



# First Family

*We welcome all people... are guided by the teachings and unconditional love of Jesus... are inspired to participate as faithful disciples of Christ.*

October 2019



## Sunday, October 27!

# Trunk or Treat



**During the Sunday School hour,  
there will be carnival games in  
Lakeview Social Hall.**

**After worship we will have a light  
soup-and-sandwich lunch followed  
by "Trunk or Treating"  
11:30am-12:30pm.**

**Come in your favorite  
(non-violent) costume.**

**This is a great event to share  
with friends. All are welcome!**

**First United  
Methodist  
Church**

**230 E. Skyline Parkway  
Duluth, MN 55811  
[www.fumcduluth.com](http://www.fumcduluth.com)**





## Our First Family

### To the FUMC Community From the Walsh Family

Where does one begin with thanks when you have done so much for so long? At every step of Kevin's long illness you were there, as individuals and as a congregation. With prayers and encouragement, hospital visits, gift cards, food, and a prayer shawl—in rhubarb colors! We were surrounded and upheld with your love and concern. You pretty much prayed up a miracle so that we could make it to our son's May wedding, between hospitalizations. And two months later, when we got stranded in Maine with the wrong oxygen tanks, twenty-eight of you volunteered to transport us from the MSP airport to Duluth. Twenty-eight!! There were many people with no church affiliation that attended Kevin's Celebration of Life services. You showed them what a faith community can be. And do. Pulling two beautiful services together on short notice, hanging up t-shirts, providing just the right music, donating socks for CHUM, serving refreshments, transporting food for a family gathering, digging up an old VHS tape of *Jesus Christ SuperStar*. (When Kevin was cast as Pilate, we joined the church.) And so much else that I didn't know about, or regretfully can't bring to mind right now. You showed up, and were present for each other. As

—continued on next page

## Wednesday Night Meals

A coordinator/cook is in place to purchase food, cook meals, and help clean up. Five or six volunteers will still be needed to assist with the meal preparation, serving, and clean-up, but will not have to plan or provide the meal ingredients. Compostable paper products will be used to ease cleanup. Sign-up sheets will be available for church groups/committees and individuals to volunteer to help with a Wednesday night meal of their choice. Hospitality Team members will follow up with phone calls to groups/committees and individuals as reminders and to fill in any vacant Wednesdays.

Unfortunately our new coordinator/cook will only be here through the end of October.

Anyone interested in this paid position (beginning in November), please contact either Cindy Hedlund, [schedlund@gmail.com](mailto:schedlund@gmail.com), 218-348-2634; or Mike Donahue, [mpcmdonahue@msn.com](mailto:mpcmdonahue@msn.com), 218-879-3456 or 218-343-3767.

## Wednesday Night Meal Menu

**October 2** Swedish meatballs/mashed potatoes, salad, broccoli, pear crisp

**October 9** *No meal, Roast Beef Dinner week*

**October 16** Chili, salad, cornbread, watermelon, caramel coffee cake

**October 23** Hot dogs/mac & cheese, salad, banana halves, cookies

**October 30** Pizza, salad, grapes, ice cream cups

## First Family

### First United Methodist Church

230 E. Skyline Parkway, Duluth, MN 55811  
218-727-5021      [Info@fumcduluth.com](mailto:Info@fumcduluth.com)

Pastor: Jeanine Alexander  
Editor: Bill Alexander

Next First Family Deadline: **October 16**  
Submit to [connect@fumcduluth.com](mailto:connect@fumcduluth.com)



[fumcduluth.com](http://fumcduluth.com)

—our first family, continued from page 2  
Kevin so frequently said, and proclaimed on his t-shirts: "We are all related." Thank you for being family.

~ Jean, Joe, Emily, Elise, and Micah

## Thank you

So often, we mark our heart with the loss of a loved one. Thankfully, over time, that mark of loss and grief softens and grows faint. But the concern, love, kind thoughts, and prayers demonstrated by this church as I traveled to be with Mom during her last months are indelibly marked on my heart.

