



# First Family

*We welcome all people... are guided by the teachings and unconditional love of Jesus... are inspired to participate as faithful disciples of Christ.*

September 2016

## Get tickets now for Sept 16 event

Buy your tickets now for our Capital Campaign fundraising dinner on Friday, September 16.

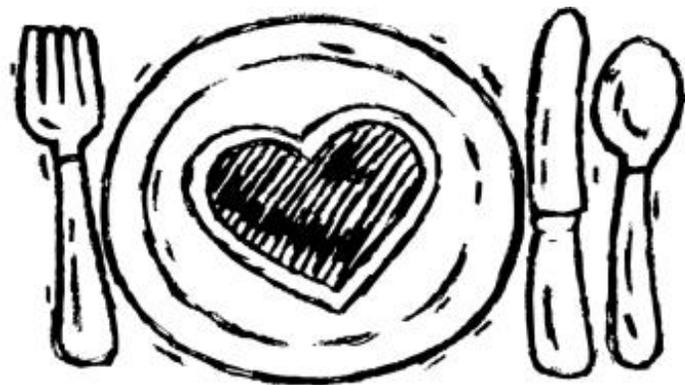
Dinner will be by Paul Sapyta. You can choose Rogotzke Alaskan salmon, chicken, or stuffed portabella mushrooms. Care has been taken to make the menu gluten free.

The ticket price is \$30 of which \$20 is tax deductible. Tickets must be purchased by Sunday, September 11. Seating will be in tables of 6. Invite a friend or group of friends for a fun evening. Tickets are available in the narthex after church or during the week in the church office.

A Live Dessert Auction will culminate the evening festivities. Wonderful desserts will be displayed and guests can organize their bids for the Live Auction to make sure they get the dessert they want.

A Silent Auction, refreshments, and entertainment start at 6pm, and dinner will be served at 6:30. Some of the Silent Auction Items include a one-week time share anywhere in the world, a Northwoods cabin weekend, dinner by Paul Sapyta, a performance by the Peterson Family Quartet, and stained glass by Todd Kurth. These items will be on display outside the Fireside Lounge. Bring cash, check, or credit card and enjoy some fun and an excellent dinner. Get you tickets early, seating is limited.

Please contact Anita Zager about donating auction items: [anitazager@gmail.com](mailto:anitazager@gmail.com).



**First United  
Methodist Church**

230 E. Skyline Parkway  
Duluth, MN 55811  
[www.fumcduluth.com](http://www.fumcduluth.com)

**CAPITAL CAMPAIGN DINNER  
& SILENT AUCTION**



## Our First Family

**Hospitalizations:** Chuck Campbell, Harold Fegraeus, June Kreutzkamp, Tom Ling, Linda Wiig

**Death:** Howard Pramann on August 8, 2016

**June Kreutzkamp** relates that on June 13, 2016 Rep. Rick Nolan mentioned her name and indicated her award of "Port Cities Woman of the Year" for the *U.S. Congressional Record* that day. June will also be featured in a story about her in the Oct/Nov issue of *The Woman Today*. She says, "That award seems to go on and on."

**"Thank you** very much for your remarkable hospitality of our mission group two weeks ago. It was a wonderful place to rest, eat, and call home for a week. Given all we heard about you in the community it is no surprise. We will keep you in prayers during your time of transition. Blessings, New Life UMC in Seymour, WI"

**Daryl Harper and crew** raised \$1,203 for the capital campaign with their Tall Ships parking and concession stand. Good job!

**Donation Needed:** Because we no longer have access to a wholesale account (Pam's Hallmark), we need to pay for the cost of napkins, placemats, continued next page

## For What It's Worth

### God's counting on us

Greetings. My name is Rick Fossum and I will be your interim pastor for the next few months.

I am excited to serve Duluth First UMC and I look forward to meeting you. I know some of your history and I am aware of some of the dreams and visions you have for "the Coppertop." I will do my best to serve you while maintaining and respecting your customs and traditions. I will consider it a privilege to serve shoulder to shoulder with you as we continue to make this corner of God's world a little bit better.

Personally, I have been married for forty-two years. My wife, Nancy, is a retired middle-school science teacher. In June, 2014, we moved from Bismarck, North Dakota to the Minneapolis area to be closer to family. Katie, our oldest daughter, lives in Apple Valley with our two grandchildren (Tanner and Hunter). Tracey is our youngest daughter and she lives in Prior Lake with her husband Eric. Our son Knute works for the Western Area Power Association as a lineman and lives in Montana.

