



First Family

We welcome all people... are guided by the teachings and unconditional love of Jesus... are inspired to participate as faithful disciples of Christ.

July 2018

ROCK THE LOT

Wednesday, July 25, 6-8pm

Tapestry

Lake City Smokin' Section

**A family-friendly fun event
to benefit the Capital Campaign**
Concessions Available

**First United
Methodist Church**

230 E. Skyline Parkway
Duluth, MN 55811
www.fumcduluth.com



Our First Family

Come and help celebrate Dick Carlson's 90th birthday!
Saturday, July 21—Open House from 1-4pm, at the home of Charley and MaryAnne Korsch:
3755 Keene Creek Lane
No gifts, please!

Congratulations to Shirley Juten, long time Chester Park UMC missionary to Japan. Shirley is celebrating her 65th anniversary of missionary service in Japan. For many years she taught in a church school for Japanese girls. After retiring she moved up to a mountain area where she led a church (as an unofficial pastor) for a small group of Christians. We are so thankful for her many years of ministry and all the lives touched through her love of God and people.

Gifts to Light the Church for the week of June 17-23: A gift was made in honor of Rev. MaryAnne's ordination, by Nancy Eaton, Susan Downs, Annette Nygard, and Ruth Brickell.

Upcoming Sermons

- July 1 The Cat in the Hat (Responsibility matters)
- July 8 Yertle the Turtle (We need to have a solid foundation in life)
- July 15 Mentors of Faith—DAVID
- July 22 Mentors of Faith—JONATHAN
- July 29 Mentors of Faith—ESTHER

On the Journey With You

Reflections on Ordination

On June 1, 2013, I sat down with Rev. Pam Serdar at the Amazing Grace Bakery for a conversation about my sense of call to chaplaincy. At the time Pam was serving as the district superintendent in the Big Waters District of the Minnesota Annual Conference, and I was winding down a 33-year career in education. I was just about to retire but had the sense that God was still calling me into something new, and Pam was a good sounding board for helping me to discern what that call might involve. There is something very powerful about speaking one's dream out loud! Coincidentally, it was exactly five years later, on June 1, 2018, that I was ordained by Bishop Bruce Ough as a Deacon in Full Connection in the Minnesota Annual Conference.

Like any new endeavor, the path toward this new dream held its share of exhilaration and despair. There were some "dark nights of the soul" when I wrestled with my long-held theological beliefs, which were challenged by new research or deeper scholarly study. There was the thrill of new learning and connecting with a wide variety of seminary classmates (and, interestingly, I was never the oldest student in my class, which was one of my fears). There most certainly were opportunities to explore various faith practices, interact in new ways with patients and families during my clinical training in hospital chaplaincy, and late nights (or early mornings!) doing the reading and writing required to cement new ideas into practice. It wasn't a seamless journey, and there were times I wondered if I had bitten off more than I could chew. The support from family and friends who journeyed with me was critical, especially during these difficult periods. But throughout it all, God has been faithful and God's call remained constant: *You are called to ministry. Keep going.*

All of that culminated in a worship service in St. Cloud at our

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First Family

First United Methodist Church

230 E. Skyline Parkway, Duluth, MN 55811
218-727-5021 Info@fumcduluth.com

Pastor: Jeanine Alexander
Editor: Bill Alexander

Next First Family Deadline: **July 18**
Submit to connect@fumcduluth.com



fumcduluth.com

—Reflections, from page 2

Annual Conference session, when Bishop Ough's words rang in my ears: "MaryAnne Korsch, be a deacon among us." With those powerful words, with hands of cherished mentors on my shoulders, with family and friends in the congregation sharing their joy and prayers, God's call to servant ministry was manifested by the work of the Spirit. Thanks be to God! And thanks be to those who provided unwavering love and support throughout the journey—my husband Charley, my parents Dick and Barbara, and all of you, beloved Coppertop family! You have graciously shared this journey by your prayers and encouragement all along the way. I could not be any more thankful.

