



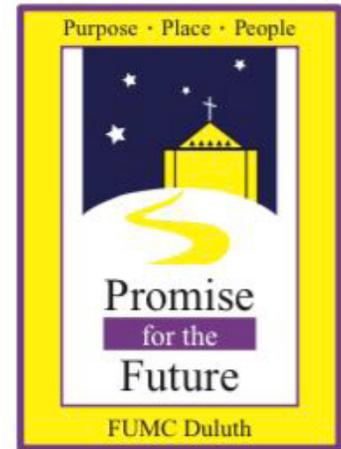
# First Family

*We welcome all people... are guided by the teachings and unconditional love of Jesus... are inspired to participate as faithful disciples of Christ.*

September 2015

“Do all the good you can,  
by all the means you can,  
in all the ways you can,  
in all the places you can,  
at all the times you can,  
to all the people you can,  
as long as ever you can.”

*John Wesley*



## Capital Campaign kicks off September 13

Our combined 50th anniversary capital campaign and annual stewardship campaign begins the week of September 13. Information packets will be personally delivered beginning that week. Separate pledge cards for giving to the annual budget and the capital campaign will be mailed in October.

On Sunday, September 13 we will kick off the campaign with an informative presentation and a complementary brunch following our church service. Please come down to the Social Hall to have delicious egg bake, muffins, and fruit. While you are enjoying the food and camaraderie, you will have the opportunity to learn more about the capital campaign.

You will be able to view project pictures and converse with the trustees and steering committee. Any questions you have will be addressed. Tours of the church will be available after the brunch for those interested.

We hope to send you off with information, energy, and enthusiasm for our future with our church.

## CoW Sunday II is just two weeks away

Wear black and white on September 13 in honor of our second annual Celebration of Welcome Sunday – CoW Sunday. It's a great day to re-connect with your church family!

All our music groups will be represented in helping to lead worship. Faith Formation classes will begin for all ages. At the Adult Faith Forum, Don Ness will speak in the fall “Faith at Work” series opener at 9am.

**First United  
Methodist Church**

230 E. Skyline Parkway  
Duluth, MN 55811  
[www.fumcduluth.com](http://www.fumcduluth.com)



## Pastor's Pen

### Celebration of Welcome

#### Marking a warm place in a cold world

*Contribute to the needs of the saints; extend hospitality to strangers.* Romans 12:13, NRSV

*Hospitality, therefore, means primarily the creation of a free space where the stranger can enter and become a friend instead of an enemy. Hospitality is not to change people, but to offer them space where change can take place.... Creating space for the other is far from an easy task. It requires hard concentration and articulate work.*

Henri Nouwen, *Reaching Out*, 51

### Our First Family

#### Baptisms

August 9 – Greta Marie Nielsen, daughter of Leslie & Dustin Nielsen

August 30 – Reese Elizabeth Dettinger, daughter of Erin & Lucas Dettinger

#### Wedding

August 29 - Jessica Hansen (daughter of Lisa Goodfellow) and Matthew Hawkens

#### Deaths

August 16 – Carol Carlson

August 21 - Carolyn Maynard, Carleen Maynard's sister-in-law

August 23 - Jon Dallman

#### Hospitalization

Lowell Fermenich

continued next page

Last year at this time as the staff were making plans and preparations for September, we came up with the concept of CoW Sunday, a "Celebration of Welcome." Well, the idea seemed to grab some attention, so Sunday, September 13, we will be marking our second annual Celebration of Welcome Sunday – CoW Sunday.

You are invited to dress in your best black and white. That Sunday, all our music groups will be represented in helping lead worship. Faith Formation classes will begin for all ages, including the Adult Faith Forum at 9am.

There is something else going on as well. Celebration of Welcome Sunday will also be the kickoff Sunday for our Capital Campaign, *People, Place, Purpose – A Promise for the Future*.

Please plan to stay for a meal following worship where this campaign will be presented in some light, entertaining and informative ways.

