



# First Family

*We welcome all people... are guided by the teachings and unconditional love of Jesus... are inspired to participate as faithful disciples of Christ.*

October 2018



## Trunk or Treat

**October 29, after worship**

Everyone is invited to dress up in a non-violent costume for this time of fun! We encourage congregants to decorate the trunks of their cars and bring some treats for our trick-or-treaters. (Consider some dairy-free options for those with allergies.) After church there will be a designated place to park if you wish to participate. A light lunch of soup, crackers, and fruit will be provided. This is a great day to invite friends and family to church to participate. Everyone is invited to join the FUN!

*If you are able to volunteer to help organize, cook, or clean, please call the church office: 218-727-5021.*

**First United  
Methodist Church**

230 E. Skyline Parkway  
Duluth, MN 55811  
[www.fumcduluth.com](http://www.fumcduluth.com)



## Our First Family

### Cynthia Coffin-Langdon's Ordination Service

You are ALL invited to attend Cynthia Coffin-Langdon's Ordination Service on Sunday, October 21, at 2pm at Pilgrim Congregational UCC Church, 2310 E. 4th St.

Cynthia has finally completed all the requirements, paperwork, tests, interviews, and internships to be ordained. You have been part of this journey and given much support and encouragement along the way.

You are invited to attend the ordination service to celebrate with Cynthia and her family. The service won't be more than an hour, and refreshments will follow.

### Church Lighting

Outdoor lighting for the week of September 23 is in loving memory of Harold Fegraeus, from his wife, Doreen.

The week of October 7 is in memory and celebration of Cindy Alexander and her birthday on October 13, from her loving husband, Bill. An additional memorial is dedicated to Strikepoint.

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## On the Journey With You

A few Sundays ago we talked about the picture of the “Three Wise Monkeys.” One monkey is covering its eyes, reminding us to “see no evil.” Another monkey is covering its ears, reminding us to “hear no evil.” A third monkey is covering its mouth, reminding us to “speak no evil.”

**SEE NO EVIL**—being careful to not imagine bad things about others or to search for the bad in others. When we want to find fault with a person, we can always find it. Instead let's focus on looking for what is good in others. Let's try to understand rather than make quick indictments. If we do so, we may find ourselves being God's healing agents.

**HEAR NO EVIL**—refusing to listen to or respond to gossip and other words that tear people down. Sometimes we can't help hearing negative, unhelpful talk. In those situations we need to make sure that we do no evil with what we hear. This can mean making sure evil words die with us.

In Rabbi J. Telushkia's book *Words That Hurt, Words That Heal*, he gives this advice: “When you hear negative information that is not your business or anyone else's business, let this guide you— ‘Have you heard something? Let it die with you. Be strong, it will not burst you.’”

When people bring negative information to us, we can also choose to help them come to a broader perspective and to calm them rather than incite them.

**SPEAK NO EVIL**—not repeating rumors, not saying things that may damage others, making sure that our words are helpful and uplifting. A prayer I often pray is, “Lord, help me say what needs to be said and, more importantly, help me refrain from speaking what is best not said.”

We need to be careful and selective with our words so that they do no harm. If we keep alert to the power of our words, we may be

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## First Family

### First United Methodist Church

230 E. Skyline Parkway, Duluth, MN 55811  
218-727-5021      Info@fumcduluth.com

Pastor: Jeanine Alexander  
Editor: Bill Alexander

Next First Family Deadline: **October 17**  
Submit to connect@fumcduluth.com



fumcduluth.com

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able to minimize pain and suffering—for others and or ourselves.

As followers of Jesus, we are called to live in unity with one another—to see, hear, and speak no evil. Keeping this in mind can make it easier for us to follow Scripture's advice to be kind, tenderhearted, and forgiving in our relations with each other—just as God is kind, tenderhearted, and forgiving of us.

Where in your life do you need to choose to “err on the side of grace,” or to “cut people slack?”

As for you and me, let us choose to always live in the gracious spirit of Jesus Christ.

On the journey with you!

~Pastor Jeanine

## Used Book Sale

The UMW Craft and Bake Sale on Saturday, November 3 includes a used book sale. This is a great opportunity for you to clear out your bookshelves of gently-used books who need a new home. You may drop off book donations in the Church Library or leave them in the hallway outside the door if the room is locked. Please do not bring textbooks, encyclopedias, VHS tapes or cassettes. These do not sell and only make more work for volunteers to dispose of them.