I do not know what the future holds for Duluth First UMC, but I know that God knows and this is enough for me. I believe God is always a step or two ahead of us and every once in a while God stops, turns around, smiles and calls out to us, "Are you still there? Come on, keep up. We have a Kingdom that needs building and I need your help."

This is what the church does best. We help God. The church is God's hands and feet, voice and soul in this world. God has chosen the church to help make a positive difference in our homes and families, communities and world. God counts on us, as the church, to make life better for all God's creatures. Do I hear an AMEN?

As you know, my schedule will be a bit different. Officially, I will be in Duluth Thursday through Sunday morning. Unofficially, I will be glad to meet with people at a time and day that is convenient for all of us. Please do not hesitate to call or stop by for a visit.

Again, thank you for inviting me to serve this wonderful church. Together with you in Christ,  
Pastor Rick

## First Family

### First United Methodist Church

230 E Skyline Parkway, Duluth, MN 55811  
218/727-5021 info@fumcduluth.com

Interim Pastor: Rev. Rick Fossum

Next First Family deadline: **Sept 23**

Submit to [connect@fumcduluth.com](mailto:connect@fumcduluth.com)



[fumcduluth.com](http://fumcduluth.com)

## Quick Look at September

**Sept 7:** Music potluck; Sanctuary Choir and Tapestry rehearsals resume

**Sept 14:** Adult Bible Study begins; Ready, Set, Grow Workshop; bell choirs resume

**Sept 16:** Capital Campaign Dinner and Auction

**Sept 18:** Celebration of Worship Sunday with choir, Tapestry worship band, and handbells; Faith Forum begins

**Sept 21:** Parent2Parent group, JAM, JAM Junior, and youth groups begin

**Sept 25:** Treasure Chest Family Event

## Our FF, continued

and cups. \$400 will cover the cost. If interested, please contact Cindy Hedlund (schedlund@gmail.com or 218 348-2634) or write a check to FUMC for any amount. Note "for roast beef dinner" in the memo line and put it in the offering plate or give to the church office. Thank you!

**From the UMW:** In our daily walk with God we look to grow in understanding our calling as United Methodist Women. Our purpose— *"to know God and experience freedom as whole persons through Jesus Christ; to develop a creative supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church"*—gives us direction. We know how to turn faith, hope, and love into actions on behalf of women, children, and youth around the world.

## Homecoming Sunday

If you haven't met Pastor Rick Fossum by now, be sure to mark Sept 18 on your calendar. The congregation and friends will gather together for another great year of incredible worship, learning and serving together.

***Dress in black and white*** for added fun and be sure to stay after for ice cream sandwiches. Non-dairy treats will be available as well.

## First and Ten

The First and Ten Men's Group will meet on September 12 and 26, 7 p.m.

## Church Council

First UMC Church Council will meet Thursday, September 22 at 6 pm in the Fireside Lounge. Council meetings have changed to Thursdays to meet Pastor Rick's schedule.

## Ruby's Pantry

Ruby's Pantry this month will be Thursday, September 15. Volunteers are needed to greet our guests, prepare food for distribution, and share the food with them. You may volunteer anytime between 3 p.m. and 8 pm for as little as an hour to help out.

## Thanks from David and Julie

We want to thank you all so much for the delightful farewell on August 7 for us and for our family. We can hardly describe all the emotions of that day as we celebrated with you the wonderful ministry we have done together the past eleven years.

We are overwhelmed with the cards and good wishes received. The beautiful art work you all commissioned from Gary Lundstrom is gorgeous and will be a splendid reminder of First UMC, of Duluth, and of our relationship with you.

While parts of that relationship have now changed in that David is no longer the pastor here, we will continue to treasure you always, and look forward to some visits when we are back in Duluth. Again, thank you so much.

Grace, Peace, and Love,  
*David and Julie Bard*

### FUMC Operating Budget

Year-to-Date July 31, 2016

	Actual	Budget
<b>Income</b>		
Envelope/Plate Giving	\$240,771.02	\$198,927.74
Other Operating Income	<u>90,385.81</u>	<u>79,814.26</u>
Total Income	\$331,156.83	\$278,742.00
<b>Expense</b>		
Total Expense	<u>\$340,243.04</u>	<u>\$339,691.65</u>
<b>Net Income</b>	<u>(\$ 9,086.21)</u>	<u>(\$ 19,466.44)</u>

All taxes, apportionments and payables YTD have been paid.

