



First Family

We welcome all people... are guided by the teachings and unconditional love of Jesus... are inspired to participate as faithful disciples of Christ.

November 2017

Coppertop Craft & Bake Sale

Saturday, Nov. 4
9am-2:30pm

- More than 60 area crafters
- Bakery and gourmet foods
- Used book sale
- Nam Ly's egg rolls
- Sloppy Joe lunch
- Parking at Mn/DOT with shuttle service

Proceeds benefit local and world-wide mission projects



**First United
Methodist Church**

230 E. Skyline Parkway
Duluth, MN 55811
www.fumcduluth.com

Sponsored by FUMC United Methodist Women



Our First Family

Death: Della Pavola on October 13, 2017

Hospitalization: Doug Buell

Church Lighting: In appreciation of the lawn care team who keep the property looking so nice for Sunday mornings from Richard and Barbara Carlson.

A gift to light the church

Oct. 29 – Nov 4 was made by MaryAnne Korsch in honor of Sarah Maddy's "service with a smile" in the FUMC office. This gift benefits the Prayer Shawl Ministry.

Memorial Garden: First United Methodist Church is pleased to acknowledge receipt of a gift made in memory of Warren Tyacke. This gift will enhance the ministry that cares for the many flourishing flower beds, trees & shrubs that adorn the FUMC grounds.

Congratulations to Gretel Lee, who passed her bar exam.

Thanks to everyone who bought a pumpkin pie! Twelve St. Scholastica students and nursing faculty member Cindy Brown worked with Debi King and LeAnn House on Wednesday,
continued next page

On the journey with you

Think about these things

Last week my eight-year-old nephew, Lincoln, and I helped with the clean-up for Ruby's Pantry. After we finished breaking down boxes and taking down tables (you are always welcome to come and help with the clean-up ... or anytime in the afternoon), we went outside to put a few things in the dumpster. As we walked around the parking lot we saw a cart on the very far side of the parking lot, so we went to retrieve it. I was commenting on the lack of thoughtfulness of the person who left it, expecting others to clean up after them. To which my nephew said, *"The person who didn't bring this cart back might have been old and tired and just couldn't do it. I'm happy to bring it back for them."* Then he got the cart and had fun wheeling it back to the church.

It was a great reminder to me to be careful about judging, always look for the possible positive in a situation. Understanding feels much better than judgment. It reminds me of Philippians 4:8:

"Friends, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things."

How we choose to think about circumstances, situations and people greatly impacts how we interact with others and our own sense of well-being. So ... let's choose to focus on that which is true, honorable, just, pure, pleasing, commendable, praiseworthy and excellent. It will make a difference, and like little Lincoln we will find more joy and fun in life.

On the journey with you,
Pastor Jeanine

First Family

First United Methodist Church

230 E Skyline Parkway, Duluth, MN 55811
218/727-5021 info@fumcduluth.com

Pastor Jeanine Alexander

Next First Family deadline: November 24
Submit to connect@fumcduluth.com



fumcduluth.com

Our First Family, *continued*

October 4, to make 150 pies (plus pies for the Wednesday night dinner.) The sale netted \$1646 for the CHUM food shelf in addition to about a dozen pies that were given to food shelf clients later in the week.

Speaking of pies, FUMC made over 400 pies, 600 scones, and 50 pints of jam for the rhubarb festival. The June festival made over \$70,000 for the work of CHUM. Thanks to everyone who brought rhubarb and to those who volunteered to work either in our kitchen or for the festival.

Worship Helpers Training Nov 5: Kids 3rd grade and older are eligible to serve as Gatherers. Bring a parent and meet in the narthex by the baby pictures after the service.

Save the Date: Dec 3- Christmas Worship by Children and Youth

Lennon-Berini Scholarship Opportunity: Scholarships are available to students who are members of FUMC – The Coppertop; have completed at least 2 years of college; and are pursuing a people-centered career. Application forms will be available in the church office and on the church website on November 1 and need to be fully completed by Nov. 24.

Worship Attendance

Sept 24	268
Oct 1	278
Oct 8	301
Oct 15	257
Oct 22	252

Roast Beef Dinner ‘a huge success’

Thank you to the record-breaking 190 volunteers who helped make the 2017 Fall Roast Beef Dinner a huge success.