Thank you for your concern, love, kind thoughts, and prayers during the time of her passing.

~Ron Yardley

## Church Lighting

A gift to light the church for the week of September 22 was made by Doreen Fegraeus, in memory of her husband Harald, who died September 25, 2016. Her donation will also support our children's ministries

A gift to light the church was given for the week of October 13 by Bill Alexander, in honor and memory of Cindy Alexander as her family celebrates and remembers her on her birthday. This gift will also support our handbell ministry, which she loved so dearly.

## Thank You

Not too many secrets make it past me, but as hard as it is to admit, I had no idea that the Sunday service was going to be interrupted to recognize me for 40 years as director of our handbell program. Thank you so very much. Nicely done!

~Bill Alexander

# Family News

## Children's Ministry, Ages Birth-6th Grade

Hi there everyone! I hope that your fall has gotten off to a good start! Back-to-school fall schedules can be a jolt to the system. I draw comfort in the routine and knowing what to expect. I hope that you think about including church into your plans. On Wednesday afternoons/evenings we have something for just about every age. If you haven't come to church on a Wednesday, try it out! Music with Cynthia starts at 5pm. Here are some things to look forward to in October. Questions/suggestions are always welcome.  
~Jojo 218-251-4388

## October

4-5—Fall Camp Amincon trip has been canceled due to low interest.  
9th—no Wed. activities or meals due to the Roast Beef Dinner on Thursday

13th—Corn Maze for Tweens and up, from 1-4:30pm.

27th—Trunk or Treat after worship—Come in your favorite (non-violent) costume. During the Sunday School hour, we will have carnival games in Lakeview Social Hall. After worship we will have a light lunch (soup & sandwiches) followed by "Trunk or Treating" at 11:30am-12:30pm. Great event to share with friends!

## Sunday School

If you haven't already done so, please fill out the yellow Sunday School form (which can be found in the back on the sign-up tables), and put it in the offering plate or bring to the office. This is the most up-to-date info we have for you and your child, and is required to be filled out every year.

We offer Sunday School during worship for 5th grade and under. Grades 1 and under should be picked up after church in their room (next to the Nursery). The older kids will be let out at 11:30, and they will come find you! The first Sunday the month (Communion Sunday), Sunday School will meet in the Chapel during worship for a whole group worship of their own (kids will join you before Communion). We will celebrate birthdays as well during that time. Make it a special point to be in church with your child on that day during their birthday month so we can celebrate with them. Please email Jojo ([Families@fumcduluth.com](mailto:Families@fumcduluth.com)) to let her know your child's birthday. We want to make sure the information in our files is correct.

## College Ministry

United Campus Ministry is partnering with Lutheran Campus Ministry to provide a time of worship Sunday evenings, 5-6:30pm. A short half hour devotional/worship is followed by a homemade

—continued on page 10



## Help Needed With Roadside Cleanup

Roadside Cleanup is **Saturday, October 5**. A group of volunteers, which could include you, will meet at the Faith Baptist Church parking lot (on the corner of Maple Grove and Midway Roads) at noon. It normally lasts until 2pm. Bring gloves and boots, and dress for the weather. We will supply the beautiful yellow vests! We hope you can join us! Please email Bill Alexander to reserve your vest, [bill@strikepoint.com](mailto:bill@strikepoint.com).

## Apple Sale in Church Parking Lot

On October 15 and 16 from 3-7pm, the Duluth Lions Club will again be using FUMC's parking lot for their apple sale. They'll be selling Cortland apples, picked one or two days earlier from the famous Hauser orchards in Bayfield. The price is \$12 for a peck or \$45 for a bushel. You can preorder by texting Daryl Harper at 218-591-4728. Pay at pickup or beforehand. Some extra pecks and bushels will be available if you don't preorder. Money raised by the apple sale goes to support the Lions' causes: diabetes, vision, hearing, childhood cancer, and youth.

