



FIRST FAMILY

We welcome all people... are guided by the teachings and unconditional love of Jesus... are inspired to participate as faithful disciples of Christ.

August/September, 2019

Wednesday Nights Are Special Times at FUMC!

Wednesday Evening Activities

*There is something for everyone on
Wednesday nights!*

Beginning September 11

- | | |
|-----------|---|
| 5:00-5:30 | JAM—2nd-6th grade kids' choir and drumming circle |
| 5:15-6:30 | Dinner served |
| 5:30-6:00 | JAM Jr.—Birth-1st grade kids' choir
(Parents need to accompany their children) |
| 5:30-6:00 | Bible Explorers—1st-3rd grade: a fun and engaging mid-week Bible study |
| 5:30-6:15 | Ringtones—Handbells for 2nd-6th grade |
| 5:45-6:45 | Sanctuary Choir |
| 6:30-7:30 | Tweens—4th-6th grade; Let's grow our relationship with God and each other. |
| 6:30-7:30 | Confirmation—7th-9th grade |
| 6:30-7:45 | Tapestry |
| 6:45-7:40 | Cast in Bronze—Handbells for adults |
| 7:45-8:45 | Class Ring—Handbells for 7th-12th grade |

First United Methodist Church

230 E. Skyline Parkway
Duluth, MN 55811
www.fumcduluth.com



Our First Family

Coppertop Influences Others!

On a recent summer Sunday, we had a visitor from the Washington, DC area, who took great interest in FUMC's sustainability efforts. She took photos of our waste disposal system and is excited to share what we're doing with her home church. Our efforts are having a positive impact on other congregations!

~Geoff Bell

Church Lighting

A gift of lighting the church was given for the week of July 28 by Tina Farrell, in memory of her sister Elizabeth on the first anniversary of her death (August 1). Her gift will also support our children's ministry.

A gift for the week of August 4 was made by Barb and Jim Hill, in honor of their 50th wedding anniversary on August 9. Their gift will also support the FUMC garden committee.

The week of August 11 was gifted by Carrie and Brian Moe in appreciation of and thankfulness for Linda and Dick Peterson's 60th wedding anniversary on August 15. Their gift will also support our parish nurse.

Rhubarb Festival

Thank you to everyone who volunteered in the church kitchen to

—continued page 4

On the Journey With You

Every Sunday during the school year (September–May), we have an adult forum in the Fireside Lounge before worship (9-9:40am). Twenty, thirty, and sometimes more gather to learn about faith and life, and to grow as followers of Christ. Each session can stand alone, so participants can come as they are able. For the past five years, Dick Carlson has been organizing this forum. He has brought in a wide range of leaders from the church and community, and we have been so blessed by his ministry. Dick is stepping down from the role as coordinator (although he will still be part of the forum with us). For the time being, I will be overseeing this important ministry and am eager to spend time with you. At our first session, we will talk together about possible topics and leaders, etc. If you want to lead a session or more, you will have that opportunity. If you would like a topic studied, you will have the opportunity to make that known.

Here is the plan for the start of the year:

- Sunday, September 8th – orientation to the Forum for this year ... thank you to Dick Carlson for leading the forum for so many years
- Sunday, September 15th – An Overview of the Enneagram - Rev. MaryAnne
- Sunday, September 22nd – What's Next for the UMC? – Pastor Jeanine

Thank you, Dick, for making this important ministry happen for so many years! I look forward to our time together this fall.

On the journey with you,
~Pastor Jeanine

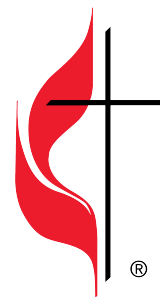
First Family

First United Methodist Church

230 E. Skyline Parkway, Duluth, MN 55811
218-727-5021 Info@fumcduluth.com

Pastor: Jeanine Alexander
Editor: Bill Alexander

Next First Family Deadline: **September 18**
Submit to connect@fumcduluth.com



fumcduluth.com

Fraud Alert

Warning: if you ever receive an email from Pastor Jeanine or the church asking for money or gift cards, use caution. Pastor Jeanine and the church will never ask for help without telling you why. Also, money or gift cards are always brought directly to the church office or Jeanine. Pastor Jeanine's email address is pastor@fumcduluth.com. If you receive an email from a different account or one that you are not familiar with, please report it as spam and do not respond.

Mary Giese

We welcome Mary Giese as our part-time Director of Welcome and Hospitality (up to 10 hours/week). She began her duties August 1.

