate membrane
Reversed coil front zipper and pockets
Wind and water resistant and highly breathable
Full length storm inner flap
Ladies Sizes: XS, S, M, L, XL, 2X, 3X, 4X



Mens Matrix Jacket
Classic Fit 3 layer bonded polyester with micro fleece and film laminate membrane
Reversed coil front zipper and pockets
Wind and water resistant and highly breathable
Full length storm inner flap
Mens: XS, S, M, L, XL, 2X, 3X, 4X

Description	Size	Qty	PRICE	Color Circle One	Total
Adult Vintage Heather 1/4 Zip			\$35.00	Black Maroon Royal	
Mens Textured 1/4-Zip Pullover			\$35.75	Dawn Blue Black Royal	
Ladies Textured 1/4-Zip Pullover			\$35.75	Dawn Blue Black Royal	
Heavyweight Fleece Vest			\$30.50	Charcoal	
Mens Performance Pique Polo			\$28.00	Black	
Ladies Performance Pique Polo			\$28.00	Black	
Mens Perfect Blend® Crew Tee.			\$13.75	Black	
Ladies Perfect Blend® Crew Tee.			\$13.75	Black	
Ladies Landway Matrix Jacket			\$56.50	Black	
Mens Landway Matrix Jacket			\$56.50	Black	
The above pricing is for sizes XS-XL please add \$2.00 for 2X, \$4.00 for 3X, \$6.00 for 4XL					Total

Please make checks payable to First United Methodist Church

Empty Bowls

Nine bowls were painted by First UMC families and friends on Sat, Mar 25 at Pottery Burn. 4 year olds through adults turned their visions into bowls of beauty with the intent of creating a world of love through the work of Second Harvest Food Bank.

Through this project, all realized that simple gifts given in love can make a lasting difference in the world.

Charge Conference

Following worship on Sunday, April 9 at 11:00 a.m., the Administrative Council will meet as a charge conference, with Rev. Rick Fossum as presiding elder, to approve the compensation package for Rev. Jeanine Alexander.

All are welcome to attend.

Ruby's Pantry

Ruby's Pantry this month will be April 20.

Congratulations to Josh and Parker!

We are fortunate at First UMC to have two young people, Parker Hinnenkamp and Joshua Peterson, who have been studying the organ for several years and are now serving as our assistant organists. These two gifted young men have recently received special honors.

Josh has been awarded an Evans Scholarship to attend the University of Minnesota (Twin Cities campus), which covers full tuition and housing for four years. Josh will be majoring in music in both viola and organ performance.

Parker has received a special award from the Organ Historical Society. He has been awarded an E. Power Biggs Fellowship given to young organists with a developing interest in the pipe organ. The fellowship will provide full financial support for Parker to attend the week-long OHS National Convention in August.



A Lenten Reflection

by Rebecca Gruskin

Psalm 133 ¹ How very good and pleasant it is when kindred live together in unity! ² It is like the precious oil on the head, running down upon the beard, on the beard of Aaron, running down over the collar of his robes. ³ It is like the dew of Hermon, which falls on the mountains of Zion. For there the Lord ordained his blessing, life forevermore.

“But Protestants are extremists, like Daesh!” A neighbor had asked if I were Catholic or Protestant, and my answer disturbed him. I was a researcher in rural Tunisia, where a family had taken me in like a daughter.

My heart stopped, but I knew I must engage. “Some Protestants use religion in support of racism and violence, but most are not like that.” He started to disagree with me, to lecture me about my own religion. For the first time, I thought I understood something of the experience of being Muslim in America. Constantly explaining that your headscarf doesn’t make you a terrorist. Constantly being made accountable for the actions of extremists, whose religious views are unrecognizable from yours.

My Tunisian mother cut in. She told of my plans to help refugees when I return to the US, explaining that many Protestant churches are leading this effort alongside other faith communities. I remembered her reaction when I told her about these efforts. “You are wonderful people. If you were Muslim, you would go directly to heaven. But you will still get there. You just might have to wait a bit.”

I can wait, I thought. I’ll wait here with you, pitting fresh dates for the Ramadan fast-breaking, chopping garlic for soup. Wait with the lunch you gave me for my bus ride back to Tunis. It was enough food for several years of waiting. In the end, we’ll all be together in the same heaven. As long as we remember we’re together on the same earth.

(Postscript, to all of you who worked on the rhubarb pies: later on, when I told my Tunisian mother about the rhubarb festival, she informed me that even though you’re not Muslim, you will all go straight to heaven with *no* waiting!)

MN Earthkeepers working to transform the world

Seven Minnesota United Methodists who feel called to environmental justice and creation care were recently commissioned as Earthkeepers and have begun working on projects to transform their communities and the world. FUMC’s Naomi Yaeger shared this about her project, **zero-**

waste events.

The average plastic bag is used for 12 minutes just one time. This is one of many pieces of trivia that Yaeger knows firsthand, and reducing waste is an issue she feels strongly about.

Years ago, she was on the national United Methodist Women Green Team and

gave talks in churches. Then in 2010, she planned a no-waste graduation party for her daughter and a no-waste family reunion for 75 people.

But it was while serving on the sustainability committee for Duluth’s annual Rhubarb Festival last summer that

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Spring Roast Beef Dinner Thursday, April 27

This popular fundraiser has something for everyone. ALL ages can participate! Volunteering is easy, just look for sign-up sheets in the narthex before or after worship. Check out the many ways you can be a part of this well-oiled machine that draws a crowd and provides reliable support for FUMC ministries.

Childcare provided from 4-9 pm April 27. Please sign up at the volunteer tables.

Volunteer parking - All volunteers please park on the

nursery school side of building or at the MN DOT parking lot where **shuttle service** will be available.