## Hurricane Relief

The United Methodist Committee on Relief (UMCOR) responds to disasters like Hurricane Florence by providing financial assistance, expertise, and networking to help communities in disaster. If you would like to donate, you may do so online at [umcor.org](http://umcor.org), or write a check to our church and indicate UMCOR.

# Children and Family News

## For Children

It has been an exciting month for me and our children's ministry team. What a great pleasure it is to serve the Coppertop church in this way. The fun doesn't stop! Here are a few things to keep in mind for the month of October:

- **Sundays in October, 10:30-11:30am**, Children's Sunday School during worship every week for children 4 years old-5th grade.
- **October 10**, NO kids programing/no dinner
- **October 14**, 3rd graders and 3-year-olds will receive a Bible during worship (if you have a child that age, make sure they are on my list).
- **October 24, 5:00-7:30pm**, Engwall's Corn Maze Fun
- **October 30, 11:30-1:30pm**, Trunk or Treat! Come dressed in your favorite Halloween costume. There will be a light lunch after church followed by Trunk or Treating!
- **October 31**, NO activities

## Engwall's Corn Maze Event

Wednesday, October 24, 5-7:30pm, 3rd-12th graders and their families—but really everyone is invited! Join us for a fun night with your friends. We will meet at the Coppertop at 5pm for pizza and then at 5:30pm head over to Engwall's Corn Maze for a hayride, corn maze fun, pumpkin carving, and s'mores by the fire. If your parents do not attend with you, please plan to have them pick you up at 7:30pm at Engwall's. If you can help transport kids, please let Cynthia or Jojo know. Cost is \$10 per person. Scholarships are also available. Contact Cynthia or Jojo. We want everyone to be able to go!

Please sign up in the Narthex by noon on Sunday, October 21.

## Looking Ahead for Parents

On November 2 from 6-8pm, we will have a Parents' Time Out at Bent Paddle. Let's get together as a faith community and support one another outside of church!

Contact Jojo Coffin-Langdon, 218-251-4388 or

[Families@FUMCduluth.com](mailto:Families@FUMCduluth.com)

## United Campus Ministry

UCM is a ministry at UMD that represents the Methodist, Presbyterian, and United Church of Christ denominations. If you know a college student in need of a faith community, UCM is there for you! Please have students connect with Jojo Coffin-Langdon (218-251-4388). UCM meets twice a week on a regular basis: Monday nights for Dollar Dinners, and Thursdays at noon for

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Coffee & Christ, where we meet for coffee, prayer, conversation, and a mid-week devotional. We ask that you prayerfully consider a monetary gift to keep the ministry of UMC vibrant. We also would appreciate any donations of Keurig coffee, hot chocolate, or tea pods for our Coffee & Christ times (you should find a cardboard box as a place to donate). As always, your prayers are needed and appreciated! Any questions, please connect with Jojo, [UCMDuluth@gmail.com](mailto:UCMDuluth@gmail.com).

## College Ministry

Coppertop loves our College students! Join Pastor Jeanine and Jojo on the first Sunday of the month for a FREE brunch. This is a time to get to know each other, support one another, and be a faith community to each other. October after worship on October 7 we will be going to PUB 310. They have Ping-Pong... I hear Pastor Jeanine is pretty good, and a serious competitor! Meet in the Pastor's Office after worship to carpool. Connect with Pastor Jeanine or Jojo for questions.

## FUMC Youth

### Coppertop Youth Group YOLO! "You Only Live Once!"

We only get one life on this earth. How do we live it to the fullest? Our fall series has been diving into the topics of taking care of our bodies, friendships, dealing with our family, and keeping it real. "God calls us to a holy life—not because of anything we have done but because of God's own purpose and grace." 2 Timothy 1:9. Youth Group meets **Wednesdays from 6:30-7:30pm** in the Club Wesley Room (just past the pop machines).