Her primary responsibilities are:

- Follow up with letters, emails, and phone calls to people who visit the church
- Invite people to new member classes and attend new member classes
- Coordinate visitor lists, new member/informational folders, and new member welcome
- Help new members get engaged in the congregation
- Oversee the welcome of visitors on Sunday mornings, key special events, and welcome desk
- Be the staff liaison to the Hospitality Team and work with them to create ways for people to feel welcome and make connections in the congregation
- Follow up on members who have not been attending

Please welcome Mary to her new role and join her in offering welcome to everyone!

Family News

Sunday School Begins September 8

Sunday, 10-11am, for 4-year-olds through 5th grade

Sunday school is worship for our children! We gather as a whole group and then split into two smaller groups: 4-year-olds through 1st grade, and 2nd-5th grade. During this time, children will dig a little deeper into Bible-based stories with art, movement, songs, and Bible quizzes. We celebrate birthdays the first Sunday of the month!

Contact Jojo Coffin-Langdon, families@fumcduluth.com, 218-251-4388, for more information

Park Point Fun, August 21 (Grades 7-12)

Join us from 3-8pm for some beach fun! We will swim and play from 3-5pm, eat at 5pm, and have outdoor worship at 6pm. This will all be followed by a beach volleyball or kickball game at 7pm. Bring friends. Let's be beach bums!

Contact Rev. Cynthia Coffin-Langdon, 218-260-3114, pastorcynthiacl@gmail.com, for more information.

Back-to-School Lock-In (Grades 7-12)

On Saturday, September 14 at 6pm through Sunday at 11am, come to an evening of fun, food, and games. Invite your friends and let's start off the year with a blast!

Mission Trip, San Diego (Grades 7-12)

June 21-26, 2020

Are you interested in flying to San Diego next summer to spend a week doing service projects related to immigration? We would also have time to play at the beach and walk to the Mexican/American border wall. This trip would cost about \$1,000 per person. If there is enough interest, we will book the trip and meet every month during the year to fundraise and learn about the projects we would be doing.

Deadline to commit to this trip is September 29, 2019.

Contact: Rev. Cynthia Coffin-Langdon, 218-260-3114, pastorcynthiacl@gmail.com

Summer Sunday School with Jana

There will be Sunday School for kids going into 3rd grade and younger during worship every other week. The last date is August 25.

Kickoff Sunday is September 8

Kickoff Sunday is a special day in the church year for us. It's a time to begin again—to renew our commitments and passions. It's the day Sunday School begins again, along with adult educational sessions.

- 9am Faith Forum
- 10am worship service
- 11:30am second of two Confirmation orientations. The other is on Wednesday, September 4 at 6:30pm.

The large music ensembles return, and Wednesday night rehearsals, activities, and dinners begin later in the week.

In Preparation

The following groups will rehearse Wednesday, September 4:

- Choir: 5:45pm
- Tapestry: 6:30pm
- Pick-Up Bell Choir: 6:45pm

Furniture Donation Needed

CHUM is looking for furniture donations for two families moving into the Steve O'Neill Apartments soon. Two full-sized beds and three twin beds (all with frames and mattresses) would be most welcome. Two loveseats or small couches that you might like to re-home would be appreciated also. CHUM can help arrange transportation.

If you can help, please contact Tim Zager, tdzager@gmail.com, or call the church office.

Thank you! ~Tim

help with Rhubarb Festival baking: Pastor Jeanine Alexander, Velda Bell, Barbara and Tom Bennett, Lisa Blanck and Terry Larson, Marlene and Randy Bowen, Pamela Brown, Karen Buell, Dick Carlson, Carol Donahue, Shelley and Johanna Gruskin, Barb Hakala, Mary Hansen, Linda Harper, Linda Hauschildt, Dennis Healy, June Kreutzkamp, Jan Laine, Barb Lindgren, Anne Miller, Verna Porter, Catherine Reich, Paul Sapyta, Liz Taylor, Jean and Kevin Walsh, Kelby Werner, Mary Wright, Naomi Yaeger, and Tim Zager.

Thank you also to those who donated rhubarb and to everyone who volunteered to work at the Festival on June 29.

We made 369 pies, 288 scones, and 75 jars of jam for the Festival, which brought in more than \$8,000 for CHUM. Your work is greatly appreciated!

~the FUMC kitchen rhubarb leadership team: LeAnn House, Debbi King, and Anita Zager

Thank You From Megan and the Girls

To my dearest church family: words can't even describe how appreciative I am of my amazing church who donated funds to get a safe and reliable car for my family! With help from a church member, I found a perfect, reliable car that fits my family's needs—a 2005 Honda Pilot with 3rd-row seating! I wouldn't have been able to make this happen if it wasn't for the amazing people at Coppertop Church! We love each and every one of you!

Letter to Strikepoint

Dear Bill Alexander and Strikepoint Ringers,

What a joy it was to see your performance with Bells of the Lakes at the National Seminar in St. Louis! I was watching in real time on YouTube from my home in Massachusetts. Having watched all of the featured groups, I can say with certainty that the seminar planners saved the best for last—your performance was outstanding!