I believe that God calls us all, in some way. All who follow Jesus are called to serve one another and the world, even if that call isn't into ordained ministry. Where and how is God calling you? Do you check in on a neighbor after surgery, or read a favorite book to a child over and over? Can you drive meals to shut-ins, or march in a rally for justice? Will you offer acceptance and grace to someone very different than you, or protect the natural environment from toxins? Whatever God is calling you to do, I encourage you to do it with your whole heart, asking God to bless your efforts and show you how your service can reveal the Glory of God right here, right now, wherever you are. Thank you all for being the hands and feet of Christ in this community, and THANK YOU for your prayers and support as I have stepped into this new relationship of ordained ministry. Soli Deo Gloria!

~Rev. MaryAnne Korsch

Camp Amnicon Youth Retreat July 18-19

Let's go camping! Youth 6-12 grade and friends are invited to experience God in the great outdoors and camp in platform tents. Campfire, singing, games, food, hiking, swimming, and more! Leave church at 4pm and return the next day by 2pm. Cost is \$20.

Sign up at church or text Cynthia by Sunday, July 8.
Contact: Cynthia Coffin-Langdon tevyjr@aol.com, 218-260-3114

Day Camp Counselors July 22-26



Want to make a difference in a young person's life? Join the team of youth counselors for Adventure Day Camp at Boy Scout Landing, or VBS at the Coppertop.

Monday–Thursday, you will guide kids around camp. This is a great opportunity to serve, grow in your own faith, hang out with your friends, and have a ton a fun!

There will be a mandatory training session on Sunday evening, July 22. This is for 9th-12th graders.

Confirmation students can earn a ton of service hours this week! Sign up at church or contact Cynthia Coffin-Langdon, tevyjr@aol.com, if you have questions. You can make a huge difference to a younger kid by being a camp counselor.

STRIKEPOINT

Homecoming Concert

Strikepoint, our concert handbell ensemble, will be concluding their 2018 Summer Tour to Toronto, Niagara Falls, and upstate New York with a concert at FUMC.

June 30, 7pm. The concert is free with a \$15 suggested donation.

Wednesday Night Meal Changes

Changes are coming to the Wednesday night meal preparation. Linda Wiig will not be in charge of providing many of the meals this coming year beginning in September.

It is a ministry that she has helped provide for over 25 years, and she's stepping back.

We are looking for someone interested in being the meal coordinator for our weekly meals and to have various people and groups sign up to assist as servers and clean up team. One or two people could share alternate Wednesdays or months. This will be a paid position. If anyone is interested, please contact Pastor Jeanine, Anne Gustafson, or Linda Wiig at 727-5021. Details to be worked out. Thank you for considering this ministry for all who are participating in our important Wednesday evening activities.

Sunday New Member Class

August 5, 11:30am-1pm
Fireside Lounge

New member classes are for anyone who would like to learn more about our congregation, our ministries, and The United Methodist Church. This is the only class required for those who are interested in joining First UMC. Childcare and lunch are provided. Sign up at the Opportunities Table in the narthex for upcoming classes.

Mission and Social Justice

Red Bird Mission

Would you like to go on a mission trip? Would you like to experience the satisfaction of serving Jesus Christ through serving his low-income people in Appalachia? We have the opportunity to join Peace UMC of Virginia, MN, on a trip to Red Bird Mission, October 4-16. Dates include 5 work days at the mission and 6 days travel by car. For more information, contact Karen Alseth.

Red Bird Mission, located in Beverly (southeastern) Kentucky in the Southern Highlands of Appalachia, is a Christian mission non-profit agency supported by the United Methodist Church. It is a comprehensive campus offering a K-12 school, medical clinic, economic opportunities, community outreach, and a community housing improvement program. The Work Home Repair Camp is the work that our team will be doing in October. Full information is available on their website.

How You Can Help: Donate labels! For many years FUMC has been collecting bar code labels from Campbell soups and "Box Top for Education" labels from a wide variety of products. Please help us out by collecting and bringing to the church office in a small Ziploc bag. Lee Ball collects and sends them to Red Bird where they are used to purchase vans for their outreach ministries. You can also Donate money (Red Bird is very much in need of financial support).

How You Can Serve: Volunteer—go on the mission trip with us!