Here is our October schedule:

Wednesday, October 3	Regular youth group-YOLO
Wednesday, October 10	NO YOUTH GROUP (because of Roast Beef Dinner next day)
Thursday, October 11	Youth help in drive-thru at the Roast Beef Dinner, anytime from 4-6:30pm
Wednesday, October 17	Regular youth group-YOLO
Wednesday, October 24	Engwall Corn Maze Fun, 5-7:30pm <b>See "Corn Maze" on page 3</b>
Wednesday, October 31	NO YOUTH GROUP (Halloween)

### Youth Serving at Roast Beef Dinner

Hey tweens and teens (3rd-12th grade): we need your help at the Fall Roast Beef Dinner on Thursday, October 11. Pretty much the whole church helps with this and it's tons of fun. We run the meals from inside the church out to the drive-thru line. Come for the whole time or a shift. We have a break room full of snacks and you get to eat a meal if you want! Sign up in the Narthex or talk to Cynthia if you are interested in helping.

~Blessings, *Cynthia Coffin-Langdon*  
[tevyjr@aol.com](mailto:tevyjr@aol.com)

## Fall Book Study With Pastor Jeanine and Rev. MaryAnne

Join Pastor Jeanine and Rev. MaryAnne for this fall's new small-group book study: *If You Want to Walk on Water, You've Got to Get Out of the Boat* by John Ortberg. During this six-session study, we'll consider what God is calling us to do and to be, and where God may be leading us individually and as a congregation.

Books are available for a \$10 donation and the sign-up sheets are in the Narthex. Choose from two sessions:

- Wednesdays, 10-11:15am (Sept. 26, Oct. 3, 10, 17, 24, 31)
- Tuesdays, 6-7:15pm (Oct. 2, 9, 23, 30, Nov. 6, 13)

We hope to see you there!

## Audio Sermons



If you ever miss a sermon, or want to hear a sermon over again, they can be found on our church website at [fumcduluth.com/coppertop-sermons](http://fumcduluth.com/coppertop-sermons).

## Save the Dates

- The 1926 silent film *For Heaven's Sake* will be showing at FUMC on **Friday, November 16** at 7pm. It will feature organist Dr. Aaron David Miller on our Austin pipe organ.
- FUMC will host this year's Interfaith Thanksgiving service on **Thursday, November 20 at 7pm**. Join our community in a service of celebration, music, and thanksgiving.
- Minnesota Give to the Max Day is **Thursday, November 15**. Visit [GiveMN.org](http://GiveMN.org) as they celebrate their 10th anniversary of Minnesota's giving holiday. (Strikepoint and First United Methodist Church of Duluth Foundation are registered on the GiveMN site.)
- Election Day is **Tuesday, November 6**. For information visit [www.sos.state.mn.us/elections-voting](http://www.sos.state.mn.us/elections-voting).
- Strikepoint and the Arrowhead Chorale will present *Holiday Jubilations and Traditions: A Scandinavian Christmas* concert on **December 14, 7:30pm and December 16, 3pm** at the Duluth Depot Great Hall.

## Priscilla Circle

Priscilla Circle will be making Cassia Bud pickles on Monday October 15, starting at 4pm, and would love any extra help. Please contact Jessie Skumatz at 218-590-2287 with any questions!

## Roadside Cleanup

**Saturday, October 13, 2018, Noon-2pm**

First United Methodist Church sponsors one of the Saint Louis County Roadside Cleanup locations and twice a year, in the spring and fall, schedules a time to make our community a little nicer.

Our cleanup area is a two-mile stretch of Maple Grove Road, from Lindahl Road to Solway Road.

We always need more help to make the workload a little lighter. Please call the church office at 218-727-5021 or contact Bill Alexander at [bill@strikepoint.com](mailto:bill@strikepoint.com) if you are interested.

You should dress for the weather, bring gloves, and wear footwear suitable for walking in ditches. Meet us at the Faith Baptist Church parking lot at Midway and Maple Grove. We will supply beautiful yellow vests and stylish garbage bags.

Hope to hear from all of you. Well, maybe not ALL of you... we would need way more parking!

## UMCOR Current Disaster Response

UMCOR (United Methodist Committee on Relief) and our partners are responding to Hurricane Florence in the United States and Super Typhoon Mangkhut (Ompong) in the Philippines. Please join us in prayer for the areas affected and consider a gift to UMCOR Disaster Response. As we assess the impact of these storms, we will provide timely updates as we receive information. We will also share additional ways in which you can provide assistance.

## Hurricane Florence

UMCOR is pleased to report that damage assessments in North and South Carolina have begun. However, these assessments have not been completed due to high water in many of the affected areas.