Having been involved with handbells here in MA for the past 20 years, I appreciate the musicianship and the skill with which you played. Your program was entertaining and lots of fun to watch. And Bill—you were great as the program's host! Your enthusiasm and energy were inspiring.

It is obvious that the leadership of Bill Alexander (and Bill Mathis), both giants in the field, produces a program that others can only aspire to. Well done and thank you!

~Mary Hourigan

Mission and Social Justice Team

The Mission and Social Justice Team is asking for donations, made out to Ruby's Pantry Coppertop (or FUMC with "Ruby's Pantry" in the memo), to go towards the purchase of the forklift necessary for the operation of this ministry that blesses hundreds of people in our community each month with food. All churches participating in Ruby's Pantry at our FUMC location are donating to make this possible. Any donation is much appreciated. Thank you!

Confirmation

First year—7th & 8th grades

(this year we are moving the start of confirmation to 7th grade, so for one year we will have a class of 7th & 8th grade students)

Second Year—9th grade and any high school students who haven't been confirmed

Important orientation for all students and parents. Please attend one of these orientation meetings:

- Wednesday, September 4, 6:30-7pm (Fireside Lounge)
- Sunday, September 8, 11:30am-noon (Fireside Lounge)

Confirmation at FUMC is a two-year spiritual exploration with the purpose of providing our young people a safe, nurturing environment to connect with God, the church, each other, and themselves. It is a time for them to build a spiritual foundation for their lives. For some it is the beginning of a journey of faith; for others it is a continuation of that journey. It is an opportunity to actively think about what they believe and why. It is a time of questioning and discovering. Pastor Jeanine and the other confirmation leaders are looking forward to spending time with these students as they travel this journey together!

Over the two years, students will reflect on key Biblical stories and teachings. The youth will explore science and Scripture, talk through social justice issues, and look at how Scripture is both human and divine. Young people will discover how to connect their faith with their daily lives and will explore what it means to be a United Methodist Christian.

You will receive additional information by email and in the mail.

For additional information, contact Pastor Jeanine Alexander, 218-727-5021, pastor@fumcduluth.com

New or Gently-Used Children's Books Needed

The Big Red Bookshelf project is looking for new or gently-used books appropriate for children from birth through third grade reading level. The project is a community resource originally provided by United Way of Greater Duluth, then by Duluth Children's Museum, and now administered by the Lincoln Park Children and Families Cooperative. Volunteers have been delivering 50-60 books per week to the Lincoln Park site. Children are invited to take a book home to keep, share, and enjoy! If you are cleaning out bookshelves or want to purchase new books, you may bring them to the church office, and Nancy Eaton will deliver them to the volunteer working with the project.

Our Fears Fall From Us

74th Annual

ROUNDUP

FRIDAY NIGHT
4:30 Registration
5:00 AA Meeting
7pm AA Speaker, Tracy B. (Eden Prairie, MN)
Ice cream social and fellowship to follow

SATURDAY
8:00 Pancake Breakfast
10:00 AA Speaker Antonette F. (Chisholm, MN)
12:00-4:00 AA Meetings, Al-Anon Workshop, Panels, Talking Circle, 4th Step Workshop & 9th Step Workshop
5:30 Al-Ateen Speaker
6:00 Al-Anon Speaker, Kit S. (Minneapolis, MN)
7:30 AA Speaker, Dave B. (Winnipeg, MB)

OCTOBER 4th-5th, 2019
at First United Methodist
Coppertop Church
230 E Skyline Pkwy, Duluth, MN
duluthroundup.org

Registration

Mail registration form with U.S. funds to
PO Box 16771
Duluth, MN 55816-0771

round up tickets (\$20)
of tickets _____

donate a ticket (\$20)
of tickets _____

Pick up tickets at the registration desk at
First United Methodist Church
Registration starts at 4:30 p.m. Friday

Name _____
Address _____
City, State, Zip _____
Amount Enclosed _____

Sustainability

Sustainability Group to Meet September 15

The FUMC Sustainability Group will meet in the library right after the service on Sunday September 15. Short meetings (less than one hour) are held on the second Sunday of each month, right after the service.

All are welcome to this enthusiastic group that works (and plays) towards making our church more sustainable and responsible in terms of care for the environment. Accomplishments over the past year include switching to china or compostable dinnerware, reducing or eliminating the use of polystyrene and plastic, composting food waste and other organic materials, and changing from plastic to fabric or oil cloth tablecloths. We also now ask outside groups that use our church facilities to follow these same practices.

Together we try to respond to the call to care for all of God's creation. Come listen and share ideas on Sunday, September 15.