# Marking Gold at the Coppertop

Have you seen the new banners? It's been 50 years since our church moved to Skyline Parkway, and we plan to celebrate!

We've already published the 50th anniversary cookbook, and plans include a memory book. Expect to see lots of photos and history tidbits on the web site and Facebook.

The big anniversary celebration will be Sunday, November 13, 2016. It will begin with a 10 am worship of readings and lots of music. Guest speaker for the 11:30-1:30 luncheon and program will be Bishop David Bard.

The luncheon and other events will be free, thanks to the support of the First United Methodist Church Foundation.

## Shiny Paper

Our Finance Committee has been working on the Shiny Paper project for a while now, and they've gotten pretty speedy. The August 12 delivery took Judy LaTour, David and Mary Grant, Steve Hansen, Todd Kurth, and Richard Gurske 20 minutes to load, 8 minutes to unload at Versco, and 20 each way to drive.

The 3,020-pound load brought in \$300.30 for the work of the church.

# 50 years on the Skyline



## *Let it shine!*

# FUMC Fall Fundraiser Order Form

Order and Payment Due: Monday, Sep 26, 4 pm

Terri Lynn Nuts

Nuts or Fruit Products	Quantity	Price /unit	Total
Roasted <b>WHOLE ALMONDS</b>		\$9.50/1 lb bag	\$
<b>WHOLE ALMONDS Natural</b>		\$9.00/1 lb bag	\$
Turkish <b>APRICOT HALVES</b>		\$7.00/1 lb bag	\$
<b>HONEY ROASTED CASHEWS</b>		\$9.50/1 lb bag	\$
Giant Salted <b>WHOLE CASHEWS</b>		\$10.00/1 lb bag	\$
<b>ALMOND, CRANBERRY GRANOLA</b>		\$7.00/1 lb bag	\$
<b>HEALTHY HEART NUT MIX</b>		\$8.00/1 lb bag	\$
Deluxe <b>MIXED NUTS</b> (no peanuts)		\$10.00/1 lb bag	\$
Mammoth <b>PECAN HALVES</b>		\$10.00/1 lb bag	\$
<b>PECAN PIECES</b>		\$10.00/1 lb bag	\$
<b>HONEY ROASTED PEANUTS</b>		\$6.00/1 lb bag	\$
Colossal Natural <b>PISTACHIOS</b>		\$10.00/1 lb bag	\$
Sweet & Salty <b>TRAIL MIX</b>		\$7.00/1 lb bag	\$
Light <b>WALNUTS</b> - mixed halves & pieces		\$9.50/ 1 lb bag	\$
<b>Subtotal</b>			\$

## Candy Products

<b>MILK Chocolate ALMONDS</b>		\$8.50/1 lb bag	\$
<b>DARK Chocolate ALMONDS</b>		\$8.50/1 lb bag	\$
<b>MILK Chocolate BRIDGE MIX</b>		\$8.00/1 lb bag	\$
<b>DARK Chocolate BRIDGE MIX</b>		\$8.00/1 lb bag	\$
<b>DARK Choc Sea Salt CARAMELS</b> (8 oz box)		\$7.50/ 8 oz box	\$
<b>MILK Chocolate CASHEWS</b>		\$9.50/1 lb bag	\$
<b>DARK Chocolate CRANBERRIES</b>		\$7.50/1 lb bag	\$
<b>Mixed Chocolate CRANBERRIES</b>		\$7.50/1 lb bag	\$
<b>GUMMI BEARS</b>		\$6.50/1 lb bag	\$
Giant <b>MALTED MILK BALLS</b>		\$7.00/1 lb bag	\$
Mint <b>MELTAWAYS</b> (8 oz box)		\$7.50/8 oz box	\$
<b>DARK Choc MINT PATTIES</b> (8 oz box)		\$7.50/8 oz box	\$
<b>MILK Chocolate PEANUTS</b>		\$6.50/1 lb bag	\$
<b>MILK Chocolate PECAN CLUSTERS</b> (9 oz box)		\$7.50/ 9 oz box	\$
<b>Dark Chocolate PEANUT BUTTER MELTS with Sea Salt</b>		\$7.50/ 8 oz box	\$
<b>MILK Chocolate PECANS</b>		\$9.50/1 lb bag	\$
<b>PRALINE PECANS</b>		\$9.50/1 lb bag	\$
<b>MILK Chocolate Coated Jumbo RAISINS</b>		\$6.50/1 lb bag	\$