We ask that those wishing to assist please do not self-deploy or donate unsolicited items. Affected Conferences are managing their responses locally and will make requests for materials and response teams as they continue their assessments. Moreover, UMCOR has received invitations from affected conferences to visit and assist in coordinating response efforts. As we receive updates we will share them at [umcor.org/umcor/resources](http://umcor.org/umcor/resources).





## 3rd Grade Bible Presentation

Bibles will be presented to our 3rd graders and three-year-olds on Sunday, October 14, at the 10am worship service.

Please contact Pastor Jeanine or JoJo Coffin-Langdon and provide your child's name as you would like it inscribed in their Bible.

Pastor Jeanine asks all 3rd graders and their parents to take a special class in preparation for receiving their Bibles. Please sign up to attend one of these classes:

- Sunday, October 7, 9-10:00am (right before worship)
- Wednesday, October 10, 5:30-6:30pm

If you have a 4th or 5th Grader who has not received a Bible from the church, please let Pastor Jeanine know so they can receive one as well.

## Strikepoint Plays for Sister Cities Delegation

On Wednesday, September 26, Strikepoint, our touring handbell ensemble, played an introduction to the program at Glensheen for the Sister Cities delegation from Växjö, Sweden.

Strikepoint traveled to Växjö in the summer of 2016 as Duluth's ambassadors, playing concerts in the Växjö Cathedral and at the annual Minnesota Days Celebration in Ljuder. In 2014, Strikepoint and FUMC hosted the Karl-Oskar Choir in Duluth.

## From Our Parish Nurse

November is National Alzheimer's Awareness month. Do you have questions about your memory? Have you observed changes in friends or loved ones? A three-part series focusing on dementia and Alzheimer's will take place on three consecutive Sundays at 11:30am, meeting for 60-90 minutes beginning October 21 and continuing on October 28 and November 4. Light refreshments will be available. Please sign up in the church office. A supply of the book on which this series is based will be available for a donation of \$5.00. *Through the Wilderness of Alzheimer's: A Guide in Two Voices* by Robert and Anne Simpson is an account of their journey into the disease. The story is told in two perspectives: his, the one with the Alzheimer's, and hers, the caregiver. Despite difficulties, there is hope if we are willing to face fears, accept fate, and help each other as best we can. Anne and Robert lived in Grand Marais for a time.

Gina Diaz and I will present information on what Alzheimer's is (and isn't) starting the first Sunday; then we will cover living with dementia, challenges, and rewards, with time for sharing. The final Sunday will cover communication, spiritual needs, resources, and caregiving.

The more we understand a disease, the less power it has over us. One of the last trips the Simpsons took was to Hawaii where a Hawaiian elder told them, "You are all of nature. When you feel big and important, look down between your toes; you are the smallest ant. When you feel small and discouraged, look up and see the endless sky. Everything is a circle unto the end. Everything is a lesson to be learned. 'Aloha' means to breathe with the breath of life."

Hopefully, by attending you will have an understanding of what it's like to live with the disease and how to turn your understanding into action that supports people living with dementia.

Hope to see you in Lakeview Social Hall!

~Peace to you,  
Linda Wiig





## Fall Roast Beef Dinner What Can I Do to Help?

- Volunteer to help during the three days of preparation: cookie baking, apple crisp making, and/or dinner day. Sign up in the Narthex. (*See the complete list on page 8*).
- Treat friends and family to dinner tickets, available anytime in the Church Office.
- Donate money for community service volunteers' dinners and/or for needed dinner supplies.

Thank you for your support of FUMC's ministries!

†

### COPPERTOP CRAFT & BAKE SALE

SATURDAY, NOVEMBER 3, 2018  
9:00 AM TO 2:30 PM  
FIRST UNITED METHODIST CHURCH, 230 E SKYLINE PARKWAY, DULUTH

BAKERY
GOURMET FOODS
BOOK SALE

**OVER 60 AREA CRAFTERS OFFERING HANDMADE GIFTS**

Jewelry • Woodcraft • Stained Glass • Soaps & Candles  
Hats & Mittens • Home Décor • Linens • Doll & Baby Clothes • Much More!