Contact Information: www.rbmission.org

~Karen Alseth, Mission and Social Justice Team

218 879-5194 (H) or 218 390-3045 (C), kadal319@msn.com

Rock the Lot Concert

Wednesday, July 25, 6-8pm

This family-friendly fun event benefits the Capital Campaign. Concessions will be available. The evening begins with an opening set by our own Tapestry praise band, and then moves on to an evening of high-energy classic rock by the Lake City Smokin' Section led by Corey and Leah Hulst (also members of Tapestry). You will be moving to an 8-piece band with a smokin' hot horn section! Bring a lawn chair and plan to spend the evening! Contact: Anita Zager, 218-724-5577, anitazager@gmail.com

Family News

Ways You Can Help

Playful People Needed for Early Childhood Ministries: If you love babies, toddlers, or preschoolers, this ministry is for you! Adults and teens (8th grade or older) are needed to love on, nurture, and assist in toddler/two groups on Sunday mornings. Specialized training is required. Flexible scheduling fits your availability and interest.

Family Ministry

Tuesday Thrillz—July 10—Grant Rec area

Rising 3rd–6th grade kids will find Thrillz on the second Tuesdays of the summer months. We play outdoor games like Mighty, Mighty Scoop Ninja Challenge; consider a Faith Snippet; and connect with each other and our friends. It's like a summer BTwixt experience with Cynthia, Laura, and Kelby! Join us Tuesday, July 10 at Grant Rec near Myers-Wilkins Elementary School from 6–7:30pm. Parents/caregivers can drop off and pick up their child at the park. There is a playground nearby for younger sibs to enjoy if parents want to hang out.

Pay It Forward Opportunities for Youth

Toddler Room Teen Volunteers—8th grade and older

Students rising to 8th grade and older may want to volunteer in the Toddler Room. If you love babies, toddlers, and twos, this is the ministry for you! Teen volunteers assist Early Childhood Teachers in toddler activities and lessons and make the Toddler Room a joyful place for the littlest Coppertoppers. Specialized training is required for this position. Flexible scheduling fits your availability and interest. Contact Laura Stahl to arrange a training.

Wee Wonder Teen Leaders—6th grade and older

Students rising to 6th grade and older are eligible to train as a Wee Wonder Teen Leader. Teen Leaders assist WW teachers in the session and mentor the preschool and kindergarteners who attend. Flexible scheduling. This is a great ministry for teens who love kids. Contact Laura to schedule a training date.

Scripture Reading Team—5th grade and older

Students rising to 5th grade and older may want to join the Scripture Reading Team. Coppertop-designated and -trained coaches work with the student to prepare for reading scripture in worship. Coaches help the student to understand the context of the scripture, help them find an effective “voice” for the reading, and will mentor them through the entire process, right up to the podium! Laura Stahl has summer scripture references and can find one that appeals to your student.

Super Heroes Preschool VBS—July 23-26—Register by July 16

A summer camp experience for preschool campers features movement, music, games, and art with Bible stories for curious minds and active preschool bodies. 9:30 – 11:30am in the Children's Wing.

Camp Opportunities

My Family Camp—July 23-26—Register by July 16

This mini-camp experience for toddlers and twos gives them a toddler-sized taste of summer camp. Simple stories, games, and activities meet the curious minds and wiggly bodies of toddlers. Toddlers and twos share

—Continued on page 6

From Our Parish Nurse

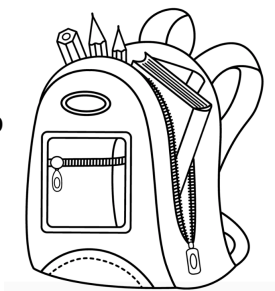
this camp experience with their parent or caregiver. Meets 10-10:45am Monday through Thursday of Camp Week.

Adventure Day Camp—July 23-26—Register by July 9

Adventure and outdoor fun are the focus of Adventure Day Camp, a cooperative United Methodist camp for Duluth area kids and their friends. Hop on the bus and travel to Horace Johnson Boy Scout Camp on Island Lake for swimming, canoeing, drama, exploration, music, crafts, and more. For kids rising to 1st grade through rising 8th graders. Kids will be at camp 10am-3:15 pm. Check your confirmation letter for bus shuttle places and times. Rising 9th-12th graders are encouraged to apply as Camp Counselors.