Say “NO!” to Single-Use Plastic

Last month I took the Plastic-Free-July challenge. It was a global challenge asking individuals to refuse single-use plastic. The hashtag *#Plasticfreejuly* signified the challenge on social media, which included signing my name on *www.plasticfreejuly.org*

A challenge to refuse single-use plastic means planning ahead. I packed my lunch the night before work. One night I thought about packing yogurt, but that was in a single-use plastic container, so I didn't. I did use plastic. I used Rubbermaid containers for my sandwich and sliced apples. Also, I packed silverware in a smaller cloth bag. I made sure to pack a water bottle and a traveling coffee mug, as sometimes I like to treat myself at Caribou Coffee. My husband, Terry, usually does the grocery shopping. He is on board with using cloth and canvas bags. He's not on board with everything I do, but he knows that single-use plastic is a waste which will be around for years and years. He prefers the cloth bags to paper or plastic.

We took a trip to St. Paul and packed coffee mugs and water bottles. Terry wanted to get an ice cream treat at Cossetta's in downtown St. Paul. I saw that it was served in a paper container and wanted to be a good companion, so I said yes to the treat. But I was soon disappointed when I was handed a little plastic spoon. The damage had been done—they had given it to me. So I learned my lesson: I need to tell the workers ahead of time that I don't want a plastic spoon and keep my spork packed in my purse.

This month, think about where you eat and how they serve the food. Is there a less wasteful option?

~Naomi Yaeger, UMC Earthkeeper

Two Bishops Offer Plan for Denomination's Future

Two bishops propose turning The United Methodist Church into an umbrella organization for new, self-governing church groups that would offer different approaches on ordination of gay clergy and same-sex unions. Michigan Conference Bishop David Bard and Texas Conference Bishop Scott Jones began collaborating on a plan after the rancorous 2019 General Conference and shared it with United Methodist News in July. “We both envision a future where the church will focus on its mission of making disciples and spend less time and energy debating issues of human sexuality, which means we need to bless different parts of The United Methodist Church to be about the mission in their own ways,” Jones said.

“The denomination has faced conflict for more than four decades over theological differences regarding

Duluth PRIDE '19

**Hospitality Ministry
welcomes you to celebrate
with our LGBTQ friends
and allies.**

Show your colors!

Invite your friends and family!

Wear your Coppertop shirt!

PRIDE Festival

Saturday, August 31

Bayfront Park, 11am–7pm

- Stop by the Coppertop festival booth
- Meet and greet friends
- Get a drink for your friendly, well-behaved pet
- Donate water for hot, thirsty people
- Sign up to staff our booth
- Welcome booth visitors with joy and love
- Answer questions about our church
- Invite people to join us for worship

PRIDE Sunday, September 1

- Worship at FUMC, 10am
 - Wear your Coppertop shirt!
 - Drop a donation for booth rental in the offering plate anytime. *Please write PRIDE on your check or pew envelope.*
 - PRIDE Parade in Superior, 12pm
 - Watch and cheer as the parade glides down Broadway and Banks, proceeding down Tower Avenue, ending at the alley entrance of the Main Club
 - March with area congregations.—arrive at Broadway and Banks to line up by 11:30am
 - Volunteer signup in the Narthex.
- T-shirts for sale Sundays in the Narthex and Monday-Friday, 9am-4pm, in the church office.
For more information contact Jessie Skumatz, Coppertop PRIDE Coordinator, jskumatz@yahoo.com.

FUMC to Participation in PRIDE Activities on Labor Day Weekend

First UMC, in support of the LGBTQ community, will again host a booth at the Pride Festival in Duluth's Bayfront Park on Saturday, August 31, and march in the PRIDE Parade on Sunday, September 1. Sign-up sheets will be located in the church Narthex for anyone wishing to volunteer for either or both events.

All church members and PRIDE activity participants are encouraged to purchase their "A Place for Everyone, No Exceptions" t-shirts to show our church's support for full inclusion of all people. A table is set up in the Narthex with t-shirts that come in sizes from youth medium to adult 2XL. Shirts are \$10 for youth and adult small sizes,

and \$12 for adult sizes M to 2XL.

For questions or further details on either event, please contact Jessie Skumatz at

jskumatz@yahoo.com.



—Bishops, continued from page 6

homosexuality. The 2019 General Conference, held Feb. 23-26 in St. Louis [MO] reinforced restrictions on LGBTQ ordination and same-sex unions, but also led to protests and resistance by many churches across the U.S.”

Under the Bard-Jones plan, titled “A New Form of Unity: A Way Forward Strategy 2019-2022,” a conference would choose to join one of three groups the bishops are tentatively calling the Traditional Methodist Church, the Open Methodist Church, and the Progressive Methodist Church.

