



# First Family

*We welcome all people... are guided by the teachings and unconditional love of Jesus... are inspired to participate as faithful disciples of Christ.*

First United Methodist Church, 230 E. Skyline Parkway

## Coppertop Craft & Bake Sale

Saturday, Nov. 9  
9am-2:30pm

- More than 60 area crafters
- Bakery and gourmet foods
- Used book sale
- Nam Ly's egg rolls
- Sloppy Joe lunch
- Parking at Mn/DOT with shuttle service

*Proceeds benefit local and world-wide mission projects*



**First United Methodist Church**

230 E. Skyline Parkway  
Duluth, MN 55811  
[www.fumcduluth.com](http://www.fumcduluth.com)

November 2013

Sponsored by FUMC United Methodist Women



## Giving Thanks

Putting things on paper for this newsletter is making me think about how quickly this fall is rushing past. I am typing information about Christmas Eve services already!

One of the things the rush of time tends to push aside is giving thanks. I have some friends for whom Thanksgiving is not much of a holiday to be celebrated. For them it evokes painful images of mistreatment of native peoples. For them, it is a holiday about excess – we eat too much, we watch too much football.

While I understand where they are coming from, Thanksgiving has become an important holiday and time for me personally. It marks a nice break in what has for many years been a busy time. When I was a district superintendent I traveled a lot in the fall presiding at church conferences. As your pastor, fall is always a busy time getting programs going again, taking care of committees and commitments. On Thanksgiving Day, I get to be home with my family. I slow down and remember how much I have to be thankful for, including the grace of God which I see woven into every other good gift of life.

In the spirit of an early Thanksgiving, let me say how grateful I am to be here as your pastor. I am grateful to each of you and all of you for what you give to our church in your time, talent, energy, enthusiasm, and financial contributions. With the Roast Beef Dinner, Ruby's Pantry, mentoring, the Coppertop Craft and Bake Sale, Sunday School, music programs, and many other things, we are all busy here at First UMC in the fall. Thanks for your part in all of this.

Even more than being grateful for all that you give and do, I am simply grateful for who you are as followers of Jesus Christ, and grateful for who we are together as a congregation on the journey with Jesus. We continue to grow together in faith, hope, and love, in laughter and joy, in concern for those who are poor and marginalized. Our music is richer, our prayers are more resonant, because we continue to deepen in our relationship with the God of Jesus Christ and with each other.

We are not perfect. There is always room for growth. The philosopher Alfred North Whitehead once wrote, "There is no true stability... What looks like stability is a relatively slow process of atrophied decay." It is a more sophisticated way of saying that if we aren't moving forward on the journey, we are falling further behind. I am grateful that we continue to seek inner growth and I believe that the corollary to inner growth is growth in mission, ministry, and numbers.

## Our First Family

**Hospitalizations:** Virgil Boehland, Diane Bean

**Pumpkin to pie like straw into gold:** The October 2 pumpkin pie for CHUM project was a great team effort. All 135 pies were sold before 5pm when I took \$1375 to CHUM for the food shelf. Wow! Your hard work is appreciated by lots of people. —*LeAnn House*

**RB Dinner another wow:** 140 volunteers worked over three days to prepare and dish up 520 pounds of beef, 130 apple pies, and more for our second annual Fall Roast Beef Dinner. Seven hundred meals were served—that's 200 more than last fall! Net income was \$4,662.26.

That's a little less than last spring's dinner, when 600 meals were sold, due in part to a one-time investment in new equipment and kitchenware to help with smoother operations. Food costs were also higher: the 520 pounds of beef (70 pounds more than last spring) cost 60¢ more per pound.

Bottom line, though, is over \$4,500 extra for the work of our church. Thank you for your part in making this possible.

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**First United  
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Pastor: Dr. David Bard

Next First Family deadline: November 22, 2013  
Submit to office or to editor at [connect@fumcduluth.com](mailto:connect@fumcduluth.com)

## Our First Family, continued

### Music scholarship

**showcase:** The first Carol M. Donahue Scholarship recipients have been selected, and they will be participating in a brief concert after the service on Sunday, November 24. Refreshments will be served, and the opportunity for a free-will offering will be provided. Please join us!