CHUM Backpack Project

First UMC will be collecting filled backpacks and supplies for children and youth in the Duluth Schools. This community project is being coordinated by CHUM and will be utilizing the resources of individuals, churches, community groups, and Companies to Classrooms, which is managed by First UMC member Carolyn

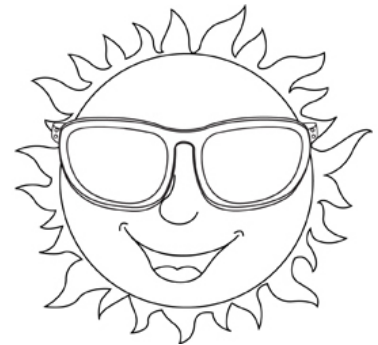


Schroeder. Watch future publications for supply lists which are expected by mid-July.

In recent years, skin cancer has been on the rise, and it has become more important for us to protect our bodies from the sun's harmful rays. But how much do you know about sunscreen and sun protection?

Sunscreen Know-how

The sun's rays include ultraviolet A (UVA) and ultraviolet B (UVB) rays. Sunscreen sun protection factor (SPF) measures a lotion's ability to block UVB rays only. To make sure your sunscreen blocks UVA rays as well, look for the words "broad spectrum" on your lotion bottle.



Sunscreens with zinc oxide are recommended because they block both UVA and UVB rays.

Seek shade where available. Keep in mind the sun's rays are usually strongest between 10am and 2pm.

Water and sand both reflect the sun's damaging rays, so use extra caution when at the beach.

An SPF number designates the length of time you can be out in the sun before you get sunburned. For example, an SPF of 30 means you can be out in the sun, without getting burned, 30 times longer than if you had no sunscreen.

For the sunscreen to be effective, you need to use an ounce for exposed areas.

Use sunscreen every day you're outside, year-round. Even on cloudy days, the sun's rays can pierce through with up to 80 percent efficacy.

Typically, an adult should use a water-resistant, broad spectrum, SPF 30 or higher sunscreen and reapply every two hours or so.

Learn more about sunscreen and skin care at the American Academy of Dermatology's website, aad.org. Source: American Academy of Dermatology

Next Blood Drive

August 14 is the next blood drive from 3-6pm. Current donors as well as new donors are welcome to begin signing up the middle of July.

Thank you to all who have donated. Those of you who have never given, contact Parish Nurse Linda Wiig at 727-5021 with questions you may have. You can also always call the Memorial Blood Center (888-448-3253). They are always happy to help.

Save These Dates

June 30 Strikepoint Homecoming Concert, 7pm
July 25 Rock the Lot Concert, 5:30pm
Aug 8 Outdoor Worship Service, 6pm

United Methodist Day—Twins Game, July 30!

Join family, friends, and other United Methodists across Minnesota for a night of big-league action



and fun on Monday, July 30! Bishop Bruce Ough will be in attendance and leading the 7th-Inning Stretch. Every ticket you order supports UMCOR International Disaster Response. Tickets must be purchased by July 16. Call 800-33-TWINS (press 0 to speak with an attendant). Order early, as the game is expected to sell out.

For more information, go to the Minnesota Annual Conference website at: minnesotaumc.org and search "Twins".

Welcome Intern Alex Trewatha

My name is Alex Trewatha; I am 22 years old and will be a senior at the University of Wisconsin-Superior. I am an Art Therapy major and work as a Campus Ambassador through the Admissions Office and as a Hall Manager in Residents' Life. Through my classes at school, I have discovered that art can bring you closer to every aspect of life. I love the outdoors, my faith, and my family. Through this internship I hope to strengthen your bond with God and with yourself.

Thank You,
~Alex Trewatha

Tuesday Night Art Sessions Offered

Throughout this month I will be hosting group art sessions at the church on Tuesday nights. There will be five sessions for families with children ages five and up 5:30-6:30pm and another five sessions for adults college age and up, 7-8pm. These sessions are independent of each other, so feel free to come to just one or all! My intentions for these sessions are to offer a safe and judgement-free space to promote self-care and personal well-being. During these sessions you will be participating in a number of different art projects that cover a wide variety of media. My ultimate goal is that everyone who attends these sessions leaves feeling better than when they came. I will be displaying all the amazing artwork in a gallery at the church following worship service on August 5. No experience necessary! All skill levels are welcome to attend.