This campaign is part of our long-term effort to keep First United Methodist Church a place of welcome for years to come. I know you will join me in prayerfully considering how you might participate in this effort, and I want to thank the hard-working campaign steering team for all their efforts to date.

But there is even more going on beyond the capital campaign. For welcome to be truly and deeply celebrated, we need to let "welcome" become "hospitality." Welcome has to do with a pleasant greeting. It derives from older words which mean "desirable guest." All well and good. We want to greet others warmly and to make them feel as if they are desirable guests.

Hospitality also has to do with being friendly, but its roots are shared with the word "hospital," which has to do with healing. Extending hospitality goes beyond friendliness, though being friendly is an important part of hospitality. It is working to provide space

When we celebrate welcome we also aspire to grow in genuine and deep hospitality.

continued next page

## First Family

### First United Methodist Church

230 E Skyline Parkway,

Duluth, MN 55811

218/727-5021

info@fumcduluth.com

Pastor: Dr. David A. Bard

Next First Family deadline:

**September 18**

Submit to connect@

fumcduluth.com

[fumcduluth.com](http://fumcduluth.com)

## Our 1st Family, continued Church Lighting

August 30-September 5 from  
Jerry and Carol Norling in  
memory of Timothy Norling to  
benefit CHUM

**The Methodist Enthusiasts,**  
our church softball team,  
finished with a 7-3 record on  
the season. The 'Thus went 2-3  
versus the Lutherans, our most  
challenging opponents. A good  
time was had by all, reports  
Coach Pastor Sam Kautz.

**Adopt-A-Backpack:** Thanks  
to all who donated backpacks  
and school supplies for this  
CHUM project for Duluth  
Schools. Thanks to your  
generosity, **58 students** will  
have full backpacks to start  
the school year. Duluth Public  
Schools expects to have 800-  
900 students who need these  
backpacks.

# Welcome back, musicians!

## Get ready to sing, ring, and jam

Mark your calendars for a **Music Potluck** on Wednesday, Sept. 2  
at 6:30pm. All musicians are invited to this annual potluck and kick-  
off to our fall season. A few of our music groups will hold rehearsals  
that evening, with Tapestry and a handbell group rehearsing from  
5:30-6:30 and the Sanctuary Choir from 7:15-8:15.

Most groups will resume their usual Wednesday evening  
rehearsal schedule on September 9,:

- 4:45 5Guise
- 5:15 Ringtones
- 6:15 Tapestry
- 6:30 Cast in Bronze
- 7:30 Sanctuary Choir
- 7:40 Class Ring

JAM will start their 5:15 pm rehearsals on Sept. 16.

We're always looking for new people to join our music groups. If  
you're interested, please talk to one of our directors or Velda Bell, our  
Director of Music Ministries. There is joy to be shared through music!



## Wednesday Bible Study resumes Sept 9

We will begin our Wednesday evening Bible Study at 5:30pm on  
September 9. For the first session we will get to know one another,  
study one of the Scripture readings for the upcoming Sunday, and  
make a decision about the content of our study moving forward. The  
Bible Study will meet weekly on Wednesdays from 5:30-6:15.

## Welcome and hospitality, continued

where the stranger can become a friend, space where change  
can take place, both in the person offering hospitality and in the  
person receiving it, space for healing and well-being.

When we celebrate welcome we also aspire to grow in genuine  
and deep hospitality. The long-term wellbeing of this congregation  
depends not simply on a successful capital campaign. It also  
depends on growth. But growth will come as we become more  
welcoming and more hospitable.

It begins in knowing that each of us is welcomed by God in  
love, with all our faults and foibles. It moves to the creation of a  
community that genuinely cares for each other, joyfully cares for  
each other. It develops into the kind of community that always  
has space for new people who are searching for places of deep  
hospitality in a world that is often quite inhospitable.

It is our second CoW Sunday, but my hope is that the difference  
between this year and last is more than 365 days. My hope is that  
we are coming to this CoW Sunday with a renewed dedication to  
being a community of welcome and hospitality.