**Warm Cinnamon Rolls at 9:00**  
**Nam Lee's Egg Rolls**  
**Sloppy Joe Lunch begins at 11:00**

**Park at MNDOT and enjoy our free shuttle service!**

Brought to you by the United Methodist Women of First United Methodist Church  
All proceeds benefit ministries to women and children in Duluth and worldwide

For more information, please  
Call the church office at 727-5021

## 1st Wednesday Worship

Music, prayer, a message. All are invited to this new worship experience the **first Wednesday of every month starting on October 3, 6:30-7pm in the Chapel**. While there will be a special focus on tweens, youth, and families, there will be inspiration for everyone. Make this new worship a part of your week.

## Created Here

On Thursday, November 8 at 5pm, the AAUW's annual scholarship fundraiser recognizes and celebrates local women artists. The presenters this year are our own Ann Gumpfer along with Ivy Vainio and Karen Sunderman. Music will be provided by The Fish Heads and pianist Linda Turpening.

- Registration-5pm with Dinner at 5:30pm, Northland Country Club.
- Tickets-\$40, Contact Marilyn at 218-724-5078.

**You're invited to the  
1926 silent film  
"For Heaven's Sake"**

**First United Methodist  
Church-Duluth**

**Friday, November 16  
7:00pm**

**Featuring live organ  
accompaniment by  
internationally acclaimed  
organist  
Dr. David Miller  
on FUMC's Austin Organ**

Child 12/younger	\$5
Student 13-18	\$10
Adult	\$15

Co-sponsored by First United Methodist Church and the Arrowhead Chapter of the American Guild of Organists

# 2018 Fall Roast Beef Dinner

**THURSDAY, October 11, 2018**

**4:30-6:30pm (Note NEW end-time)**

**Sign up to volunteer after/before worship beginning Sunday, September 9, 2018.  
Tickets will be available for sale and/or to take and sell.**

## **Opportunities to help:**

### **Sunday, September 30, Before and after worship from 8am-noon (Cookie Day)**

Bake chocolate chip cookies to sell during the dinner

Also, we need cookie dough made before baking. Chocolate chip cookie recipe will be available to take home: make a triple batch, bring the dough on Sunday, September 30, and leave in kitchen refrigerator to bake.

### **Wednesday, October 10, 9am-noon (Apple Crisp Day)**

Peel apples

Set tables

Bake apple crisp (9am-2pm)

### **Thursday, October 11 (Dinner Day)**

**7:30-9:30am**—trim beef, and wash dishes

**9:30-11:30am**—prepare coleslaw, gravy, and coffee

**Noon-4:30pm**—set the tables with pickles and bread; fill coleslaw cups and butter; prepare the drive-thru serving area with bags and rolls; fill waters and coffee pots

**2-4:30pm**—cut apple crisp and put on tables

**2-7pm**—meat cutter, potato maker, gravy maker, corn maker, dishwashers

**4-8pm**—driver from MnDOT parking lot to FUMC (for volunteers); valet park

**4-7pm**—dining room servers, plate fillers, carry-out/drive-thru runners and fillers, cooks, dishwashers, traffic controllers, greeters, and youth runners

**6-9:30pm**—2<sup>nd</sup> shift for drive-thru and serving line, begin cleaning up

**7-9:30pm**—clean-up crews in dining room, drive-thru area, pie room, kitchen and dishwashers, sweeping and mopping of all floors, putting away decorations, tables

**If you show up at different times**, we will find a job for you!

### **Other ways to help out:**

**Sell dinner tickets**—take 10 tickets and sell to family, friends, and co-workers or treat your staff or your helpful neighbors

**Flyers**—post flyers around your work (available at volunteer sign-up table)

**Facebook/email**—invite friends to dinner via Facebook and email

**Prayers**—pray for a God-filled successful event

*This is a fundraiser. Please purchase a ticket in advance or at the door and enjoy the meal before or after your shift. (Youth enjoy the dinner compliments of FUMC.)*

Something for everyone: ALL ages can participate! **Childcare provided** from 4-9pm (Sign up at volunteer sign-up tables.) All volunteers: please **park on the day care side of building or at the MnDOT parking lot during shuttle service (4-7pm).** We will be glad to valet park your car. Thank you!

### **Reminder Postcard**

When signing up to volunteer, you can bring a reminder postcard home or have one mailed to you. You can fill out the postcard with your address and bring a stamp (or money for one), and we will mail it closer to the date.