Thank you,
~Alex Trewatha

WANTED:

A strong person with a truck to pick up donations for:
Companies to Classrooms-Duluth

This would be a volunteer position,
1-2 times a month.

Please contact Carolyn Schroeder for details.
c2cduluth@gmail.com or 218-348-8431



First United Methodist Church

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Our Regular Weekly Schedule

This calendar includes only those events open to church members or the general public. Other events are scheduled in the building, but not listed.

Sundays

- 9:00am High School Hangout - CW
- 10:00am Worship - S
Wee Wonder - 105
- 11:30am Strikepoint Rehearsal - BR
- 3:30pm T'ai Chi - CW

Mondays

- Noon Gamblers Anonymous - St
- 3:30pm Spirit Yoga - TBC
- 5:00pm Downbeats - EL
- 7:00pm Whole Birth Yoga - TBC

Tuesdays

- 5:00pm T'ai Chi - LSH we
- 6:00pm Gamblers Anonymous - St
- 6:00pm Mama Yoga - TBC

Wednesdays

- 6:00pm Bible Study - FSL

Thursdays

- 9:00am Faithfully Fit - EL
- 6:00pm T'ai Chi - LSH we

Fridays

- 8:00am Men's Study Group - FSL
- 9:00am Alcoholics Anonymous - TBC

Saturdays

- 9:00am T'ai Chi - LSH we

Day by Day

Monthly & One-Time

Saturday, June 30

- 7:00pm Strikepoint Homecoming Concert - S

Tuesday, July 3

- 10:00am Writers Group - Lib
- 5:30pm Art Session, families w/children 5 & up
- 7-8pm Art Session, Adults

Wednesday, July 4

- Independence Day
- Office Closed

Thursday, July 5

- 5:00pm Trustees - FSL
- 6:00pm Lasting Imprint - EL

Tuesday, July 10

- 10:00am Writers Group
- 11:00am Northern Lights Music Festival - S
- 5:30pm Art Session, families w/children 5 & up
- 6:00pm Tuesday Thrillz - Grant Rec Area
- 7:00pm Art Session, Adults

Wednesday, July 11

- 9:30am Prayer Shawl Ministry - FSL

Thursday, July 12

- 6:30pm Amateur Radio Operators - LSH

Saturday, July 14

- 9:00am LGBT Elders - FSL

Tuesday, July 17

- 5:30pm Art Session, families w/children 5 & up
- 7:00pm Art Session, Adults

Wednesday, July 18

- 9:00am Scrabble - Lib
- 4:00pm Camp Amnicon Youth Retreat

Thursday, July 19

- 4:00pm Ruby's Pantry - LSH, S, A, N
- 6:00pm Blue Star Mothers - FSL

Saturday, July 21

- 8:00am Duluth Garden Flower Society Secret Garden Tour - Parking Lot
- 11:00am Duluth Garden Flower Society Secret Garden Tour Lunch - LSH

Sunday, July 22

- Day Camp Counselor Training

Monday, July 23

- 9:15am Super Hero VBS
- 9:30am Adventure Say Camp
- 10:00am Toddler Camp
- 5:30am Ruby's Pantry Steering Committee - FSL

Tuesday, July 24

- 9:15am Super Hero VBS
- 9:30am Adventure Say Camp
- 10:00am Toddler Camp
- 4:00pm Foundation Meeting - FSL
- 5:30pm Art Session, families w/children 5 & up
- 7:00pm Art Session, Adults

Wednesday, July 25

- 9:15am Super Hero VBS
- 9:30am Adventure Say Camp
- 10:00am Toddler Camp
- 5:30pm Rock the Lot Concert - Parking Lot

Thursday, July 26

- 9:15am Super Hero VBS
- 9:30am Adventure Say Camp
- 10:00am Toddler Camp
- 5:00pm Finance Committee - Lib

Tuesday, July 31

- 5:30pm Art Session, families w/children 5 & up
- 7:00pm Art Session, Adults

Calendar may change - check www.fumcduluth.com for updates.