### Sunday morning parents

Bible study will resume November 17. Joann Regnier facilitates this new Sunday morning Bible study and parent group, which meets at 9am while kids are in Discovery and Exploration. Drop in any time.

### You can light the church:

We keep the light burning on the Skyline, and you can help support that symbol. A minimum of \$40 sponsors a week of church lighting from Sunday through Saturday

Donors can designate half of their gift (\$20) to a local charity such as CHUM, Second Harvest, or Harbor House, or to a church program such as music, parish nurse, or the building fund.

If you like, your gift will be acknowledged in the bulletin and First Family. You can also make your gift in memory, honor, or appreciation of a person or group.

### Anticipating the change

**from orange to red:** Since we've not yet carved our pumpkins or tucked into our turkey, yams, and pumpkin pie and we don't want to rush one holiday out the door prematurely, it is certainly not time to talk about poinsettias. But keep your eye on the Sunday bulletin and think about those you might wish to honor by sponsoring a poinsettia at a more appropriate time later in the year.

## Spread extra kindness this month

Greetings to everyone! I would first like to inform you of an upcoming evening when Janet Ramsey, Professor Emeritus of Congregational Care Leadership at Luther Seminary, will be giving a talk focused on resiliency, spirituality, and hope.

As she says, most of us wrestle with ultimate questions of meaning as we grow older. Does spirituality make a difference as we grapple with these issues and review our lives? How do we discover hope in the midst of challenging realities?

Ramsey's most recent book tackles the three primary tensions in the human experience, all important as we grow older—hope versus reality, community versus differentiation, and roots versus creativity.

She will speak at the Holiday Inn Great Lakes Ballroom on Wednesday, November 13 from 6 - 7:30pm. This program is free and **does not** require registration.

It's time for our next blood drive! That's right! The Bloodmobile will be here Tuesday, November 19 from 3 - 6pm. If you know a particular time you would like, just call the church office or drop in and sign up on the sheet provided. Thanks to all of you who give generously. Giving blood is a great way to spread kindness, especially this month, since **World Kindness Day** is the 13<sup>th</sup> of November. If you are unable to give blood, what other way can you especially show kindness on that particular day? Think about it and maybe do something you have never done before to help someone out.

Let's also remember to be kind to ourselves. Taking an active role in keeping our bodies and our relationships healthy is a way to demonstrate stewardship and thank God for the life God has given us. Taking care of ourselves benefits not only us but also our loved ones and our community. Health is really a personal and social responsibility.

Is health just the absence of disease or much more? What is your definition of health?

In this month of kindness and gratitude, let us give thanks for God's grace and forgiveness. — *Linda* Linda Wiig, Parish Nurse

## Giving Thanks, continued

The theme of this fall's stewardship effort is "Keeping the River Flowing." You will all be receiving a letter from me with a pledge card and I trust you will prayerfully consider your financial giving for the coming year. Thank you for that. The stewardship effort is just a part of our life together — necessary, but not the whole of our life together.

What I am most grateful for is how we keep the river of God's love flowing in our own lives, in our life together, and through our lives and life together, to the world.

Thank you for who you are. Thank you for keeping the river flowing here at First UMC. Thanks for letting me pause early to give thanks.

Grace and Peace,

*David*

## Lennon-Berini Scholarship reminder

This scholarship, exclusively for college students of First United Methodist Church, is presented annually in December. The number of scholarships presented will depend on the number of qualified candidates as determined by the selection committee. Each scholarship presented this year will be for \$1500.

The application form, now available in the church office and on the church website (fumcduluth.com), must be fully completed and returned to the church office no later than 3pm November 22.

In addition to being members of FUMC, candidates must have completed two years of college and be pursuing a people-centered career.

The scholarship/s will be awarded during a worship service in December.