Grace and Peace,  
David

## Ready for Discovery Family Workshop

*Three-year-olds will  
receive story bibles*

This workshop for children  
who were born in 2012 and  
their families will introduce  
children to the children's  
ministries at FUMC.

Children will receive their  
very own story Bible, prayers,  
and other tools to help parents  
and kids connect faith to home.

Ready for Discovery will  
be on Wednesday, September  
9 from 6- 6:45pm, meeting in  
the East Lounge (east hallway,  
lower level). Come at 5:45 for a  
complimentary meal!

## Ruby's Pantry

Ruby's Pantry for this month will be Thursday, September 17.

We are now into our sixth year of this ministry. All who work coordinating Ruby's Pantry are deeply grateful for those who help make this food distribution program happen.

Volunteers are needed to greet our guests, prepare food for distribution, and share the food with them.

You may volunteer anytime between 3:30 and 8pm, and can come for as little as an hour to help out.

Remember Ruby's Pantry Coppertop is on Facebook at [www.facebook.com/rubyspantrycoppertop](http://www.facebook.com/rubyspantrycoppertop).

It's worth a look to see comments and questions from guests, all of which are answered. Sometimes, items in the shipment and the number of shares distributed are posted as well.

## First and Ten

The First and Ten Men's Group will gather for its first meeting of the Fall on Monday, September 14, beginning at 7pm in the Fireside Lounge. We will also plan to meet on Monday, September 28.

First and Ten is open to all men. It is a group that meets for discussion and service.

## Church Council

First UMC Church Council will meet Tuesday, September 8, beginning at 6pm in the Fireside Lounge.

*Forum will walk you through advance care directives*

## Can't We Talk About Something More Pleasant?

Here we go again! On September 20 at 11:15am I will hold another forum on planning for future health care choices—in other words, planning for your eventual demise. Attendees last fall overflowed the Fireside Lounge, so we will convene in the social hall this time. Food will of course be available.

This type of planning is not only for those who are older, but also those of you who don't consider yourselves about to die—so this includes most of you. Discussions with loved ones about what you would want toward the end of your life are important. Many questions need to be considered:

How do you envision your end of life journey? What would you want if something happened to you today? What makes life worth living to you? Do you have documents in place that would help the process should you not be able to make decisions for yourself? What are your goals and values? Do you have plans for your minor children?

Do you have an advance care directive? The most important part about advance care planning is having the conversations with your families and friends and caregivers, then completing a health care directive. Everyone attending will receive a conversation starter kit. Our main goal for this session is to begin conversations and what they should include.

Death is not a topic we are comfortable talking about, even here in churches, but death is a spiritual event with medical implications and everyone has a story.

Please plan on spending up to 90 minutes for this forum. A followup session will be held, but the month and date will be left up to those in attendance. If you attended last fall and have not completed a health directive or POLST form feel free to attend again and we will address your concerns/questions.

I look forward to our time together. Feel free to contact me prior to this session if you have questions.

Blessings to you, *Linda*

Linda Wiig, Parish Nurse

## Coming in October

- 4:** World Communion Sunday
- 10:** Roadside clean-up
- 13:** Church Council, 6 pm
- 15:** Ruby's Pantry
- 22:** Fall Roast Beef Dinner
- 25:** Trunk or Treat following worship



## Worship Force opportunities for kids and youth

Older students already serve on the Worship Force as Acolytes (4<sup>th</sup> grade and older), Scripture Readers (5<sup>th</sup> grade and older), Wee Wonder Teen Leaders (6<sup>th</sup> grade and older), and Projection Team (middle school/high school youth). Now, with changes to worship, younger elementary students can be part of the Worship Force too!

Check out the new teams below.

**Hello Team** (1<sup>st</sup> grade minimum) Little kids can do big things too! Your friendly first or second grader may be perfect for the new Worship Force: Hello Team.

In a short training session on Sunday, September 27, interested children will learn how to greet people arriving in the sanctuary, pass out bulletins, and direct children to the Children's Resource Table.

