



First Family

We welcome all people... are guided by the teachings and unconditional love of Jesus... are inspired to participate as faithful disciples of Christ.

October 2016

Fall Roast Beef Dinner

Thursday, Oct 13

4:30-7:00 pm

*Roast beef, corn, mashed potatoes & gravy,
cole slaw, roll and homemade apple pie!*



Adults: \$12
Children: \$6
(under 12)

DINE IN
CARRY OUT
DRIVE THROUGH

**First United
Methodist Church**

230 E. Skyline Parkway
Duluth, MN 55811
www.fumcduluth.com

First United Methodist Church
the Coppertop

230 E Skyline Parkway

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Our First Family

Deaths: Robert "Bob" Ballou on September 23, 2016; Harald Fegraeus on September 25, 2016

Marriage: Jennifer Draxten & Christian Lindquist on September 23, 2016

Wednesday Night Meal Sign-up! Calling on all helpers! Wouldn't you or your group like people, eat, help prepare, or clean up after the meal? Did you say "Sure, count me in"? A sign-

Pumpkin Pies: LeAnn House, Debi King, and a crew of CSS students and faculty will spend the morning of October 5 in our kitchen, turning canned pumpkin from the CHUM Food Shelf into pies. They will sell the pies for \$12 apiece from 1 to 5pm Wednesday with all

Thank you to all who participated in making the dinner/auction a success. We

Beth Bard, MD has accepted a position with Essentia Health in Duluth, starting in Sept 2017.

For What It's Worth

What's your twinkle quotient?

By now, I suspect that most churches in the Duluth area are well into the new church year. Church schools, Bible studies, fellowship groups, and youth groups are operating at top speed. Walls and performing on a regular basis. Usher and greeters are making sure what needs practicing, prepared for what needs preparation, what comes next?

What comes next? We do! You! Me! All of us! We also need to get ready to be the church.

A father asked his daughter why she liked her Sunday school teacher so much. She answered, "Because her eyes twinkle like she's laughing inside all the time."

we are Christians? What does the person sitting next to you in church see in your face? Does your face shine because you know Jesus is Lord? Does your face glow because you know the end of this life is the Lord?

What does your face look like? Does it match your faith? Can others tell by looking at you that you are Christian?

people as much as Jesus does. They are looking into our hearts and into our faces, wanting to see the Lord in our hearts. Is he there?

So, what does a Christian look like?

Christians should look like us or we them. They should look like how the laughing Sunday school teacher looked to the little girl who saw the twinkle in her eye.

twinkle in our eyes.

continued

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First United Methodist Church

230 E Skyline Parkway, Duluth, MN 55811
218/727-5021 info@fumcduluth.com

Interim Pastor: Rev. Rick Fossum

Next First Family deadline: **Oct 21**

Submit to connect@fumcduluth.com



fumcduluth.com

Sunday morning drivers needed

Once a month FUMC need a ride to church, making it possible for those who do worship. If you are looking for FUMC Driver Meeting Sunday, Oct 16, in the chapel at 11:15. This is an informal opportunity ask questions, offer suggestions, and share information. All who are interested in this key outreach ministry are welcome to come and learn more.

Dinner/Auction Thanks

Thank you to all who participated to help make the Capital Campaign Dinner and Auction on September 16 a success! We raised \$6,000 for We sold 86 tickets for dinner. auction items that were donated. that made the dessert auction a delicious and delightful way to

You can follow updates regarding the capital campaign the bulletin board outside the kitchen by the East Door. You can always make a contribution to the capital campaign at the morning.



October 30

Costume Sunday

Halloween fun. If you don't like to dress up, consider bringing an interesting prop to portray your chosen character or concept. Consider characters or themes from the Bible.

Trunk or Treat /BYO Pumpkin Carving

Another fun year of Trunk or Treating in the west parking lot is planned for Sunday, Oct 30. This is a fun and safe way for your child and others to trick or treat. Trunk or Treat runs from 11:30 am to

Trunk or Treat Upgrade! Can you help?

Trunk or Treat is getting upgraded this year! In an effort to engage neighborhood families a bit more, First UMC is planning to erect If you would like to help in this effort, contact Laura Stahl. Lunch preparers, tent hosts, parking lot hosts, trunk or treat car hosts, and donated pumpkins are all needed. Those with the "gift of gab" are

FUMC Operating Budget
Year-to-Date August 31, 2016

	Actual	Budget
Income		
Envelope/Plate Giving	\$268,291.85	\$264,470.32
Other Operating Income	<u>110,238.31</u>	<u>97,238.10</u>
Total Income	\$378,530.16	\$361,708.42
Expense		
Total Expense	<u>\$394,301.29</u>	<u>\$388,219.02</u>
Net Income	<u>(\$ 15,771.13)</u>	<u>(\$ 26,510.60)</u>

FUMC to award \$1000 scholarships in 2016

In the 1950's two young men, John Lennon and First Methodist staff members who worked with Duluth youth, particularly in the Central Hillside area. To commemorate their work a scholarship fund

Subsequent helped to sustain the Fund and allow for the presentation of 77 scholarships totaling \$69,190. The 2016 Lennon-Berini Scholarships will be \$1000 each.