Terri Lynn Subtotal - Transfer to back page



**Please turn page to complete your order.**

# FUMC Fall Fundraiser

Order Deadline: **Monday, Sep 26, 4 pm**

0 Half case (3 Best Price! Equal Exchange  
items Whole case  
(6 items) Quantity

## Organic Beverage Products

Whole Bean Coffee: French Roast Dark Roast (10 oz)	\$27.50	\$54.00	
Ground Bean Coffee: French Roast Dark Roast (10 oz)	\$27.50	\$54.00	
Whole Bean Coffee: Colombian Full City Roast (12 oz)	\$27.50	\$54.00	
Ground Coffee: Colombian Full City Roast (12 oz)	\$27.50	\$54.00	

## Decaf Coffees

DECAF! Ground Coffee: French Roast (10 oz bag)	\$32.00	\$64.00	
DECAF!! Ground Coffee: Cozy Cup Full City Roast (12oz)	\$32.00	\$64.00	

## K-Cups, Bulk and Cocoa

K-cup Breakfast Blend (12 per box)	\$26.00	\$48.00	
K-cup French Roast (12 per box)	\$26.00	\$48.00	
K-cup DECAF! Unwind (12 per box)	\$26.00	\$48.00	
BULK Whole Bean French Roast (2 lb bags) #12001	\$26.00 (single bag)	\$120.00 (5 bag case)	
Hot Cocoa Mix 12 oz can	\$24.00	\$46.00	

\* You can mix and match coffee half cases for **full case price!** Only two varieties per case, please.

## Organic Chocolate Bars (3.5 oz)

Singles Best Price! Case  
of 12 Quantity

Panama Xtra Dark (80% cacao)	\$3.75 / bar	\$40.00	
Very Dark Chocolate (71% cacao)	\$3.75 / bar	\$40.00	
Ecuador Dark (65% cacao)	\$3.75 / bar	\$40.00	
Mint Chocolate with Delicate Crunch (67% cacao)	\$3.75 / bar	\$40.00	
Dark Chocolate Orange (65% cacao)	\$3.75 / bar	\$40.00	
Dark Chocolate with Almonds (55% cacao)	\$3.75 / bar	\$40.00	
Dark Chocolate Lemon Ginger w Blk Pepper (55% cacao)	\$3.75 / bar	\$40.00	
Dark Choc Caramel Crunch with Sea Salt (55% cacao)	\$3.75 / bar	\$40.00	
Milk Chocolate (43% cacao)	\$3.75 / bar	\$40.00	

\* You can mix and match chocolate bars for **full case price!**

Total Equal Exchange order (this page) \$ \_\_\_\_\_

Total Terri Lynn order (first page) \$ \_\_\_\_\_

Round Up \$ \_\_\_\_\_

**GRAND TOTAL** \$  

NAME: \_\_\_\_\_ Phone number: \_\_\_\_\_ Check # \_\_\_\_\_

Please write checks to **First United Methodist Church** or **FUMC** with memo "Nut Sale."

*Sale of partial cases will be sold after orders are delivered as supply lasts.*

## New Wednesday Night Schedule

- 4:45** 5Guise handbell ensemble
- 5:00** JAM, for children in grades 1-3  
Parent2Parent group\*
- 5:15** Ringtones children's bell choir
- 5:30** Wednesday Night Meal – All welcome!  
JAM Junior, for preschoolers-5-year-olds\*  
Explorers, for grades 1-4\*  
Adult Bible study
- 5:45** Sanctuary Choir for all voices
- 6:30** Youth Group, for grades 5-12\*
- 6:45** Cast in Bronze adult bell choir  
Meal service ends
- 7:30** Tapestry worship band
- 7:45** Class Ring youth bell choir
- 8:00** Child care/supervised study time ends

# Wednesday Nights

## Small Groups for Children and Youth

*Bell choir rehearsals begin Sept 14.* Contact director Bill Alexander for details about your group. Note new times.