**Gatherers** (3<sup>rd</sup> grade minimum) Your young servant will enjoy teaming with you or another adult on this Worship Force team that helps take the morning offering.

A short training on Sunday, October 4 after worship until 11:30am will teach interested student/adult teams to learn how to take the offering and other ways to assist in worship, including "hosting" the Recycling Baskets at the end of the service.

**Acolytes** (4<sup>th</sup> grade minimum) Acolyte training will be offered to students in grade 4 and older on Sunday, October 4 after worship until 11:30am.

## NEW! Sunday Family Faith Time

New family-oriented groups this fall will allow you a bit of time with your kids to share your values and your faith in a fun and interactive way. Ministries vary week to week, and each Sunday is self-contained so you can come when your schedule allows.

Be sure to check the monthly schedule for your favorite ministries and then leave the harried week behind for an hour of fun and quality time with your family.

### Weekly

- Bible Playtime with Early Childhood teachers. 9:00 & 10:00, Toddler Room
- Discovery for preschool to kindergarten with Early Childhood teachers. 9:00, Room 105
- Faith Forum *Workplace Stories: When My Faith Kicked In*. Check out the All Star Line-up of Duluth-area community leaders. 9:00, Fireside Lounge
- Worship with Wee Wonder (3 years – kindergarteners). 10:00, Sanctuary; then Room 105

### First and Third Sundays

- Little Disciples for families with infants, toddlers, twos led by Laura Stahl. 9:30, Toddler Room
- Family Prayer Stations, all ages welcome but this area will especially appeal to elementary students, youth, and adults; self-directed. 9:00, Room 112

### Monthly

- Time Out Together: Explore scripture, experience prayer as a family through a variety of hands-on interactive methods led by Laura Stahl (usually 2<sup>nd</sup> Sundays). 9:00, East Lounge

### Wednesday Youth Groups

FUMC Youth Group for grades 7-12 reconvenes Sept. 9 in Room 113 (Club Wesley) at 6:30pm.

B<sup>+</sup>wixt, a new group for tweens in grades 4, 5 and 6, meets for the first time on Sept. 16. B<sup>+</sup>wixt-ers will meet in Room 112 from 6:30 to 7:30pm each Wednesday for sharing, serving and games.

On occasion, B<sup>+</sup>wixt will join forces with older youth for special projects and events.

### Confirmation will begin in January

Confirmation for 2015-2016 will begin in January 2016. We again plan to meet Sunday mornings before church.

The program is for eighth and ninth grade youth, with ninth graders being confirmed in May 2016.

Letters about the program will be sent out later in the fall. If you have questions or concerns, please speak with Pastor David.

## UMW seeks help in the kitchen

The United Methodist Women of FUMC will be hosting the Big Waters fall district meeting here at FUMC on Saturday, September 19.

This is a big undertaking for us, and we could use your help.

We'll need servers, kitchen help, and dishwashers to offer a luncheon that day for approximately 100 attendees. We are impressed with the churches that have men serving at women's events.

If you would be willing to help, contact Marilew Barnidge at 724-0839 or randmbarnidge@aol.com.

## Quick Look at September

**2:** Music Potluck, 6:30pm

**6:** Communion Sunday

**7:** Labor Day Holiday

**8:** Church Council, 6 p.m.

**9:** Wednesday Dinners begin. Music rehearsals begin. Youth group begins. Bible Study begins, 5:30pm

**13:** Celebration of Welcome Sunday. Capital Campaign kick-off. Meal following worship. Faith Formation for all ages starts this Sunday. Faith Forum begins with Mayor Don Ness as our first speaker in this series of workplace stories

**17:** Ruby's Pantry

**19:** Big Waters District UMW meeting at First UMC

**27:** Faith and Film: "Woman in Gold," 6:30pm.

## Faith Forum – Faith at Work

This Fall's Faith Forum series is entitled "Faith at Work." We have asked a number of people to share with us about a time when faith has made a difference for them in their work.