The criteria for qualifying as an applicant are: (1) be a member of Duluth's First United Methodist completed at least two years of college, and (3) be pursuing a people-centered career. Application forms are on the church's website—and must be fully completed and turned into the office by December 25, 2016. The scholarships will be awarded during

From the Parish Nurse: Mental health, flu

Greetings and happy fall! Oct. 4-10 is National Mental Health Awareness week, and two seminars on the topic are scheduled in Duluth.

those with Dementia.

Nelchanicky-Booth is Clinical Director at Birchtree Center, an accredited, residential mental health center here in Duluth where adults in crisis go to resources. It is a center where you can get the appropriate care you may be in a situation.

This training, offered from 6:30 to 8pm at the Inn on Lake Superior, is a great opportunity. I want a cookie! Let me know by Sunday, October 2 and I will add your name.

On Wednesday, Oct 5 a seminar on the Neuroscience of Mental Illness will be held at The Inn on Lake Superior beginning at 8:30 am. Deb Semmelroth, a retired Professor of Nursing at CSS now working at Birchtree, will lead a seminar. \$25 for three. See Linda if interested.

I know that many of you know that there is a crisis of bed shortages for those persons needing in-hospital care for mental health issues. Families are often faced with difficult choices.

Clean hands--wash thoroughly with soap and water, much preferred to hand sanitizer, and if you touch that area then touch your eyes, nose or mouth you will avoid infection.

Cough and contact with droplets on surfaces.

Control your cough and sneeze. If you have a cough or sneeze, cover your mouth and nose with a tissue or your elbow.

Runny nose, headaches, fatigue, and sore throat. Children may experience these symptoms. If you have a fever, cough, sore throat, or other symptoms, stay home and avoid contact with others. Flu can spread into the body undetected by the immune system. So please protect yourself and others.



First United Methodist Church

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Weekly Our regular schedule

Sundays

- 9:00am Faith Forum - FSL
- 9:00am Family Faith Formation - 112, 105, 106
- 9:50am Prayer Team - TBC
- 10:00am Worship - S
- Wee Wonder - 105
- 3:30pm T'ai Chi - LSH we

Mondays

- Noon Gamblers Anonymous - St
- 4:15pm Spirit Yoga - TBC
- 7:00pm Whole Birth Yoga - TBC

Tuesdays

- 8:00am Men's Study Group - FSL
- 5:00 pm Karate for Life - EL
- 6:00pm Gamblers Anonymous - St
- 6:00pm Moms'í Yoga - TBC

Wednesdays

- 4:45pm 5Guise - BR
- Kid's Club Art - L Nur, MR
- 5:00pm JAM & PB Band - TBC
- Parent2Parent - St
- 5:15pm Ringtones - BR
- 5:30pm Bible Study - FSL
- Dinner - LSH se
- Explorers - St
- JAM Jr. - TBC
- 5:45pm Sanctuary Choir - EL
- 6:30pm Youth Group - CW, 112
- Kid's Games - L Nur, MR
- 6:45pm Cast in Bronze - BR
- 7:30pm Tapestry - S
- 7:45pm Class Ring - BR

Thursdays

- 9:00am Faithfully Fit - EL
- 6:00pm T'ai Chi - LSH we
- (except 10/20 CW)

Fridays

- 9:00am Alcoholics Anonymous - TBC

Saturdays

- 9:00am T'ai Chi - LSH we

Day by Day Monthly & one-time

Sunday, October 2

- 11:00am Cookie Baking - K

Wednesday, October 5

- 9:00am CHUM Pie Baking - K
- 9:30pm UMW Board Meeting - Lib

Thursday, October 6

- 5:00pm Trustees Meeting - FSL

Saturday, October 8

- 9:00am Community Reiki Circle - TBC

Monday, October 10

- 7:00pm Priscilla Circle - FSL

Tuesday, October 11

- 2:00pm Loud, Laughing Ladies - FSL

Wednesday, October 12

- 9:00am RB Dinner Prep- K, CW, 112

Thursday, October 13

- 7:30am RB Dinner Prep- K, CW, 112
- 1:00 pm Alzheimers Caregivers - Lib
- 4:30 pm Roast Beef Dinner

Sunday, October 16

- 10:30am Drivers Meeting - TBC

Monday, October 17

- 10:00am Rachel Circle - FSL
- 4:00pm FUMC Foundation - FSL

Wednesday, October 19

- 9:30am Naomi Circle - FSL

Thursday, October 20

- 4:00pm Ruby's Pantry - S, LSH

Monday, October 24

- 5:00pm Priscilla Circle Baking - K

Tuesday, October 25

- 2:00pm Loud, Laughing Ladies - FSL

Thursday, October 27

- 5:00pm Finance Committee - FSL

Sunday, October 30

- 11:00am Trunk or Treat/Pumpkin Carving - West Lot, EL

Monday, October 31

- 9:00am Rachel Circle Pickling - K