The Traditional Methodist Church would begin with a Book of Discipline that includes the Traditional Plan, which passed by a vote of 438 to 384 at the 2019 General Conference and strengthened enforcement of restrictions on LGBTQ ordination and same-sex unions.

The Open Methodist Church and Progressive Methodist Church would begin with a Book of Discipline modified to include the Simple Plan as presented in St. Louis. That plan called for eliminating restrictions on same-sex unions and on ordination of gay persons as clergy, as well as removing the church’s official position that homosexuality is “incompatible with Christian teaching.” Under the Bard-Jones proposal, the Progressive Methodist Church’s Book of Discipline would be further modified to affirm clearly the full inclusion of LGBTQ persons in marriage and ordination candidacy.

The Open Methodist Church and Progressive Methodist Church might choose to be one group, the bishops say. The two or three churches would each decide on a name (“Methodist” isn’t required to be part of it), and each would hold its own General Conferences, with complete freedom to revise its Book of Discipline.

To see the entire article, visit www.umnews.org and enter the title from this story in the search bar.

Sunday Drivers Needed

Do you have extra room in your car on Sundays? Are you looking for simple ministry opportunities? FUMC is looking for a few more drivers for our Sunday morning riders. Help us get those who can no longer drive themselves to Sunday worship. We rotate driving shifts throughout the month so no-one drives every weekend. If you are interested in this opportunity or would like more information, contact the office at 727-5021 or info@fumcduluth.com, or Karl Lindgren at kleolind@gmail.com.

Openings in Handbell Groups

There are openings in two of our handbell ensembles this year. Sometimes all it takes is someone to ask, "Are you interested in this amazing and enriching art/sport?"



We would love to have you join us. If you are interested, or if you know someone who would like to be volunteered, take action.

Ringtones: 3+ spots available. This is a group designed for 2nd-6th graders. Knowing how to read some music is helpful, but we will teach everything you need from the beginning.

Class Ring: 2+ spots available. Class Ring is for 7th-12th grade musicians. Knowing how to read music is important, but we will teach you all the handbell stuff.

Contact Bill Alexander, bill@strikepoint.com

Music at FUMC



Join us! There's a place for you!

Our music groups are gearing up for a great fall and we're always looking for new people to participate in this important part of our church life. There is joy to be shared through music!

JAM & the Peanut Butter Band and JAM Jr. Rev. Cynthia Coffin-Langdon leads two "fun-with-music" groups on Wednesdays. JAM & the Peanut Butter Band (2nd-6th graders) meets at 5pm, and JAM Jr. (babies -1st graders, with parents) meets at 5:30pm.

Handbells. Our handbell program is led by Bill Alexander and is a graded program offering fellowship, challenge, and sharing of talents for worship and outreach. The individual choir schedules are:

- **Ringtones** (kids starting at 2nd grade), Wednesdays at 5:30pm
- **Class Ring** (grades 7-12), Wednesdays at 7:45pm
- **Cast in Bronze** (adults), Wednesdays at 6:45pm
- **Strikepoint** (concert ensemble), Sundays at 11:30am

Tapestry. Tapestry is a worship band with both instrumentalists and singers. Led by Rev. Cynthia Coffin-Langdon, Tapestry rehearses on Wednesdays at 6:30pm.

Sanctuary Choir. Mike Goodlet leads our Sanctuary Choir, which provides music for worship in a variety of styles from classical to gospel. The choir rehearses on Wednesdays at 5:45pm.

Special Music. There are many opportunities for instrumentalists and vocalists of all ages to provide special music at First UMC throughout the year. Velda Bell coordinates this area of ministry.

Rehearsals begin on Wednesday, September 4, for Tapestry and the Sanctuary Choir and Wednesday, September 11, for the JAM groups and handbell choirs.

For more information, please contact the director of the individual group or Velda Bell, Director of Music Ministries.

Velda Bell: 218-727-5021, music@fumcduluth.com

Rev. Cynthia Coffin-Langdon: 218-260-3114, pastorcynthiacf@gmail.com

Bill Alexander: 218-729-8434, bill@strikepoint.com

Mike Goodlet: 218-409-3479, mgoodlet69@gmail.com

Welcome New FUMC Member

In the last issue of First Family, we inadvertently left off Marj Provo's name. It didn't take long for other FF readers to notice the omission. Our apologies to Marj, and a sincere, although delayed, welcome to First UMC.

Marj transferred from Plymouth UMC, lives at Mt. Royal Pines, and is a long-time Methodist.