Other ways to help out:

Prayers - Pray for a God-filled successful event.

Sell dinner tickets - Tickets are now available for sale, or for you to sell to friends.

Take 10 tickets and sell to family, friends, and co-workers, or treat your staff or helpful neighbors.

Note: This is a fundraiser.

Please purchase your ticket

in advance or at the door and enjoy the meal before or after your shift. *All youth volunteers are welcome to enjoy the dinner compliments of FUMC.*

Flyers - Pick up flyers at volunteer sign-up table and post them around your workplace and favorite shops.

Facebook/email - Invite friends and business associates to dinner via Facebook and email.

Donation Needed: We are in need of 2 large (80-100 cup) coffee pots and 5 thermal coffee pots. If you would like to donate toward equipment, please contact Cindy Hedlund 218 348-2634 or write a check to FUMC for any amount and in the memo write for roast beef dinner and put in offering plate or give to the church office.

Thank you!

For more information, contact Cindy Hedlund 218 348-2634 (cell) or schedlund@gmail.com

Take Care God's creation includes you

from Linda Wiig, Parish Nurse

Taking care of our bodies is one of our missions for God. Our health journeys may take us to places we haven't forseen or even place us in the wilderness for a time. In this wilderness and time of doubt, we can remember our faith coexists with doubt. Even Jesus seems to have had doubt while on the cross. We know that we will have wilderness times, so let's make and save up our memories of when we were able to follow God's path. Change can occur if we reflect, ask for help, and pray.

Choices we make about our own health can encourage or discourage others in their own health journeys too. As Hippocrates has said, "A wise [person] should consider that health is the greatest of human blessings, and learn how by his own thought to derive benefits from his illness." Do you know a person living with a chronic disease that has been an inspiration to you and others? If so, speak with them.

Holistic health means paying attention to our spirits as well as our bodies. Our emotions, relationships, and faith all contribute to our health. We can encourage our spirits by pausing to honor those who have helped us to improve and maintain our health along the way. For example, walking partners, nutritionists, exercise and yoga instructors, music teachers, friends, pastors, etc.

What can we do to keep ourselves healthy even as we grow older? What lifestyle choices will allow us to continue to proclaim God's message and do God's work for years to come?

Here's a start: It's SPRING, go out and smell the rain, watch the green shoots come up, hear the birds sing, take a hike, and listen to the water rush. Shalom

Earthkeepers, continued

she came to an important realization: "I found that most people don't know the difference between compost, recyclables, and waste—and I really enjoyed teaching people about it," said Yaeger. "I thought, 'This is probably a ministry for me.'"

Yaeger's project will involve teaching groups in her area how to have zero-waste events. Her motto: "Duluth doesn't do it dirty." "God created the earth and all the plants and animals," she said. "It's everything on earth we need to protect."



First United Methodist Church

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Weekly Our regular schedule

Sundays

9:00am Faith Forum - FSL
9:00am Family Faith Formation - 112, 105
9:50am Prayer Team - TBC
10:00am Worship - S
Wee Wonder - 105
3:30pm T'ai Chi - LSH we

Mondays

Noon Gamblers Anonymous - St
3:00pm Spirit Yoga - TBC
5:00pm Young Adults - Lib
7:00pm Whole Birth Yoga - TBC

Tuesdays

8:00am Men's Study Group - FSL
6:00pm Gamblers Anonymous - St
6:00pm Moms' Yoga - TBC

Wednesdays (except April 5)

4:45pm 5Guise - BR
Kids' Club Art - L Nur, MR
5:00pm JAM & PB Band - TBC
Parent2Parent - St
5:15pm Ringtones - BR
5:30pm Bible Study - FSL
Dinner - LSH se
Explorers - St
JAM Jr. - TBC
5:45pm Sanctuary Choir - EL
6:00pm Confirmation - FSL
6:30pm Youth Group - CW, 112
Kids' Games - L Nur, MR
6:45pm Cast in Bronze - BR
7:30pm Tapestry - S
7:45pm Class Ring - BR

Thursdays

9:00am Faithfully Fit - EL
6:00pm T'ai Chi - LSH we

Fridays

9:00am Alcoholics Anonymous - TBC

Saturdays

9:00am T'ai Chi - LSH we

Day by Day Monthly & one-time

Wednesday, April 5

9:30am UMW Board Meeting - Lib

Thursday, April 6

5:00pm Trustees - FSL

Saturday, April 8

9:00am Community Reiki Circle - TBC

Monday, April 10

7:00pm Priscilla Circle - FSL

Tuesday, April 11

2:00pm Loud Laughing Ladies - FSL

Wednesday, April 12

9:30am Prayer Shawl Ministry - FSL

Thursday, April 13

1:00pm Deborah Circle - FSL
7:00pm Maundy Thursday Worship - S
8:00pm Prayer Vigil - TBC, S

Friday, April 14

12:00am Prayer Vigil - TBC, S
12:00pm Good Friday Communion - TBC

Sunday, April 16

9:00am Easter Worship - S
9:45am Eggstravaganza - MR
10:00am Breakfast - K, LSH
11:00am Easter Worship - S

Monday, April 17

10:00am Rachel Circle - FSL

Tuesday, April 18

3:00pm Blood Drive - East Lot

Wednesday, April 19

9:30am Naomi Circle - FSL

Thursday, April 20

4:00pm Ruby's Pantry - LSH, S

Sunday, April 23

11:00am Cookie Baking for RB Dinner - K

Tuesday, April 25

2:00pm Loud Laughing Ladies - FSL

Wednesday, April 26

9:00am Roast Beef Dinner Prep - LL

Thursday, April 27

9:00am Roast Beef Dinner Prep - LL
4:00pm Roast Beef Dinner - LL