**Donation Needed:** oil table clothes for long tables (10), anti-fatigue mats for kitchen steam table servers, 4 wide spatulas for serving apple crisp, covering the cost of dinner (\$13.00) for our youth and our community service volunteers that help with the dinner. If interested please contact Cindy Hedlund (218 348-2634) or write a check to FUMC with “for roast beef dinner” and put it in the offering plate or give to the church office. This will cost about \$400.00.

**Thank you! ~Cindy Hedlund, 218-348-2634 (cell) or schedlund@gmail.com**



## Green Corner: Tips for Sustainable Living

Are you confused about what you can and cannot compost? At a recent meeting with folks from WLSSD, we were told the general rule of thumb is, "If it was once alive, it's compostable!" While that rule works well for stuff like chicken bones and apple cores, it may not help with paper products, because those often are treated with substances (like inks) that make them non-compostable, even though they come from plants that were once alive. The Biodegradable Products Institute can help you. They certify paper and paper-like products (often made from corn stalks or bamboo) that are indeed compostable. When you're buying products you'd like to be able to compost, look for the BPI label as shown below.



**BIODEGRADABLE  
PRODUCTS  
INSTITUTE**

## From the UMC General Board of Global Ministries

Dear Friends in Mission;  
Thank you for your support of the United Methodist Committee on Relief (UMCOR). Though your gift you are helping to provide assistance for survivors of human trafficking, funding for health and development projects that alleviate hunger and poverty, holistic community-based health programs, and access to clean water and sanitation.

—Our First Family, from page 2

## Alice Plath

Longtime FUMC member Alice Plath died August 30 in Owatonna, MN. In addition to being active at FUMC, Alice was heavily involved in UMW, at both the local and state levels. A graveside service will be held at noon on October 14 at Hazelwood Cemetery in Blackberry, MN, with a luncheon following at the Timberlake Lodge in Grand Rapids. Condolences may be sent to Alice's daughter Dori Armstrong (232 Murray St., Owatonna, MN 55060). Memorials to the Alzheimer's Association are preferred.

## Thank You

Thank you to my wonderful church family for all the cards, hugs, and words of support after the loss of my sister Elizabeth. Your love and support during this time will be forever held in my heart.

Thank you again,  
~Tina Farrell

## Greetings From Parker

Things have been great down here! I knew things would move fast, but I didn't get a single day of rest. I love hitting the ground running, but there is still a bunch of stuff in my apartment that I haven't unpacked yet! In short, I picked up a dream job as organist (not assistant!) at one of the largest churches in Denton, with a huge music program and great organ. The church is a five-minute drive from my apartment. Additionally, my classes are a simple mile-long bike ride from my front door. I work on campus as an organ tuner/maintenance person on my own hours, so everything I do is either music, organ, or beneficial to my degree and career path. That isn't a common thing to happen to an organist at all, and I am so blessed to be on this path. I am so proud to call FUMC the church that shaped me into who I am, and the support of the congregation has been the best anyone could have asked for.

I would really appreciate some letters from home. Email works, but some more personal communication would be so great! The address is:

101 E. McKinney St. #508  
Denton, TX 76202

Thanks, I'll stay in touch!  
~Parker Hinnenkamp

## Alexander Thomas Barnes

Alexander was baptized on September 9, 2018; Born: February 18, 2018; Parents: Erin Wiig and Darold "Bud" Barnes; Big Sister: Avery Martens; Grandparents: Tom and Linda Wiig, Tom and Nancy Barnes; Uncles: David Wiig and Mike Waite; Godparents: Vanessa Eckdahl and Ben Johnson.



# First United Methodist Church

First Family (USPS 349-210) is published monthly by First United Methodist Church, 230 E. Skyline Parkway, Duluth, MN 55811-2799. Periodicals postage is paid at Duluth, MN 55806.

POSTMASTER: Please send address changes to First Family, 230 E. Skyline Parkway, Duluth, MN 55811-2799.