Fall Roast Beef Dinner

Join us for the Fall Roast Beef Dinner on Thursday, October 10. It's the best meal in town! Look for volunteer opportunities, coming soon to the church website, Facebook, and weekly bulletins. **Volunteer signups begin Sunday, September 8.**

~Cindy Hedlund,
schedlund@gmail.com,
218-348-2634

Annual UMW Coppertop Craft, Bake, and Book Sale

Save the Date!

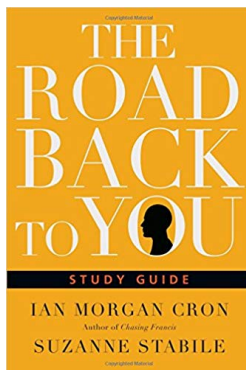
The annual United Methodist Women (UMW) Coppertop Craft Sale is scheduled for Saturday, November 9, 9am-2:30 pm. More than 50 area crafters will offer handmade



items in booths throughout the lower level of the church. A sale of gently-used books will be held in the Library. In addition, hot cinnamon rolls will be available at 9am and a sloppy joe lunch begins at 11am. A perennial favorite, Nam Lee's egg rolls, will also be available for sale.

More than 100 dedicated volunteers are needed to offer this well-organized sale to the public. Proceeds of the craft sale benefit ministries to women and children, both in Duluth and worldwide. Proceeds of the book sale go to purchase new materials for the church library.

Fall Book Study



Our fall book study will be a five-week discussion of *The Road Back to You* by Ian Morgan Cron and Suzanne Stabile. This book has the potential to open your eyes to your own personality and help you zero in on your own unique strengths and weaknesses through the lens of the Enneagram. The Enneagram is an ancient personality type system (similar to the Myers-Briggs Personality Inventory, but with an additional spiritual component) that describes with uncanny accuracy how human beings are

wired, both positively and negatively. Knowing about your Enneagram type can be transformational in your relationship with yourself, with others, and with God.

Sign-up sheets will be available in mid-August, and books are available for purchase (suggested donation \$15). Classes will be facilitated by Rev. MaryAnne Korsch and will rely on practical information, relevant illustrations, and discussion.

Dates/Times: Monday nights, September 16, 23, and 30; and October 7 and 14, 6-7:30pm

Contact: Rev. MaryAnne Korsch
Maryanne.korsch@gmail.com
218-343-8813

Northland Fall Writers Conference

The St. Croix Writers and Wisconsin Writers Association are pleased to announce the Northland Fall Writers Conference, September 28, in Solon Springs, WI. Registration begins at 8:30am, at the Solon Springs Community Center, 11523 S. Business Highway 53, Solon Springs, WI.

The conference is designed for you, writers and readers. During this exciting and eclectic day, we will explore and learn about several genres of writing, plus examine the benefits of professional editing for your manuscripts. This full-day conference includes opportunities for you to purchase books by regional authors in a vendor area.

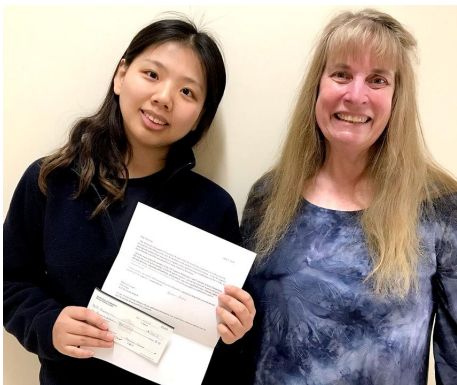
Keynote speaker Brian Freeman, international best-selling thriller author, will present "Thrill Seeker: A Writer's Life in the Northland." Freeman is well-known for his strong, complex characters, including Jonathan Stride, Frost Easton, and Cab Bolton, with the Stride detective series set in Duluth. Brian's books are sold in 46 countries and translated into 22 languages. He lives and writes in St. Paul, MN.

For more information, including registration fees, go to stcroixwriters.blogspot.com or contact Debra King, sunnycovestudio@gmail.com

American Association of University Women Dorothy Anway Scholarship

In honor of Dorothy Anway's lifelong activism and service on behalf of women, AAUW Duluth Branch has established a scholarship for 2019.

Presentation to an outstanding University of Wisconsin-Superior undergraduate math major was made in August.



Dayeong Lim, a senior at the University of Wisconsin-Superior, majoring in computer science and minoring in mathematics, received a \$1,000 honorarium from members of the Duluth Branch of the American Association of University Women, given in memory of former AAUW Board Treasurer, Dr. Dorothy Anway. The honorarium was presented to Lim by AAUW Educational Funds Chair Marilyn Toscano along with Dr. Allen Anway.

From Our Faith Community Nurse

"Dream Small" by Josh Wilson

It's a momma singing songs about the Lord.
It's a daddy spending family time,
that the world said he cannot afford.
These simple moments change the world.