- 4:45 pm 5Guise  
5:15 pm Ringtones  
6:45 pm Cast in Bronze  
7:45 pm Class Ring

*Other groups begin Sept 21.*

- 5-5:30 **JAM**, for grade 1 and up  
5:30 – 6:00 All new **JAM Jr**, for preschool through kinders  
Both groups meet in the Chapel, focus on developing musical skills in an active, fun way, and are led by Cynthia Coffin-Langdon.  
5:30 – 6 **Explorers**, a new group for 1<sup>st</sup> – 4<sup>th</sup> graders, focuses on Bible skills in a kid-friendly, fun way. Upstairs study  
6:30 – 7:30 **Youth Group** format will change a bit with 5<sup>th</sup> – 12<sup>th</sup> graders meeting at 6:30 and then doing some split activities before concluding activities as a combined group, ending by 7:30 pm. Youth Director Cynthia Coffin-Langdon will lead with Laura Stahl assisting.

## Small Groups for Adults

- **Parent2Parent**, for parents with children, 5:00- 5:30, coinciding with JAM sessions. Parents of adolescents are welcome or may check with Laura Stahl to set up another group. *Starts Sept 21.*
- **Adult Bible Study** from 5:30 – 6:15 in the Fireside Lounge. Older teens are welcome. *Starts Sept 14*

## Music at First

*Join us! There's a place for you!*

**Annual Music Potluck:** Mark your calendars for a Music Potluck on **Wednesday, Sept 7** at 6:45 pm. All musicians are invited to this annual potluck and kick-off to our fall season.

A-L Please bring a main dish.

M-Z Please bring a salad.

Ice cream will be provided for dessert.

### Two JAM groups will be offered this year

Cynthia Coffin-Langdon will offer two JAM groups this year, JAM for grades 1-3 and JAM Junior for preschoolers through 5 year-olds. These fun-with-music groups will rehearse on Wednesdays in the Chapel at 5:00 and 5:30 pm. Rehearsals start on Wednesday, Sept 21.

**New rehearsal times** for handbells, choir, JAM, and Tapestry. See New Wednesday Night Schedule.

If you have questions, please feel free to contact Velda Bell at 218-727-5021 or [music@fumcduluth.com](mailto:music@fumcduluth.com).

# Faith Forum: Digging into the New Testament

Theme for the fall Faith Forum is "Digging into the Old Testament." Each week, starting September 18, a new presenter will share insights.

Faith Forum sessions meet in the Fireside Lounge at 9 am Sundays. Come any time.

## **Sept. 18: Geoff Bell**

Geoff will provide us with some useful guidelines for reading ancient scripture in modern times. *Misreading Scripture With Western Eyes*

## **Sept. 25: Lynn Milikan**

What is the role of truth and deception in our relationship to God? Gen. 1:1 to 3:24, *Adam and Eve and the Creation Story*

## **Oct. 2: Randy Milikan**

Am I my brother's keeper? We will explore the element of choice and how we handle it. Gen. 4, *Cain and Abel*

## **Oct. 9: Gina Diaz**

What is the power of a new beginning? What can we learn about second chances? Gen. 5-7, *Noah and the Flood*

## **Oct. 16: Jack Harris**

We'll learn about the loss of hope and the origin of Islam. Gen. 16 and 21, *Hagar/Ishmael & Isaac/Rebekah*

## **Oct. 23: Sarah Maddy**

What does it mean to be obedient to God? Gen. 12 and 16, *Abram/Sarai (Abraham/Sarah)*

## **Oct. 30: Anne Miller**

We'll learn more about the value of perseverance and patience. Gen. 25 to 27, *Jacob and Esau, Leah and Rachel*

## **Nov. 6: Diane Bean**

We'll consider the mystery of unintended consequences and the power of family loyalty. Gen. 37 to 45, *Joseph and his brothers*

## **Nov. 13: Brian Kunderling**

Today's topics: Freedom from bondage, The Ten Commandments and the Power of Celebration. Exodus 2 & beyond, *Moses, Aaron and Miriam*

## **Nov. 20: Anita Zager**

On seeking truth and peace. The Promised Land becomes a reality. Help can come from unexpected sources. Joshua 1, 3, 14, and 24, *Joshua and Rahab*

## **Nov. 27: Mark Whitlock**

What can we learn about our love/hate relationship with authority and the meaning of a personal covenant? 1st Sam. 9, 15, and 18, *Samuel, the reign of King Saul and let's not forget Jonathan.*

## **Dec. 4: Shelley Gruskin**

Israel becomes a powerful nation under King David and then begins to falter. What are the lessons for latter-day nations? 2nd Sam. 11 and beyond, *David/Bathsheba/Uriah/Solomon/Nathan and Absalom*