## Our Regular Weekly Schedule

*This calendar includes only those events open to Church members or the general public. Other events are scheduled in the building, but not listed.*

### Sundays

- 9:00am High School Hangout - CW
- 10:00am Worship - S
- 10:15 am Sunday School - TBC, Classrooms
- 11:30am Strikepoint - Bell Room
- 3:30pm T'ai Chi - LSH we
- 7:00pm Eating Disorders Anonymous - Lib

### Mondays

- Noon Gamblers Anonymous - St
- 3:30pm Spirit Yoga - TBC
- 5:00pm Downbeats - EL
- 7:00pm Whole Birth Yoga - TBC

### Tuesdays

- 5:00pm T'ai Chi - LSH we
- 6:00pm Gamblers Anonymous - St
- 6:00pm Mama Yoga - TBC

### Wednesdays

- 4:15pm Child Care - Lower Nursery
- 5:00pm JAM & PB band - TBC
- 5:15pm Supper - Kitchen and LSH
- 5:30pm JAM Jr. - TBC
- 5:30pm Ringtones - Bell Room
- 5:45pm Sanctuary Choir - EL
- 6:00pm Bible Study -
- 6:30pm Confirmation and Youth Group - FSL
- 6:30pm Tweens - 112
- 6:45pm Cast in Bronze - Bell Room
- 7:30pm Tapestry - Sanctuary
- 7:45pm Class Ring - Bell Room

### Thursdays

- 9:00am Faithfully Fit - EL
- 6:00pm T'ai Chi - LSH we

### Fridays

- 8:00am Men's Study Group - FSL
- 9:00am Alcoholics Anonymous - TBC

### Saturdays

- 9:00am T'ai Chi - LSH we

**Calendar may change—check [www.fumcduluth.com](http://www.fumcduluth.com) for updates.**

## One Time & Day by Day

### Tuesday, October 2

- 10:00am Writers Group - Lib
- 6:00pm Walk On Water Book Study

### Wednesday, October 3

- 9:00am Pie Making - Kitchen
- 9:30am UMW Board Meeting - Lib
- 10:00am Walking On Water Book Study

### Thursday, October 4

- 5:15pm Trustees - FSL

### Friday, October 5

- 5:00pm Alander-Morris Rehearsal - S

### Saturday, October 6

- 2:00pm Alander-Morris Wedding - S

### Monday, October 8

- 9:00am Roast Beef Dinner Prep - LL
- 7:00pm Priscilla Circle - FSL

### Tuesday, October 9

- 9:00am Roast Beef Dinner Prep - LL
- 10:00am Writers Group - Lib
- 2:00pm Loud Laughing Ladies - FSL
- 6:00pm Walk On Water Book Study

### Wednesday, October 10

- 9:00am Roast Beef Dinner Prep - LL
- 9:30am Prayer Shawl Ministry
- 10:00am Walk On Water Book Study

### Thursday, October 11

- 9:00am Roast Beef Dinner Prep - LL
- 1:00pm Deborah Circle - FSL
- 4:00pm Roast Beef Dinner - LL
- 6:30pm Amateur Radio Operators - S

### Saturday, October 13

- 12:00pm Roadside Cleanup
- 1:00pm Redland-Kladivo Wedding - S
- 4:30pm Gifts of Love - LSH

### Monday, October 15

- 10:00am Rachel Circle - FSL

### Tuesday, October 16

- 9:00am Garden Clean-up - Gardens

### Wednesday, October 17

- 9:00am Naomi Circle - FSL
- 9:00am Scrabble - Lib
- 10:00am Walk On Water Book Study

### Thursday, October 18

- 4:00pm Ruby's Pantry - LSH, S, N, A
- 6:00pm Blue Star Mothers - FSL

### Monday, October 22

- 5:30pm Ruby's Pantry Steering Committee - FSL

### Tuesday, October 23

- 2:00pm Loud Laughing Ladies - FSL
- 6:00pm Walk On Water Book Study

### Wednesday, October 24

- 10:00am Walk On Water Book Study

### Thursday, October 25

- 5:30pm Finance Committee - Lib

### Saturday, October 27

- 7:00am Blue Star Mothers - LSH - all
- 3:00pm Peterson-Lindgren Wedding - S

### Sunday, October 28

- 11:30am Dementia Forum - LSH
- 11:30am Trunk or Treat!

### Tuesday, October 30

- 9:00am Set-up UMW Bazaar - LL
- 6:00pm Quilters Guild - LSH se
- 10:00am Walk On Water Book Study

### Wednesday, October 31

- 9:00am Set-up UMW Bazaar - LL