We served 900 dinners (450 drive thru and 450 dine in), which is the same as last fall when we broke the record of 900 meals. Our profit is about \$5,000, which is the budgeted amount. This includes the \$1.59 price increase for the 650 lbs of beef ordered—an added expense of \$1,065.50!

We also changed the apple pie to apple crisp. The comments about the crisp were positive.

This hospitality ministry is a blessing to FUMC and to the Twin Ports community. Thank you for being servants of the Lord. FUMC ROCKS!

Your gracious servant,
Cindy Hedlund

Coppertop Craft & Bake Sale

Nov 4, 9-2:30

Get a jump on your Christmas shopping on Hunting Opener Weekend. Quality jewelry, pottery, soaps, weavings, and other art will wow you. Have a bit of lunch and be sure to check out the amazing Book Sale in the library. Don't miss the food: oriental salad, sloppy joes, Nam Ly egg rolls, Paul Sapyta scones or take home a package of Terri Lynn nuts, Equal Exchange coffee or chocolate, Coppertop Pickles, and baked goods.

6th-12th Grade Youth Lock-in!

Friday, Nov 10-11, 7pm - 9am

Cost \$15

You don't want to miss this fun night! Trampoline Park, movies, pizza, Romans & Christians, spike ball, other games, and lots of hanging out with your friends. Hope UMC is having a lock-in the same night and we have challenged them to a game of Romans & Christians!

Meet at the Coppertop at 7pm Friday, Nov 10. Bring a sleeping bag, pillow, money, games, and a snack to share. Pizza and drinks are provided. Parents pick up at 9am Saturday morning. Scholarships are available.

We are looking for some parents to help transport to Trampoline Park and Hope UMC....and then some to come back the next morning and make us a yummy breakfast. Please contact Cynthia if you can help out! tevyjr@aol.com or 218-260-3114.

Thanksgiving Service

An Interfaith Thanksgiving Service will be offered on Tuesday, Nov. 21 at Glen Avon Presbyterian beginning at 7 pm. Our choir will be singing along with several other choirs. This wonderful annual tradition makes for an interesting service with a large number of area churches and faith communities participating.

Deck the Halls for Advent

Sun, Nov 26, after worship

Paint, glue, glitter and create a meaningful advent season for yourself or your family. This “messy church”-wide event in the East Lounge will have art projects for all ages and resources to help you or your family focus on the Christian season – advent wreaths, advent calendars, ornaments, cards, or decorations. If you have a project you’d like to share, contact Laura to add a touch of your artistry to this event.

Ruby’s Pantry

With the holidays just around the corner, food received through Ruby’s Pantry becomes even more important. This month’s distribution will be Thursday, November 16. Volunteers are needed to greet our guests, prepare food for distribution, and share the food with them. You may volunteer anytime between 3 pm. and 8 pm, and can come for as little as an hour to help out.



The flu and you

from Linda Wiig, Parish Nurse

Lung diseases are some of the most common medical conditions in the world. Tens of millions of people suffer from lung disease in the U.S. Smoking, infections, and genetics are responsible for most lung diseases.

Since this is the time of year we begin the flu season, as always, make sure you are protecting yourself and others from the flu by practicing good health habits and getting your annual vaccination. Although most people with influenza will recover without additional medical issues, influenza can cause serious illness and death, particularly among older adults, very young children, pregnant women, and those with certain chronic medical conditions.

Children younger than 6 months of age are at higher risk of serious flu complications but are too young to get a flu vaccine. Because of this, safeguarding them from flu is especially important. If you live with or care for an infant younger than 6 months of age, you and others in your family should get a vaccine to help protect them from the flu.

Children between 6 months and 8 years of age may need two doses of flu vaccine to be fully protected from flu. Discuss this with your child’s healthcare provider.

Wash your hands often. The most common way to catch the flu is to touch your own eyes, nose or mouth with germy hands. **So, keep your hands clean, and away from your face.** Wash hands with soap and warm water for 30 seconds, or about the amount of time it takes you to sing “Happy Birthday” twice.

Keep it to yourself. One gift you can give others is to help prevent other people from catching your flu. You should stay home from work, school, and public places when you are sick. (Keep in mind you can still spread germs up **to 7 days after getting sick**). Cover your mouth and nose with a tissue or your elbow when coughing or sneezing, but never your hand. It may prevent those around you from getting sick.