It's a pastor at a tiny little church,
forty years of loving on the broken and the hurt.
These simple moments change the world.
Dream small—don't bother like you've gotta do it all.

Just let Jesus use you where you are, one day at a time.
Live well, loving God and others as yourself.
Find little ways where only you can help.
With His great love, a tiny rock can make a giant fall.
Dream small.

It's visiting the widow down the street
or dancing on a Friday with your friend with special needs.
These simple moments change the world.
Of course, there's nothing wrong with bigger dreams.

Just don't miss the minutes on your way,
your bigger things, no;
'Cause these simple moments change the world,
So dream small.

Keep loving, keep serving, keep listening, keep learning,
Keep praying, keep hoping, keep seeking, keep searching,
Out of these small things watch them grow bigger.
The God who does all things makes oceans from rivers,
So dream small.

Source: LyricFind

I will be holding sessions in the fall on advance directives in the East Lounge on October 13 and October 20.

Thank you! ~Linda Wiig

Thank you for your condolences

Char and I thank the many pastors, laity, and congregations that sent condolences on the recent death of my father, Robert (Bob) Ough. We are so appreciative of your thoughtfulness, support, and prayers. My father lived a long, good and faithful life, and we rejoice that because Christ lives, he lives. Thank you, dear friends.

~Bruce & Char Ough

Bruce Ough is bishop of the Dakotas-Minnesota Area of The United Methodist Church, where he has served since September, 2012.

2019 Fall Roast Beef Dinner

Thursday, October 10, 2019

4:30–6:30pm

To volunteer, sign up after/before worship beginning Sunday, September 8

Tickets will be available for sale and/or to take and to sell

Opportunities to help

- Sunday, September 22, Before and after worship
8am-noon **Cookie Day**, Bake chocolate chip cookies to sell during the dinner. We need cookie dough made before baking. Chocolate chip cookie recipe available to take home—make a triple batch, bring the dough on Sunday, September 22, and leave it in the kitchen refrigerator.
- Wednesday, October 9, 9am-noon **Apple Crisp Day**
Peel apples
Set tables
Bake apple crisp (9am-2pm)
- Thursday, October 10, all day—**Dinner Day**
 - 7:30-9:30am Trim beef, and wash dishes
 - 9:30-11:30am Prepare coleslaw, gravy, and coffee
 - Noon-4:30pm Set the tables with pickles and bread; fill coleslaw cups and butter; prepare the drive-thru serving area with bags and rolls; fill waters and coffee pots
 - 2-4:30pm Cut apple crisp and put on tables
 - 2-7pm Meat cutter, potato maker, gravy maker, corn maker, dishwashers
 - 4-7pm Dining room servers, plate fillers, carry-out/drive-thru runners and fillers, cooks, dishwashers, traffic controllers, greeters, and youth runners
 - 3-7pm Drive-thru servers & prepare delivery meals and clean up in the drive thru room
 - 7-9:30pm Clean-up crews in dining room, drive-thru area, pie room, kitchen and dishwashers, sweeping and mopping of all floors, putting away decorations and tables

If you show up at different times, we will find a job for you!

Other ways to help

- Sell dinner tickets— take 10 tickets and sell to family, friends, and co-workers, or treat your staff or your helpful neighbors.
- Flyers—Post flyers around your work (available at volunteer sign-up table).
- Facebook/email—Invite friends to dinner via Facebook and email.
- Prayers—Pray for a God-filled successful event.

This is a fundraiser. Please purchase a ticket in advance or at the door and enjoy the meal before or after your shift. (Youth enjoy the dinner, compliments of FUMC.)

Something for everyone —ALL ages can participate! Childcare will be provided from 4-9pm (Sign up at volunteer sign-up tables.) All volunteers *please park on the day care side of the building or at the MN DOT parking lot and walk over* (if volunteering between 3:30-7pm).

Reminder Postcard—When signing up to volunteer, you can bring a reminder postcard home or have one mailed to you. You can fill out the postcard with your address and bring a stamp (or money for one), and we will mail it closer to the date.

Donation Needed—Long anti-fatigue mat for the drive thru/carry out room (around \$250) and money to cover the cost of dinner (\$12) for our youth and community service volunteers (approximately \$240 total). If interested, please contact Cindy Hedlund 218-348-2634 or write a check to FUMC with “for Roast Beef Dinner donation” in the memo line. You can place it in an offering plate or send to the church office.



First United Methodist Church

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Our Regular Weekly Schedule

This calendar includes only those events open to church members or the general public. Other events are scheduled in the building, but not listed.