## ‘Getting to Know You’

### Information for prospective members

Are you interested in membership here at First United Methodist Church? Do you know someone who is? Would you just like to find out more about the meaning of membership?

On Sunday, November 10, beginning at 11:30am in the chapel, we will gather for an orientation to First United Methodist Church.

The session will be geared toward those who may wish to join First UMC, but is open to anyone who would like to get to know us better.

## Kid Stuff

### New youth director, early childhood teachers for FUMC

Three new staff members will be sharing their talents in ministry to our children and youth.

Morgan Dobberstein, our new Director of Youth Ministry, is a UMD student majoring in accounting and finance. She is from Buffalo Lake, MN and has worked as a summer camp counselor and Sunday school choir director.

Elizabeth Hauschildt and Malissa James are new early childhood teacher/child care providers. Elizabeth graduated from UWS with a degree in elementary education and now volunteers as an Americorps reading teacher. A member of First UMC, she has worked with children of all ages through the children’s ministries here. Malissa is studying elementary education at UMD. She grew up in her mother’s in-home daycare and has also worked as a nanny.

We welcome Morgan, Elizabeth, and Malissa.

### Kids are JAMmin’ on Wednesday nights

The new music program for our youngest musicians is off to a great start. Kids and parents alike have been enjoying this fun musical experience led by Cynthia Coffin-Langdon. JAM and the Peanut Butter Band meets on Wednesdays in the East Lounge from 5:15-5:45. JAM is for age 4 through grade 3, although younger children are welcome to join if accompanied by a parent. Come for the rehearsal and stay for the Wednesday night supper.

### Discovery Zone kids choose two for mission focus

Discovery Zone students in grades 3-5 have decided which problems in the world they wanted to help solve. After discussing programs in such categories as animals in danger, child hunger, environmental concerns/global warming, natural disasters, and war, weapons, and the effects of war, they decided on two projects to support with the Sunday morning offerings:

- International Wolf Center in Ely, MN for their work to educate the community about wolves and to protect Minnesota’s wolf population
- Environmental Conservation (Advance Project #3021624) in Kenya to support sustainable farming and tree planting. The project aims to increase farm productivity and provide healthy food as well as caring for the environment so native animals can thrive.

### Children, youth to portray Christmas story

Children and youth will lead us in worship Sunday, December 8 with a focus on the birth narrative. Practices will begin in November. Watch for ways to participate and practice times. Each child and youth’s talents and abilities are valued!

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# Kid Stuff

continued

## Seminar Program meeting Nov 3

Interested students (grade 8 & up) and their families will meet in the Chapel at 11:30am this Sunday, November 3 to make a final decision on the date and destination for the Seminar Program trip. Lodging options will also be discussed.

Can't be there? Contact Kaelene at 218-355-8910.

## Confirmation classes to start in January

Confirmation classes for eighth- and ninth-graders will meet at 8:45 Sundays beginning January 12. More information about the confirmation program will be sent to youth and parents later this fall.



## Warm God's Children

Youth Group invites you to join the WHMGS&Y Drive (warm hats, mittens, gloves, scarves & yarn). Youth will continue in the spirit of the recent Pumpkin Pie for CHUM event by knitting donated yarn into cozy winter garb. The congregation is encouraged to help in this effort by donating yarn, hats, and mittens, or by knitting/crocheting items.

The plan is for items to be distributed on Ruby's Pantry night, probably in November or December.

Please put your donations in the burgundy container outside the church office.

## FUMC hosts supervised visits

# Keeping families together

Sadly, it is too often the case that some parents encounter difficulties caring for their children and society must step in through the legal justice system to provide safe environments for children away from their biological parents. It is the intent that these biological parents will, some day, correct the problems and learn parenting skills that will enable them to once more take responsibility for and provide care for their children.

Two of the agencies that participate in this process are St. Louis County Social Services and Lutheran Social Services. For several years FUMC has been providing both agencies with access to our nursery to host court ordered non-custodial parental visits.