WALKERS: How are you doing? By now the first group of you have been able to measure your steps for one to two weeks and have begun the program. We are having great weather and beautiful colors, so get out there and enjoy! I have found that I walk less than I thought! So keep your goal to add 2,000 steps and enjoy your devotions. Our next group meeting will be Nov. 12 at 11:20 in Fireside. If you would like to begin this program just see me for details!

Peace and grace to you this month of Thanksgiving. “Let the peace of Christ rule in your hearts, since as members of one body you were called to peace, and be thankful.” Col 3:15

Faith Forum

"Service Above Self - What's Happening in Duluth?" is the theme for the Fall 2017 Faith Forum Series at FUMC.

Faith Forum meets weekly at 9:00am Sundays in the Fireside Lounge.

Nov. 5, Sr. Dorene King, OSB, The McCabe Renewal Center; **Nov. 12**, Beth Olson, First Witness: A National Model; **Nov. 19**, Bret Pence, Minnesota Inter-faith Power & Light; **Nov. 26**, Erin Molbowski, Mentoring Duluth - The YMCA Program.

Making Sense of the Bible

New Monday Class Starts Oct 30

So far, about 50 individuals in our congregation have experienced the learning and fellowship in *Making Sense of the Bible* classes offered this fall. If you weren't able to take this class during the first round of options, now you have another chance to sign up for this four-week class that considers the history, authorship, and overall message of the best-selling book of all time.

Join us on Monday evenings from 6:30-8:00 PM on Oct 30, Nov 6, Nov 13, and Nov 20 for great discussion and a chance to wrestle with some of the challenging parts of Scripture. Sign-up sheets are in the narthex. Books are available for a \$10 donation. *Note: Reading the text is helpful, but not required.*

End-of-year giving to the Capital Campaign

As the end of the year approaches it is prime time to review your charitable giving. Please prayerfully consider making a generous gift to our church capital campaign.

It might be your first gift to the campaign, or taking advantage of an IRA rollover/disbursement benefit, or paying ahead on your pledge. All of these circumstances are good opportunities for you to think about your giving. If you have questions please talk with Paula Davidson in the church office.

You can also support the campaign by buying a Christmas wreath or door swag. Maybe one for you and one for your neighbor.

The remaining projects for the campaign include the upper Sanctuary Windows, parking lots, restroom updates, organ refurbishing and Building Fund. \$67,000 remains to be raised by December 31, 2018.



Psalm 69:30, NRSV

Calendar • November 2017

Weekly

Our regular schedule

This calendar includes only those events open to Church members or the general public. Other events are scheduled in the building, but not listed.

Sundays

- 9:00am Faith Forum - FSL
- 9:00am Family Faith Formation - 112, 105, 106, Lib, CW
- 10:00am Worship - S
- Wee Wonder - 105
- 3:30pm T'ai Chi - LSH we

Mondays

- Noon Gamblers Anonymous - St
- 3:00pm Spirit Yoga - TBC
- 7:00pm Whole Birth Yoga - TBC

Tuesdays

- 5:00pm T'ai Chi - LSH we
- 6:00pm Gamblers Anonymous - St
- 6:00pm Moms' Yoga - TBC

Wednesdays

- 4:15pm Child Care - L. Nur.
- 4:30pm Bible Study - FSL
- 5:00pm JAM & PB Band - TBC
- 5:15pm Supper - LSH se
- 5:30pm Ringtones - BR
- Explorers - 112
- JAM Jr. - TBC
- 5:45pm Sanctuary Choir - EL
- 6:30pm Youth Group - CW
- Confirmation - LSH we
- 6:45pm Cast in Bronze - BR
- BTwixt - 112
- 7:30pm Tapestry - S
- 7:45pm Class Ring - BR

Thursdays

- 9:00am Faithfully Fit - EL
- 6:00pm T'ai Chi - LSH we

Fridays

- 8:00am Men's Study Group - FSL
- 9:00am Alcoholics Anonymous - TBC

Saturdays

- 9:00am T'ai Chi - LSH we

Day by Day

Monthly & one-time

Wednesday, November 1

- 9:30am UMW - Lib

Thursday, November 2

- 8:00am UMW Bazaar Set-up - Lower Level
- 4:00pm Sloppy Joe Making - K
- 5:00pm Trustees - FSL