## Lost & Found

Please check the Lost & Found area outside the church office for any items you may be missing. Remaining items will be donated after October 6.

## Mission and Social Justice



*Gordon Graner*

### Missionaries to Visit FUMC in October

Global Ministries



*Ardell Graner*

Please join us as we welcome Ardell and Gordon (Gordy) Graner back for a visit on October 28. The Graners are missionaries FUMC has supported for a number of years. Following 23 years in Bolivia, they have now served in the Dominican Republic since April 2013. At this time they are in the US for a few months in order to visit half of their sponsoring congregations to thank and update us on their adventures.

This opportunity to welcome, thank, and hear from the Graners will take place on Monday, October 28, 5-7pm in Lakeview Social Hall. The gathering will include a potluck (so please bring a dish to share), informal social time, and a presentation by the Graners, followed by an open discussion including a question-and-answer session.

The Graners are engaged in a multi-faceted, robust ministry in the Dominican Republic, including a fascinating solar oven ministry. So come and learn about solar ovens from Ardell and get additional insights from Gordy, who, a few years ago, was writing a book titled *"Why Lunatics Make Good Missionaries."* Do we suspect a sense of humor here? Come and find out for yourself.

~Karen Alseth, Mission and Social Justice Team

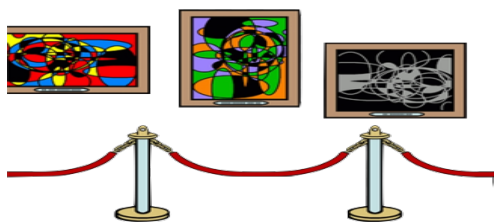


*Sunshine can also cook our food!*



## Welcoming Greeters Needed

Sunday greeters are needed from 9:45–10:05am for each of our three entrances—the front door, the east parking lot door, and the west parking lot door—to greet and welcome worshippers. Individuals, families, and friends are all welcome to volunteer for a Sunday or two. Please sign up in the Narthex using the sign-up sheets, or call Marlys Wolden, 728-3024; or Mike Donahue, 879-3456 or email at [mpcmdonahue@msn.com](mailto:mpcmdonahue@msn.com) to sign up or with your questions.



## Fireside Gallery Presentation

A new photo exhibit is on display in the Fireside Lounge. Allen Anway's work is featured in this display of his photos taken with a special large-format camera. Jay Cooke Park is the main subject of Allen's work. A newly-installed, donated, professional hanging system enhances this photo show and will make possible these temporary displays honoring the talents of our congregants.

## Priscilla Pickles

Priscilla Circle will be making Cassia Bud pickles on Monday October 14 starting at 4pm. Any help would be appreciated! Please contact Jessie Skumatz at 218-590-2287 with any questions.

## Strikepoint to Present First Christmas Fundraising Concert

Save the date! Strikepoint is beginning a new holiday tradition of a special fundraising concert on December 7 at 7pm. Invite your friends and neighbors for an evening of seasonal celebration as Strikepoint is joined by Velda Graham Bell and other friends. Kick off the holiday season with Strikepoint's trademark variety of festive music! Details and information about tickets will be coming soon.

FUMC members have always been Strikepoint's greatest supporters. Now the group is working to expand their visibility throughout the community with a special holiday concert that is designed to also raise funds for Strikepoint's future activities. Potential projects include new recordings, the purchase of additional bells and other equipment, increased lighting and sound capabilities, and other items to facilitate their proposed move to the next level.

One of the larger items on the list are seven bells that play a half-octave lower than our current lowest bell. In order to be able to actually lift and play them, the castings of these specialty handbells are made of aluminum. As with anything of this professional nature, they cost more than our normal operating budget could allow.

We hope you will be able to help this world-renowned handbell ensemble get to the next step while enjoying an evening of uplifting Christmas music.