An agency social worker supervises the visits and works with the parent(s) on childcare skills and social interaction. Typically a family will come for 4-6 visits over a month to a month and a half. Laura Stahl, our Director of Children's and Family Ministries, has assembled a toy box that can be used by the families with toddlers and older children.

Our best estimate is that approximately 30 family units per year use our facilities for non-custodial parental visits. This is just one example of the \$40,000 to \$50,000 First UMC donates every year in waived rental fees to non-profits.

In addition to providing space for relationships to grow, we can support participating families with our gifts.

### LSS Wish List

- gas station gift cards, grocery store gift cards
- baby lotion, baby wash, baby shampoo
- *urgently needed:* diapers size 4, 5, 6; baby wipes

Please mark your gifts "LSS" and drop them off in the church office.

## Enjoy a night out to help Harbor House Crisis Shelter

Harbor House Crisis Shelter in Superior is a ministry of Faith United Methodist Church and is supported by all the Twin Ports area United Methodist congregations. On Friday evening, November 15, Harbor House is hosting "Making a Difference" at Clyde Iron Works, 2920 W Michigan St, Duluth, beginning at 5:30pm.

Tickets to the event, which includes a meal, guest speaker, and silent auction, are \$35 per person and can be purchased by calling Faith UMC at 715-394-9608. Among other shelter needs are cleaning supplies, adult and children's socks and undergarments, paper towels, laundry detergent, towels, linens, and blankets.

## Roast Beef Dinner

October income:	\$9,384.35	May income:	\$7,672.15
Expense:	\$4,727.09	Expense:	\$2,893.97
Net:	<b>\$4,662.26</b>	Net:	<b>\$4,778.18</b>

October expense included new equipment and kitchenware to help with smoother operations and increased attendance. These are one-time costs. Cost for food products also increased between May and October of 2013.

# Blowing in on the winds of November at First UMC

See you in the photo directory

Signing up for our new picture directory is as easy as 1-2-3.

(1) Go to our web site, [www.fumcduluth.com](http://www.fumcduluth.com), click on the directory icon, and follow the instructions. OR

(2) Sign up on Sunday, November 3, the last day for Sunday morning sign-up. OR

(3) Call the church office, 727-5021, and one of our staff members will be glad to help you.

We want your beautiful faces in our directory!

## Church council, charge conference


The church council will next meet on **Tuesday, November 19** following a **brief charge conference at 7pm**, the purpose of which is to set pastoral compensation for 2014.

The council is reading together Bob Farr's book *Renovate or Die*. If you are a council member and have not yet picked up your copy, you may do so any time. Pastor David has copies.

## Ruby's Pantry

This month's date for Ruby's Pantry is Thursday, November 21. Volunteers are needed to greet our guests, prepare food for distribution, and share the food with them. You may volunteer anytime between 3 and 8pm and can come for as little as an hour to help out. We are now into our fourth year of this meaningful community outreach that touches many lives and makes a difference, not only to those who come for food, but also to those volunteering.

## November Quick View

- 
- 3** All Saints Sunday
  - 9** Coppertop Craft and Bake Sale
  - 10** "Getting To Know You" membership orientation, 11:30 chapel
  - 12** CHUM Assembly, a celebration of forty years of CHUM
  - 12-16** Directory photos taken
  - 15** Fundraiser for Harbor House at Clyde Iron
  - 17** Mission presentation, Three Brothers Chapel after worship
  - 19** Charge conference, church council, 7pm
  - 21** Ruby's Pantry
  - 24** Faith and Film, *Lincoln*, **starting time 6pm**
  - 26** Community interfaith Thanksgiving service, Peace UCC, 7pm
  - 28** Thanksgiving Day

## Community interfaith Thanksgiving service

The annual community interfaith Thanksgiving worship service will be held at 7pm Tuesday, November 26 at Peace United Church of Christ. All are invited to attend.

Proceeds from the evening offering will go to support the CHUM food shelf.

## Mission presentation Nov 17

"Strong Missions Loaves and Fishes" is a United Methodist Advance special mission that works with groups from the United States to serve God through serving people in Costa Rica. The mission works with local churches and community leaders on construction projects and feeding, education, and family support programs.