Friday, November 3

- 8:00am UMW Bazaar Set-up - Lower Level
- 8:00am Scone Making - K

Saturday, November 4

- 9:00am UMW Bazaar - Lower Level

Monday, November 6

- 6:30pm Making Sense of the Bible - FSL

Wednesday, November 8

- 9:30am Prayer Shawl Ministry - FSL

Thursday, November 9

- 1:00pm Deborah Circle - FSL

Friday, November 10

- 6:00pm Youth Lock-in - Lower Level

Saturday, November 11

- 7:00am Youth Lock-in Breakfast - LSH, K
- 9:00am Community Healing Circle - TBC
- 9:00am LGBT Elders - Lib
- 4:00pm Hauschildt/Ream Wedding - S

Sunday, November 12

- 11:20am Walkers' Ministry - FSL
- 11:30am New Member Class - Lib

Monday, November 13

- 7:00pm Priscilla Circle - FSL

Tuesday, November 14

- 2:00PM Loud Laughing Ladies - FSL

Wednesday, November 15

- 9:00am Naomi Circle - FSL

Thursday, November 16

- 4:00pm Ruby's Pantry - S, LSH

Saturday, November 18

- 9:30am Wreath Prep - LSH

Monday, November 20

- 10:00am Rachel Circle - FSL
- 5:30pm Ruby's Pantry Committee - Lib
- 6:30pm Making Sense of the Bible - FSL

Thursday, November 23

THANKSGIVING
Building Closed

Monday, November 27

- 6:30pm Monarch Buddies - Lib

Tuesday, November 28

- 2:00pm Loud Laughing Ladies - FSL

Thursday, November 30

- 5:00pm Finance Committee - FSL

Calendar may change - check www.fumcduluth.com for updates.



FUMC Operating Budget

Year-to-Date September 30, 2017

	Actual	Budget
Income		
Envelope/Plate Giving	\$288,391.73	\$303,316.65
Other Operating Income	<u>141,846.59</u>	<u>145,087.46</u>
Total Income	\$430,238.32	\$448,404.11
Expense		
Total Expense	<u>\$450,435.08</u>	<u>\$443,736.01</u>
Net Income	<u>(\$ 20,196.76)</u>	<u>(\$ 4,668.10)</u>

All apportionments, taxes, and payables YTD have been paid.



First United Methodist Church

First Family (USPS 349-210) is published monthly by First United Methodist Church, 230 E Skyline Pkwy, Duluth MN 55811-2799. Periodicals postage is paid at Duluth MN 55806.

POSTMASTER: Please send address changes to First Family, 230 E Skyline Pkwy, Duluth MN 55811-2799.

Christmas wreath & swag sale for capital campaign, scholarship fund

Don't miss this opportunity to benefit two important projects and add some cheer to the coming holidays. Carol Donahue and friends will be decorating wreaths and swags that you can hang on your front and back doors, garage doors, or maybe even your neighbor's door.

All proceeds will go to the **Capital Campaign** and the **Carol Donahue Music Scholarship Fund**.

Use this order form to purchase Christmas wreaths or swags. Please place your orders ASAP. Take some forms to work or school and see if we can reach a goal of selling 100+.



First United Methodist Church
230 East Skyline Parkway, Duluth, MN

CHRISTMAS WREATH AND SWAG ORDER FORM



Name(s) _____

Phone (home) _____ Cell # _____

Round Wreath (22 Inch diameter) Quantity _____ @ \$25 ea. _____

Swag (27 inches long) Quantity _____ @ \$25 ea. _____

Total \$ _____

Date: _____ Payment Received: \$ _____ Cash or Check (Circle)

Wreath Pick-up Dates: Wednesday, November 22, 29, 5:00—7:30 PM

Sunday, December 3, 11:30 AM—1:30 PM

All proceeds to: FUMC Capital Campaign & Carol Donahue Music Scholarship Fund of First United Methodist Church. Contact: 727-5021

Receipt order form

Name _____ Date: _____

Payment Received: \$ _____ Cash or Check (Circle)

Wreath: Quantity _____ Swag: Quantity _____

Wreath Pick-up Dates: Wednesday, November 22, 29 5:00—7:30 PM

Sunday, December 3, 11:30 AM—1:30 PM

Contact number: 727-5021