The Faith at Work series will begin Sunday, September 13, at 9am in the Fireside Lounge. We will also be offering an occasional Faith Forum After Hours program, and the first of these will be Sunday, September 20 following worship.

Here are the first several presenters in the series.

**September 13: Mayor Don Ness.** Perhaps the most popular mayor Duluth has ever had, Don Ness is completing his second term in office.

**September 20: Tom Wheeler.** Tom is the retired CEO of Wheeler & Associates, a longtime insurance and financial investment firm in Duluth.

**September 20, After Hours:** Parish nurse **Linda Wiig** leads us through a conversation on issues at the end of life.

**September 27: Mary Anne Korsch.** Retired as Curriculum Director of the Superior School District, Mary Anne is currently attending a seminary in anticipation of a second career as a chaplain

**October 4: Scott Lyons.** Duluth's former Chief of Police, Scott has recently retired again after several years as head of the law enforcement training program at Fond du Lac Community College.

## Faith and Film

Our first Faith and Film evening for 2015-2016 will be Sunday, September 27, beginning at 6:30pm. Our first feature for the year will be "Woman in Gold" starring Helen Mirren and Ryan Reynolds.

The film is based on a true story of a woman seeking to recover a valuable family painting that was stolen by Nazis in Austria, and now resides in an Austrian art gallery. It is a story of persistence and courage in facing the past. It is rated PG-13.

## FUMC Operating Budget

Year-to-Date July 31, 2015

	Actual	Budget
<b>Income</b>		
Envelope/Plate Giving	\$235,289.97	\$220,825.25
Other Operating Income	<u>100,804.93</u>	<u>97,794.37</u>
Total Income	\$336,094.90	\$318,619.62
<b>Expense</b>		
Total Expense	<u>\$335,409.35</u>	<u>\$332,404.80</u>
<b>Net Income</b>	<u>\$ 685.55</u>	<u>(\$ 13,785.18)</u>

All taxes and payables YTD have been paid. One apportionment and one month's benevolences are being held for cash flow management purposes.

# Fall Roast Beef Dinner



4:30-7 pm THURSDAY, October 22, 2015

Buy tickets and sign up to volunteer after/before worship beginning September 20

## VOLUNTEER SCHEDULE

### Sunday, October 18: Cookie Day

*Before and after worship until 3pm* - Bake chocolate chip cookies to sell during the dinner

*Before Oct 5* - Make a triple batch of cookie dough at home and bring for baking. Chocolate chip cookie recipe will be provided.. Bring the dough on Sunday, October 5 and leave in kitchen refrigerator

### Wednesday, October 21: Pie Day 9 am-noon

Peel apples

Set tables and put water in pitchers and freeze

Bake pies (9-3 pm)

### Thursday, October 22: Dinner Day

7:30 am-9:30 am: Trim beef and wash dishes

9:30 am-11:30 am: Prepare coleslaw, gravy, and coffee

Noon-4:30 pm: Set the tables with pickles and bread, fill coleslaw cups, prepare the drive-thru serving area with bags and rolls, fill waters and coffee pots

2:30 pm-4:30 pm: Cut pies and put on tables

3:00 pm-7:00 pm.: Meat cutter, potato maker, gravy maker, corn maker, dishwashers

4:00 pm-7:00 pm: Dining room servers, plate fillers, carryout/drive-thru runners and fillers, cooks, dishwashers, traffic controllers, greeters, youth runners

6:00 pm-9:00 pm: Second shift for drive-thru and serving line and clean up in those areas after 7:00

7:00 pm-9:00 pm: Clean up crew. Dining room, drive-thru area, pie room, kitchen and dishwashers, sweeping and mopping of all floors, putting away decorations, tables...



*If you show up at a different time, we will find a job for you!*

## OTHER WAYS TO HELP OUT

Sell dinner tickets. Take 10 tickets and sell to family, friends, and co-workers

or treat your staff or your helpful neighbors

Post flyers around your work (available at volunteer sign-up table)

Invite friends to dinner via facebook and email

## NOTES

*This is a fundraiser.* Please purchase a ticket in advance or at the door and enjoy the meal before or after your shift. (Youth enjoy the dinner compliments of FUMC.)