## **Dec. 11: Chuck Campbell**

Prophecy: The challenge of speaking for God is no small responsibility. 1st Kings 19 & 2nd Kings 2, *Elijah/Elisha*

## **Dec. 18: Mark Harvey**

His prophecy: The Christ is coming! Isaiah 9 and 11, *Isaiah*

## Help Wanted

First United Methodist Church, the Coppertop, is seeking a part-time weeknight custodian. Individual will perform basic custodial duties, trash removal, recycling, sweeping, mopping, vacuuming, and cleaning of corridors, classrooms, common areas, offices, and restrooms. Will also stock restroom supplies (towels, tissue & soap). Additional duties include cleaning glass surfaces, setting up and taking down tables, chairs and AV equipment as needed, and securing and locking the building.

Individual must be punctual, reliable, trustworthy, and able to manage time wisely, work without supervision, and follow directions. He or she must possess a keen eye for details and be available for all scheduled work shifts. Previous custodial experience is helpful.

Contact: John LeFaive, building engineer at [engineer@fumcduluth.com](mailto:engineer@fumcduluth.com) or call 727-5021 between 9 am and noon.

***Dig it!***

# Health Notes: Wellness conference, Faithfully Fit

*From parish nurse Linda Wiig*

First I would like to say thank you to all of you for your prayers, cards, and well wishes during my recent illness. Your kind words and advice were much appreciated!

Thank you's also go to all who donated blood on the 16th of August. Nineteen of you were able to donate blood. Because of you, up to 57 patients in need of blood products could be reached in our local hospitals.

**Faithfully Fit** will begin anew on Thursday, Sept. 15 at 9 am in the East Lounge. This class is for anyone who would like to do gentle exercise, work on balance, laugh, share devotions, and break for tea. All you need to do is to wear comfortable clothes and a sturdy pair of shoes and join us.

## Special event and learning opportunity for lifetime fitness

Come and experience what **Traditional Okinawan Gojo-ryu karate-do** (empty-hand way) can offer for your lifelong fitness. After church on September 11, Tom "TK" King will offer a special session in Lakeview Social Hall. This class is for adults. Age is a plus, and beginners are very welcome.

TK, a 3<sup>rd</sup> degree black belt (Sandanku rank), has 45 years of experience as an instructor.

Karate has been central to his life, and he is pleased to share this traditional art with you.

When discussing Okinawan karate, editors use the term "traditional dance". You may know that Okinawa has more centenarians per capita than any other country. Studies published by the National Institutes of Health have cited traditional dance as a key factor in "the impressive cardiovascular and overall health of the Okinawans."

Some important principles in this style of karate include:

- We are fragile. Cherish fitness and ability. Strive for all you can within reason.
- Agility, balance, concentration, coordination, flexibility, focus, grip, memory, and strength are fundamental to adult fitness.
- "Eat until you are 80% full."
- Breathing is the other fundamental of all else we do in karate-do and life.
- Stance and movement over a variety of challenging surfaces are basic to all else.
- "Karate is my art. Peace is my way. Perfection is my goal."

So on the 11<sup>th</sup> come down to the social hall to participate, or, if you're just curious, to watch. This day will be a good introduction and further sessions will be offered.

Give it a try!

**1 Corinthians 6:19-20:** "Do you not know that your body is a temple of the Holy Spirit within you, whom you have from God, and that you are not your own? For you have been purchased at a price. Therefore, glorify God in your body."

On Thursday, Sept 8, a free health and wellness conference will be held at Clyde Iron Works from 9 to 2 pm. Dr. Paula Termuhlen, Dean of the U of M Medical School, will be the keynote speaker.

A light lunch will be included along with entertainment. Learn about general health and the many health care options available here in our community. I will be attending so call me if you are interested.

Opportunities for preparing and serving Wednesday Night Dinners will begin on Sept. 14 when our first meal will be served. A sign-up sheet for individuals or groups is in the office. Your help is greatly appreciated!

Our beginning time will change to **5:30** and we will make every attempt to serve by that time. Dinner will go until 6:30, but if you are that late we can't guarantee a full meal.



# Fall Roast Beef Dinner

Thursday, October 13, 2016, 4:30 pm - 7:00 pm

Sign up to volunteer after/before worship beginning Sunday, September 11.

Tickets will be available for sale and/or to take & to sell

## OPPORTUNITIES TO HELP:

Something for everyone-ALL ages can participate. **Childcare provided** from 4-9 pm (Sign-up available at volunteer sign-up tables.) Thank you for your help!