Darryl Teske, who attended our church for a time when he was working in the area, is now a part of Strong Missions Loaves and Fishes. He will be offering a presentation on his work on Sunday, November 17 in the chapel following worship.

## Chester Park building featured on PACT TV special

Local filmmaker Jack Salmela's third "Celebrating Stained Glass in the Northland" video includes a segment featuring the stained glass windows from Chester Park UMC. To obtain a copy of the video, contact PACT TV Duluth. We are working to get a copy for our church library, and when we do, we will also host a showing here.

## Special Thanksgiving offering

This year's special Thanksgiving offering will be shared between the ministries of First UMC and United Campus Ministry at UMD, where Cynthia Coffin-Langdon is the campus minister. More information about the offering will arrive by letter, and Cynthia will be sharing about her work during the discipleship time on November 17.

## Faith and Film for November

On November 24 we will watch together the award-winning film *Lincoln*. Because the film is a bit longer we will begin at 6pm.

Minnesota Conference requests input for feasibility study

## Make your voice heard

The Minnesota Conference of the United Methodist Church recently launched a feasibility study, and United Methodists across the state are being asked to participate.

The study will assess the conference's readiness for a congregational development capital campaign to seed new faith communities across the state and help existing congregations like ours grow in strength, spirituality, and community impact.

Please visit the home page of the conference website ([www.minnesotaumc.org](http://www.minnesotaumc.org)) and click on "Feasibility Study" to learn more about the efforts underway and provide input through a brief online questionnaire.

All responses submitted through the questionnaire are confidential and go directly to the consulting firm that's leading the conference through the feasibility study process.

If you prefer a paper version be sent to you, call Abigail Ozanne at the conference office at (612) 230-6156, and she will send you a questionnaire and return envelope.

Online and written responses are needed by November 27.

Your feedback is important and will be used to formulate objectives and plans. Many of our church leaders are participating in the feasibility study. A report on the findings will be presented at the 2014 annual conference session.

Nov 12 at FUMC

## CHUM to celebrate 40 years

Forty years ago, First United Methodist Church was among the founding congregations of an outreach ministry then known as Central Hillside United Ministries. It was an effort to reach out to those on the margins to offer help, support, and community. Those efforts have grown over the past forty years into CHUM, with its wide array of programs and services that continue to reach out to those on the margins to offer help, support and community. The work of CHUM also asks us to consider the more systemic reasons there are those on the margins and to advocate for justice and fairness.

On Tuesday, November 12, beginning at 6:30 with a social time, CHUM is gathering folks from its member congregations for a celebration. Lee Stuart, the new executive director, has encouraged each member congregation to be represented by ten people, and we would like to meet that challenge. If you are interested, please let Pastor David, Bob Higgins (our CHUM congregational representative) or Kevin Walsh (who continues to serve CHUM in a variety of ways), know of your interest.

## Fall Faith Forum The quest for inner peacefulness

Inner peacefulness – peace of mind – is, without a doubt, one of the most important characteristics sought by all humans. It is also the subject of our fall Faith Forum series. The series is intended to help participants consider several essentials which, when considered as a whole, can help us on the path to inner peacefulness.

Faith Forum is held each **Sunday at 9am** in the **Fireside Lounge**. Each session will conclude at 9:45, in time for the worship service.

**Nov. 3: Anita Zager**, Personal Fulfillment: Learn about pursuing a dream and how a sense of personal fulfillment contributes to inner peace.

**Nov. 10: Linda Wiig**, High Levels of Health and Energy: Learn more about generating high levels of health and energy for the phase of life you currently inhabit.

**Nov. 17: Dick Carlson**, The Anger Factor: Can anger and inner peacefulness coexist? Is the elimination of anger a worthy life goal?