There's something for everyone-ALL ages can participate! Childcare provided from 4-9pm (Signup at volunteer sign-up tables.) Thank you in advance for your help!

All volunteers, please park on the day care side of building. Thank you!

Reminder postcard: When signing up to volunteer, you can have a reminder postcard to take home or one mailed to you. Fill it out with your address and bring a stamp or money for one, and we will mail it to you.



# First United Methodist Church

First Family (USPS 349-210) is published monthly by First United Methodist Church, 230 E Skyline Pkwy, Duluth MN 55811-2799. Periodicals postage is paid at Duluth MN 55806.

POSTMASTER: Please send address changes to First Family, 230 E Skyline Pkwy, Duluth MN 55811-2799.

## Weekly Our regular schedule

---

### Sundays

9:00am Faith Forum - FSL (starts 9/13)  
9:50am Prayer Team - TBC  
10:00am Worship - S  
Wee Wonder - 105  
3:30pm T'ai Chi - LSH we

### Mondays

Noon Gamblers Anonymous - St  
7:00pm Whole Birth Yoga – TBC

### Tuesdays

8:00am Men's Study Group - FSL  
6:00pm Gamblers Anonymous - St

### Wednesdays

#### Starting Sept 9 unless noted

4:45pm 5Guise - BR  
5:15pm Ringtones - BR  
5:15pm Jam & the Peanut Butter Band - EL  
(starts 9/16)  
5:30pm Bible Study - FSL  
5:45pm Wed. Nite Supper - LSH  
6:15pm Tapestry - S  
6:30pm Cast in Bronze - BR  
6:30pm Youth Group - CW  
6:30pm Btixt - 112  
7:30pm Sanctuary Choir - EL  
7:40pm Class Ring - BR

### Thursdays

9:00am Faithfully Fit - EL  
9:00am Zumba - LSH we  
6:00pm T'ai Chi - LSH we (except 9/17 CW)

### Fridays

9:00am Alcoholics Anonymous - TBC

### Saturdays

9:00am T'ai Chi - LSH we

This calendar includes only those events open to Church members or the general public. Other events are scheduled in the building, but not listed.

## Day by Day Monthly & one-time

---

### Wednesday, September 2

9:30am UMW Board Meeting – Lib  
6:15pm Music Potluck

### Tuesday, September 8

6:00pm Church Council - FSL

### Wednesday, September 9

9:30am Prayer Shawl Ministry – FSL  
Most Wednesday Night Activities begin

### Thursday, September 10

1:00pm Deborah Circle - FSL

### Sunday, September 13

9:00am Faith Forum begins  
9:00am Family Faith Session - LL  
11:00am Capital Campaign Kick-off Brunch – LSH

### Monday, September 14

5:30pm SPRC - Lib  
7:00pm Priscilla Circle  
7:00pm First & Ten – FSL

### Tuesday, September 15

7:00am Election Polls - LSH

### Wednesday, September 16

9:30am Naomi Circle – FSL  
5:15pm JAM begins

### Thursday, September 17

4:00pm Ruby's Pantry - S, LSH  
6:00pm Capital Campaign Committee - Lib

### Friday, September 18

3:00pm UMW Luncheon Setup - S, K, LSH

### Saturday, September 19

8:00am UMW Regional Meeting - S, K, Lib,

### Sunday, September 20

9:00am Family Faith Session - LL  
11:00am Faith Forum After Hours - LSH

### Monday, September 21

10:00am Rachel Circle - FSL

### Tuesday, September 22

5:30pm Ruby's Pantry Committee - Lib

### Thursday, September 24

5:00pm Finance Committee - St

### Sunday, September 27

11:00am Family Ministry Event  
6:30pm Faith & Film - MR

### Monday, September 28

5:00pm Trustees - FSL  
6:00pm Capital Campaign Committee – Lib  
7:00pm First & Ten – FSL