The College of  
*St. Scholastica*

***Culturally and Spiritually  
Responsive Healthcare Conference***  
**Whole Person, Whole Community**

**Opening Lecture Thursday, October 24, 6 p.m.**

Advancing Equity by Culturally and Spiritually Transforming Ourselves  
and the Healthcare System

Presented by Maria Regan Gonzalez

**Conference Sessions Friday, October 25, 8:30 a.m. to 5:00 p.m.**

**Closing Lecture Friday, October 25, 6 p.m.**

Reawakening our Deep Ecological Health Wisdom Traditions for  
Community Health in the Twenty First Century

Presented by Sam Grant

**About the Conference:**

Culturally responsive, whole-person care  
will define the path of health care during  
the upcoming decade.

Visit [css.edu/forum](http://css.edu/forum) to learn more and  
register.



**\$40 for conference attendees, \$60 for  
those seeking CEUs, free for students, faculty and Sisters.  
Opening and closing lectures are free and open to all.**



# Changes Coming to CHUM Food Shelf

Exciting changes are coming to the CHUM Food Shelf through a program called SuperShelf. The mission of SuperShelf is to transform food shelves, creating welcoming environments for communities to access appealing, healthy food.

## Stocking standards

SuperShelf comes with standards for stocking healthy foods. It has always been important for the CHUM Food Shelf to provide healthful foods, and Scott Van Daele, CHUM's Director of Distributive Services, works hard to find more sources for fresh produce and whole grains such as brown rice, whole grain pasta, and oatmeal. They will offer a new "Cooking & Baking" section with oil, spices, and other ingredients so clients can get what they need to create nutritious, home-prepared meals.

## Ru Ridge Corn Maze

Join us for a trip to the Ru Ridge Corn Maze, located in Carlton, MN—just a 25-minute ride from Duluth

**Sunday, October 13, from**

**1:00–4:30pm**

**Cost: \$7**



Meet in the Coppertop parking lot at 1pm. Depending on how many youth want to go, we will need some adult chaperones/drivers. We will buy tickets when we get there. Eight-acre Corn Maze with scavenger hunt, hayride, petting zoo, pumpkin painting, kids' ninja course, and other games. There are concessions, horse rides, and vegetables for sale at an additional cost. We will return to Coppertop by 4:30pm.

*This is an area-wide United Methodist event and open to youth (and friends) in grades 4-12. Younger kids are welcome, but must be accompanied by a parent. Please RSVP by signing up at church or contacting Rev. Cynthia Coffin-Langdon (pastorcynthiacl@gmail.com or 218-260-3114) by Oct. 10.*

## Physical makeover

SuperShelf aims to create a welcoming, positive grocery store-like experience for clients. Behavioral economics are used to make the healthiest choices the most appealing and easy to choose. To accomplish these goals, several changes are planned for the shopping area. It will be expanded and arranged for better flow. New shelves, paint, signs, and cleaning will brighten the space.

## Timeline

Tentative dates for the physical transformation are at the end of October, during which time the downtown food shelf will be closed. They will be posting sign-up sheets for volunteers to help with tasks such as moving shelves, moving stock, cleaning, and painting. The timeline may need to be adjusted, but the new shopping area should be open by Thanksgiving!

If you have questions, feel free to contact Scott at the Food Shelf, [svandaele@chumduluth.org](mailto:svandaele@chumduluth.org), or Linda Erdahl, [lerdahl@umn.edu](mailto:lerdahl@umn.edu), our local SuperShelf consultants.





# United Methodist Church Readies for 2020 General Conference

## From the press release from the UMC.org website

The theme selected for the 2020 General Conference will be "... and know that I am God," based on Psalm 46:10. A logo to accompany the theme is being designed by United Methodist Communications. The Dakotas-Minnesota Area host team reported that a website with volunteer opportunities and information about the local area has been created at [gc2020welcome.org](http://gc2020welcome.org). To show hospitality, the local host committee intends to greet every delegate, invited guest, bishop, and spouse with a handmade purple scarf. United Methodists in Minnesota and the Dakotas were invited to help knit or crochet the scarves. Support for the project far exceeded the goal, with between 13,000 and 14,000 scarves made for the occasion.