Sundays (August 18 - September 1)

9:00am High School Hangout - CW
10:00am Worship - S
3:30pm T'ai Chi - Rm 104
7:00pm Eating Disorders Anonymous - Lib

Sundays (Starting September 8)

9:00am Faith Forum - FSL
9:00am High School Hangout - CW
10:00am Worship - S
10:15am Sunday School - TBC & Classrooms
11:30am Strikepoint - BR
3:30pm T'ai Chi - Rm 104
7:00pm Eating Disorders Anonymous - Lib

Mondays

Noon Gamblers Anonymous - Lib
3:30pm Spirit Yoga - TBC
5:00pm Downbeats - EL
7:00pm Whole Birth Yoga - TBC

Tuesdays

5:00pm T'ai Chi - Rm 105
6:00pm Gamblers Anonymous - Lib
6:00pm Mama Yoga - TBC

Wednesday Evening Activities (Starting September 11)

5:00pm JAM - TBC
5:30pm JAM Jr. - TBC
5:30pm Bible Explorers - Rm 105
5:30pm Ringtones - BR
5:45pm Sanctuary Choir - EL
6:30pm Tweens - Rm 112
6:30pm Confirmation - FSL
6:30pm Tapestry - S
6:45pm Cast in Bronze - BR
7:45pm Class Ring - BR

Thursdays

9:00am Faithfully Fit - EL
6:00pm T'ai Chi - Rm 104

Fridays

8:00am Men's Study Group - FSL
9:00am Alcoholics Anonymous - TBC

Saturdays

9:00am T'ai Chi - Rm 104

Calendar may change—check www.fumcduluth.com for updates.

One Time & Day by Day

Monday, August 19

5:30pm Ruby's Pantry Steering Committee - FSL

Tuesday, August 20

7:00pm Church Council - EL

Wednesday, August 21

6:00pm Outdoor Worship - Park Point Pavilion

Tuesday, August 27

6:00pm Quilters Guild - LSH

Thursday, August 29

5:30pm Finance Committee - Lib

Saturday, August 31

Pride Festival - Bayfront (See page 7)

Sunday, September 1

11:30am Pride Parade - Superior (See page 7)

Monday, September 2

Labor Day, Church Closed

Tuesday, September 3

10:00am Writers Group - Lib
5:30pm Hospitality - FSL

Wednesday, September 4

10:00am UMW Board Meeting - Lib
6:30pm Confirmation Orientation - FSL
5:45pm Sanctuary Choir Rehearsal - EL
6:30pm Tapestry - S
6:45pm Pick-up Handbell Rehearsal - BR

Thursday, September 5

5:15pm Trustees - FSL

Sunday, September 8

11:30am Confirmation Orientation - FSL

Monday, September 9

UCare Mobile Dental Clinic
7:00pm Priscilla Circle - FSL

Tuesday, September 10

UCare Mobile Dental Clinic
10:00am Writers Group - Lib
2:00pm Loud Laughing Ladies - FSL
5:30pm SPRC - Lib

Wednesday, September 11

UCare Mobile Dental Clinic
9:30am Prayer Shawl Ministry - FSL
Wednesday Evening Activities Begin

Thursday, September 12

UCare Mobile Dental Clinic
2:00pm Medicare Class - Lib
6:30pm Amateur Radio Operators - LSH

Friday, September 13

UCare Mobile Dental Clinic

Saturday, September 14

6:00pm Youth Lock In - Lower Level

Sunday, September 15

11:30am Sustainability Group - Lib

Monday, September 16

10:00am Rachel Circle - FSL
6:00pm Fall Book Study (see page 9)

Tuesday, September 17

7:00pm Church Council - EL

Wednesday September 18

9:00am Scrabble - Lib
9:30am Naomi Circle - FSL

Thursday, September 19

4:00pm Ruby's Pantry - S, LSH
6:00pm Blue Star Mothers - FSL

Saturday, September 21

4:30pm Gift of Love - LSH

Sunday, September 22

11:30am New Members Class - FSL

Monday, September 23

5:30pm Ruby's Pantry Steering Committee - FSL
6:00pm Fall Book Study (See page 9)

Tuesday, September 24

2:00pm Loud Laughing Ladies - FSL
4:00pm Foundation - FSL
6:00pm Quilters Guild - LSH

Thursday, September 26

5:30pm Finance Committee - Lib
7:00pm Downbeats Friends & Family Concert - LSH

Friday, September 27

5:30pm Hedlund Wedding Rehearsal - S

Saturday, September 28

8:00am Handbell Reading Session - LSH
9:00am United Campus Ministry 50¢ sale - Hope UMC

Monday, September 30

6:00pm Fall Book Study (See page 9)

S	Sanctuary
CW	Club Wesley
BR	Bell Room
Lib	Library
TBC	Three Brothers Chapel
EL	East Lounge
LSH	Lakeview Social Hall
FSL	Fireside Lounge