**Nov. 24: Karen Alseth**, Mindfulness: Learn more about how awareness is one of the essentials of inner peacefulness.

## FUMC Operating Budget

Year-to-Date September 30, 2013

	Actual	Budget
<b>Income</b>		
Envelope/Plate Giving	\$275,646.15	\$267,200.00
Other Operating Income	<u>153,758.34</u>	<u>126,657.66</u>
Total Income	\$429,404.49	\$393,857.66
<b>Expense</b>		
Total Expense	<u>\$477,575.99</u>	<u>\$410,592.19</u>
<b>Net Income</b>	<u>\$ 48,171.50)</u>	<u>(\$ 16,734.53)</u>

All taxes are paid YTD for 2013. Two apportionment payments are being held.



# First United Methodist Church

First Family (USPS 349-210) is published monthly by First United Methodist Church, 230 E Skyline Pkwy, Duluth MN 55811-2799. Periodicals postage is paid at Duluth MN 55806.

POSTMASTER: Please send address changes to First Family, 230 E Skyline Pkwy, Duluth MN 55811-2799.

## Weekly Our regular schedule

### Sundays

- 9:00am Discovery & Exploration - LL  
Parents Bible Study - St  
(resumes 11/17)  
Faith Forum - FSL  
10:00am Worship - S  
Wee Wonder - 105  
3:30pm T'ai Chi - LSH we

### Mondays

- Noon Gamblers Anonymous - St  
7:00pm Whole Birth Yoga - TBC

### Tuesdays

- 8:00am Men's Study Group - FSL  
6:00pm Gamblers Anonymous - St

### Wednesdays

- 5:15pm JAM - EL  
Ringtones - BR  
5:45pm Supper - LSH se  
6:00pm Tapestry - S  
6:30pm Cast In Bronze - BR  
Youth Group - CW, 112  
7:30pm Sanctuary Choir - EL  
7:40pm Class Ring - BR

### Thursdays

- 9:00am Faithfully Fit - EL  
6:00pm T'ai Chi - LSH we (CW 11/21)

### Fridays

- 9:00am Alcoholics Anonymous - TBC  
9:30am Women's Study Group - Lib

### Saturdays

- 9:00am T'ai Chi - LSH we (St 11/9)

## Day by Day Monthly and one-time events

### Sunday, November 3

- 11:30am Seminar Program Mtg - TBC

### Monday, November 4

- 8:00am Rachel Circle Pickle Making - K

### Tuesday, November 5

- 7:00am General Election - LSH  
11:30am Roast Beef Debrief - FSL

### Wednesday, November 6

- 9:00am UMW Board - Lib

### Thursday, November 7

- 9:00am Bazaar set-up - LL

### Friday, November 8

- 8:00am Bazaar set-up - LL  
6:30pm Nominations Committee - FSL

### Saturday, November 9

- 8:00am Coppertop Craft/Bake Sale - LL  
9:00am Reiki Healing - TBC

### Monday, November 11

- 6:00pm SPRC - Lib  
7:00pm First & Ten - St  
Priscilla Circle - FSL

### Tuesday, November 12

- 2:00pm Loud Laughing Ladies - FSL

### Wednesday, November 13

- 9:30am Prayer Shawl Group - FSL

### Thursday, November 14

- 1:00pm Deborah Circle - FSL

### Monday, November 18

- 10:00am Rachel Circle - FSL

### Tuesday, November 19

- 7:00pm Church Council - FSL

### Wednesday, November 20

- 9:30am Naomi Circle - FSL

### Thursday, November 21

- 4:00pm Ruby's Pantry - LSH, S

### Friday, November 22

- 3:00pm L-B Scholarship apps due

### Sunday, November 24

- 6:00pm Faith & Film - FSL

### Monday, November 25

- 5:00pm Trustees - FSL  
5:30pm Ruby's Committee - Lib  
7:00pm First & Ten - FSL

### Tuesday, November 26

- 2:00pm Loud Laughing Ladies - FSL

### Thursday, November 28

- Thanksgiving**  
Office closed



**This calendar includes** only those events open to Church members or the general public. Other events are scheduled in the building, but not listed.