The program committee wrapped up their work on the schedule for the 2020 General Conference, which begins at 2pm on Tuesday, May 5. Each day will begin with worship and will adjourn by 6:30pm, with the exception of Saturday, May 9, when legislative committees may meet until 9:30pm. Highlights of the schedule include the Episcopal Address and the Young People's Address on May 6, and the Laity Address on May 7.

## About General Conference

General Conference is the top policy-making body of The United Methodist Church. The assembly meets at the beginning of each quadrennium to consider revisions to church law, as well as to adopt resolutions on current moral, social, public policy, and economic issues. It also approves plans and budgets for church-wide programs for the next four years. General Conference 2020 will take place May 5-15, 2020, at the Minneapolis Convention Center in Minneapolis, MN.

# Minnesota and Dakotas United Methodists to Host General Conference

If you are looking to help at General Conference in May, the Minnesota and Dakotas United Methodists have created a website, [gc2020welcome.org](http://gc2020welcome.org), to welcome all delegates and to organize hundreds of volunteers. To show hospitality, the local host committee intends to greet every delegate, invited guests, and bishops and spouses with handmade purple scarves. The website

has this to say about volunteering opportunities:

## Volunteer Opportunities—2020 General Conference, Minneapolis, MN

Volunteering at General Conference 2020 (May 5-15) will provide a tremendous opportunity to see the United Methodist connection up-close and extend hospitality to siblings in Christ from around the world. The Dakotas-Minnesota host team is looking for volunteers of all ages, interests, and abilities. The team's primary goal is to extend radical hospitality to guests so that they feel welcomed and safe, and can focus their full attention on participating in the gathering and discerning God's vision and direction for our denomination.

You can now indicate interest in volunteering with the Dakotas-Minnesota host team. Most host team volunteers will select three-hour shifts during the ten days of General Conference. There will also be opportunities to help with General Conference preparation and training prior to the event itself.

## Here are some of the volunteer positions needed:

### Airport

**Greeters:** Greeting visitors in the baggage claim area, helping them gather their luggage, bringing them to a hospitality station, and escorting them to their transportation pick-up point.

**Drivers:** Driving a circulator van or bus from the airport to downtown Minneapolis hotels and the Convention Center and/or assisting guests using this transportation.

## Hotels

**Greeters:** Greeting guests, answering questions, providing directions, and helping them get acclimated—particularly during the peak arrival and departure dates—at several key downtown Minneapolis hotels.

## Convention Center

**Greeters:** Helping guests find their way around, answering questions, and assisting registration volunteers in providing credentials.

**Prayer room hosts:** Praying with and/or assisting guests who stop by a designated prayer room.

**Technology specialists:** Helping to install and maintain computers and other electronic equipment used throughout the event.

## Other

**Skyway guide:** Greeting and answering questions of those walking the skyways between buildings in downtown Minneapolis (General Conference attendees and general public).

**Off-site venue hosts:** Being on location for and assisting with group leisure or service project events organized for conference attendees.

**Translators:** Working with guests who speak other languages—particularly French—as they make their way around and get acclimated to the city.

### Administrative support:

Assembling materials for guests in advance of their arrival.



## Sustainability

### Spiritual Composting

Gardeners can give you many good reasons to compost, but have you ever thought of composting as a spiritual practice? I am thankful on a daily basis that food scraps can be broken down and turned back into soil. I am filled with gratitude, not guilt, that forgotten leftover casseroles and expired cans of beans are not wasted, but returned to the Earth for enrichment. Lots of quick prayers go into my compost bucket.