### Cookie Day: Sunday, October 2. before and after worship until 3 pm

Bake chocolate chip cookies to sell during the dinner. Bring a triple batch of cookie dough you've made at home using our recipe; leave in kitchen refrigerator to bake.

### Pie Day: Wednesday, October 12

9 pm-noon: Peel apples, set tables, put water in pitchers and freeze

9 pm-3 pm: Bake pies

### Dinner Day: Thursday, October 13

7:30 - 9:30 pm: Trim beef, wash dishes

9:30 -11:30 pm: [g] hYj] [gd] k'd'o \$ \_jYnq'Yf\ [g ]

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2:00-4:30 pm: Cut pies and put on tables

2:00-7:00 pm: Meat cutter, potato maker, gravy maker, corn maker, dishwashers

4:00-8:00 pm: Driver from MN-DOT parking lot to FUMC for volunteers

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6:00-9:00 pm: 2<sup>nd</sup> shift for drive thru and serving line and begin clean up

7:00-9:00 pm: Clean up crew—dining room, drive thru area, pie room, kitchen and dishwashers, ko]] hā \_Yf\ 'e ghā \_'g^Yd] Bgg] k\$hm] f \_'Yo Yq'\ [gj] Yl] g] k\$] YZd] kÉ

A'qgm] k` go` mh' YI' Y'a ] j] f] l'æ ] \$f g' o g] j] d] k\$ o ] 'o ad] Pf\ 'Y' l] Z' 'g] j' qgm

**Tickets:** This is a fundraiser. Please purchase a ticket in advance or at the door and enjoy the meal before or after your shift. (Youth enjoy the dinner compliments of FUMC.)

**Parking:** Please park on the day care side of building or at the *MN DOT parking lot during shuttle service (4-7 pm)*. Thank you!

**Reminder postcard:** When signing up to volunteer, you can have a reminder postcard to take `ge ] \$gj` Yn] 'gf] 'e Ya] \ 'lg' qgm' Bmk] Pd] gm] 'I' ] 'hgk] [Yj\ 'o a' 'qgm] 'Y\ \j] kk' Yf\ 'Zj] f \_'Y' ; 1¢ stamp and we will mail it closer to the date.

## OTHER WAYS TO HELP OUT:

**Sell dinner tickets** 2LYc] ) ( 'lā c] Ik' Yf\ 'k] d] lg' Ye ad] \$] d] f\ k\$Yf\ [g% gjc] jk\$gj] l] j] Yl] 'qgm] k] Y' 'gj' your helpful neighbors

**Flyers** 2Hgk] Bq] jk' Yjgm] \ 'qgm] 'o gjc' 2YnYa] YZd] 'Yl' ngd] f] l] ] j' ka' f' mh' 'IYZd] !

**Facebook/email:** Invite friends to dinner via Facebook and email

**Prayers** 2HjYq' 'gj' Y' ? g\ %Pd] \ 'km] [ ] kk' md] n] f] l

# Family Ministries: Faith5, Register online

First UMC families are encouraged to participate in our new closed Facebook Group called Faithful First Families (Coppertop). Just send a friend request to Laura Morgan Stahl so you can be included.

Share how you keep your family growing in faith, and post pictures that speak of the faith journey of your family. You just might spark an idea that will help another family to grow closer to God and to each other!

Faith5 is a nightly way for families to check-in and connect within the framework of faith. It's simple. Just take 10 minutes at the end of the evening to connect with your kids by sharing highs and lows (Share). Read a Bible story or scripture (Read), and discover any connections between the scripture/story and your highs and lows (Talk). Pray a simple prayer for each other (Pray) and bless each person (Bless). What a gentle, loving way to end the day and to have your children go to bed knowing they are loved

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by you and by God. See some inspiring videos online at [www.faith5.org](http://www.faith5.org).

All families who attend First UMC or participate in the ministries at First UMC should be registered with the main Family Ministry database to receive emails and notifications.

This internet database is a closed group administered by Laura Stahl, Director of Children's and Family Ministries. Laura will set up the account for you after obtaining the necessary information.

Or to register yourself, go to <https://sundayschool.sparkhouseonline.org>. Enter "coppertop" and your information and Submit. After the Administrator allows you access, you will be able to access your account by entering in your email address and password. Then you can add information about your family.