Need help getting started? The Sustainability Team will be selling boxes of compost bags (\$5 for 20 three-gallon bags) after the service on Sunday, October 13. Members will share their composting experiences. Pick up a WLSSD brochure for a listing of free, city-wide dropoff sites.

If there is enough interest, we will continue to sell bags on the second Sunday of every month, right after the church service, just before our monthly Sustainability Team meeting in the Library. All are welcome.

~Jean Walsh, Sustainability Team

## Thank You from the Ruby's Pantry Committee



Americas Rural Foodbank

Ruby's would like to thank the Coppertop congregation for your donation to help purchase a new forklift. Your donation allows for the forklift to be paid for in full. Our old forklift had served us well for eight years; however, it was starting to have issues. The tires weren't good on ice, and there were times we had to unload the truck by hand when the forklift wasn't working. Come and see us at work. We are a great outreach to our community.

~ Ruby's Pantry Committee

## From Pastor Jeanine

It has come to our attention that another scam email has gone out saying it is from Pastor Jeanine with a fake e-mail address, telling people she has an urgent need to get a gift card to a cancer patient and wanting you to do that, or needing you to assist her with something discreetly. Please remember: If ever Jeanine/church asks you for money or gift cards, we will always have you turn the money/gift cards in to the church office—we will never ask you to send it anywhere else.

—Family News continued from page 3

cooked dinner (for \$1.00) provided by area churches. ANY college-age person is welcome to attend! We will play board games after dinner if anyone wants to hang out. For more information contact Jojo, 218-251-4388

## Young Engaged Adult (YEA) Ministry

This is for the 40-and-under crowd, with or without children, college or not! If you are a young adult, we would love to gather and be a community of faith for one another. Let's meet at Bulldog Pizza on November 2 at 2:30pm and get to know one another. For those that are interested, we can go to the UMD women's hockey game or volleyball game after lunch. Both games start at 4pm. Cost would include splitting lunch and a ticket to the game. Let me know what you are interested in doing! If you have children, maybe we can have them play and split the cost of a babysitter or two? Contact Jojo to RSVP so we can reserve a spot and perhaps get tickets ahead of time. Jojo, 218-251-4388 or [Families@fumcduluth.com](mailto:Families@fumcduluth.com).

## FUMC at UMD

Mark your calendars for a UMD women's hockey game on Friday night, November 1 at 7:07pm. Our FUMC contingent will sit together and cheer UMD on against St. Cloud. Tickets will be available in the church office for only \$1. This event is co-sponsored by the 2X2 Couple's Club and Hospitality Team.

## From Our Faith Community Nurse

The time is coming. Your time is coming. Everyone's time to die will come. Death is a part of life, a part of love, and a part of us all.

### Advance Care Planning

Many of us want to hide from the inevitable, but alas, we should prepare. Thus, Advance Care Planning (ACP) is an important part of life. It is an ongoing process which

should ideally begin at the age of 18 and be revised throughout one's life. 82% of people say it's important to put their wishes in writing, but only 23% have actually done it.

Two sessions on ACP will be held, on October 13 and on October 20, in the East Lounge, from 11:20am to 12:30pm. These sessions will introduce you to an advance directive, why you should have one, who should be your proxy, what matters to you, and (the most important aspect of this document) the conversations you have with your family, loved ones, and your healthcare provider. The goal of these conversations is to have everyone on the same page regarding your wishes, should your ability to communicate become impaired.

We will discuss how to start these conversations, knowing that what is communicated via stories and wants and needs is a gift. Sarah Key writes, "When I hear other people's stories, I like to believe they contribute to my 'Encyclopedia of Human Experience.' The stories I hear help me to expand my definition of what love is, what pain feels like, what sacrifice means, and what laughter can do." When sharing laughter occurs, we know that it affects the body—even the anticipation of laughter shifts our internal chemistry, reducing stress hormones and increasing T cells that help fight diseases. Endorphins are released which lessen distress. It is very true that laughter is good medicine.