Order nuts, candy, coffee by Sept 26

It's time for Terri Lynn and Equal Exchange orders. Soon you will be happily munching on the healthy snacks while making the world a better place.

Equal Exchange products are organic and fairly traded. Better yet, all Equal Exchange candy bars and nine Terri Lynn products had a price reduction for 2016, so this is a great year to stock up!

## Family Ministry Schedule

### Sundays - Weekly

- 9:00 am **Discovery** for preschool through kinders, Room 105
- 9:00 am **Family Bible Study** led by Laura Stahl, followed by self-directed stations
- 10:00 am **Wee Wonder** for preschool and kinders (year round)
- 10:00 am **Bible Playtime** for infants, toddlers, twos (year round)

### Sundays - First and Third Weeks

- 09:30 am **Little Disciples** for toddlers, twos, and parent(s)

### Sundays - Fourth Week

- 11:00 am Family Event

### Treasure Chest Family Event – Sun, Sept 25

"Your heart will always be where your treasure is." Matt 6:21 (CEV) Decorate a treasure box to take home. Use it to collect coins and dollars to make the world a better place. Treasure Trots will take place in worship in the coming months for outreach projects.

### Ready, Set, Grow Workshop – Wed, Sep 14

Families with children born in 2013 are invited to attend Ready, Set, Grow Workshop on Wed, Sept 14, 6-8 pm. Families and children will tour Wee Wonder and Discovery classrooms, gathering resources along the way. Participating children will receive a Spark Story Bible, tote bag, prayer spirals, and other resources.



# First United Methodist Church

First Family (USPS 349-210) is published monthly by First United Methodist Church, 230 E Skyline Pkwy, Duluth MN 55811-2799. Periodicals postage is paid at Duluth MN 55806.

POSTMASTER: Please send address changes to First Family, 230 E Skyline Pkwy, Duluth MN 55811-2799.

## Weekly Our regular schedule

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### Sundays

9:50am Prayer Team - TBC  
10:00am Worship - S  
Wee Wonder - 105  
3:30pm T'ai Chi - LSH we

### Mondays

Noon Gamblers Anonymous - St  
4:15pm Spirit Yoga - TBC  
7:00pm Whole Birth Yoga - TBC

### Tuesdays

8:00am Men's Study Group - FSL  
6:00pm Gamblers Anonymous - St  
6:00pm Moms' Yoga - TBC

### Wednesdays

4:45pm 5Guise - BR\*  
Kid's Club Art - L Nur, MR\*\*  
5:00pm JAM & PB Band -TBC\*\*  
Parent2Parent - St\*\*  
5:15pm Ringtones - BR\*  
5:30pm Bible Study - FSL\*  
Dinner - LSH se\*  
Explorers - St\*  
JAM Jr. - TBC\*\*  
5:45pm Sanctuary Choir - EL\*  
6:30pm Youth Group - CW, 112\*\*  
Kid's Games - L Nur, MR\*  
6:45pm Cast in Bronze - BR\*

7:30pm Tapestry - S\*  
7:45pm Class Ring - BR\*  
\* begins 9/14 \*\* begins Sept 21

### Thursdays

9:00am Faithfully Fit - EL  
6:00pm T'ai Chi - LSH we (except 9/15 CW)

### Fridays

9:00am Alcoholics Anonymous - TBC

### Saturdays

9:00am T'ai Chi - LSH we

## Day by Day Monthly & one-time

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### Wednesday, September 7

9:30am UMW Board - Lib

### Thursday, September 8

1:00pm Alzheimers Care Givers - Lib  
1:00pm Deborah Circle - FSL  
5:30pm Capital Campaign Committee - FSL

### Monday, September 12

7:00pm Priscilla Circle - TBA  
7:00pm First and Ten - St

### Tuesday, September 13

2:00pm Loud, Laughing Ladies - FSL

### Wednesday, September 14

9:30am Prayer Shawl Ministry - FSL

### Thursday, September 15

4:00pm Ruby's Pantry - LSH, S

### FFriday, September 16

6:00pm Capital Campaign Dinner/Auction

### Monday, September 19

10:00am Rachel Circle - FSL

### Thursday, September 22

5:00pm Finance Committee - FSL  
5:00pm SPRC - Lib  
6:00pm Church Council - FSL

### Monday, September 26

5:00pm Trustees- FSL  
7:00pm First and Ten - FSL

### Tuesday, September 27

2:00pm Loud, Laughing Ladies - FSL

This calendar includes only those events open to Church members or the general public.