I hope you can join the discussion and attend one of the sessions. Follow-up times can be decided at the end of the above sessions to meet in a group setting or individually.

"If we live, we live to the Lord, and if we die, we die to the Lord; so then, whether we live or whether we die, we are the Lord's." Romans 14:8

**Coming Up:** The next Blood Drive is scheduled for Dec. 3, 2:30–6pm. Save the date. New donors are much appreciated. See me if you have questions.

~Linda Wiig





# To be sustainable you must think ahead: Let's think Halloween

Last newsletter I wrote about avoiding single-use plastic, especially during eating events and grocery shopping. Have you become more cognizant of the single-use plastic you use? Becoming aware is the first step. Another critical step is to be organized and think ahead. A person is more likely not to follow their values when they are hungry, crunched for time, or stressed.

So let's think ahead to Halloween. Will you decorate, wear a costume, or somehow celebrate? In the past few years, more and more plastic inflatable ghosts, ghouls, and giant pumpkins have popped up in neighbors' yards. But where does that vinyl or plastic go when it's no longer needed? What about the energy it takes to keep the giant pumpkin or ghouls pumped up?

Making ghosts made from old sheets, with a ball for a head and twine around the base of the head, is a more sustainable way to decorate a porch or a tree. Kids can use pillowcases for trick-or-treating.

"Although they are tempting, avoid the pull of cheap plastic decorative items," say the writers of *ExistGreen.com*. "There are plenty of natural materials to use for decor. Examples include sticks, dried corn on the cob, gourds, even dryer lint! Avoid painted pumpkins—you don't want those nasty chemicals mixed in with your compost."

A real bale of hay, corn stalks, and homemade scarecrows or monsters can all go back to the earth as compost.

Western Lake Superior Sanitary District is accepting yard waste (Minnesota law MN Statute 115A.931 prohibits yard waste in the garbage since 1990). You may take your yard waste to Courtland Street off Interstate 35 at 27th Avenue West and the waterfront in Duluth. For more information, visit [www.wlssd.com/services/yard-waste](http://www.wlssd.com/services/yard-waste).

~ Naomi Yaeger, Earthkeeper, UMC

**First United Methodist**  
THE COPPERTOP CHURCH DULUTH, MN

THURSDAY, OCTOBER 10<sup>TH</sup>  
4:30-6:30PM

**Fall  
ROAST BEEF  
Dinner**

Roast beef, mashed potatoes & gravy, corn, coleslaw, dinner roll and apple crisp!

ADULTS: \$12  
CHILDREN: \$6  
(UNDER 12)

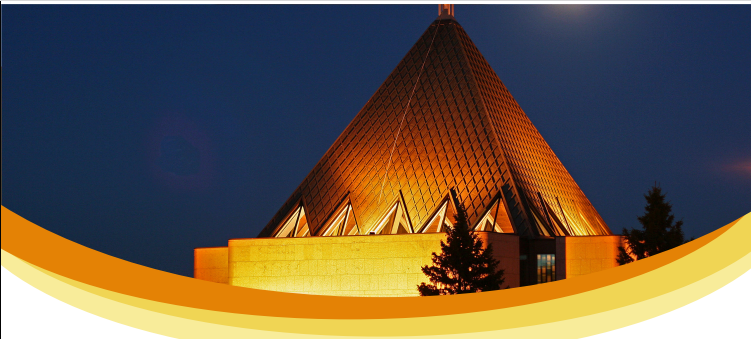
DINE IN  
CARRY OUT  
DRIVE THROUGH



**October 10**  
4:30 - 6:30 pm

Come back in the Spring! Thursday, April 23, 2020

FIRST UNITED METHODIST CHURCH • 230 E SKYLINE PARKWAY



**THE COPPERTOP  
CRAFT, BAKE, & BOOK SALE**

FIRST UNITED METHODIST CHURCH, 230 Skyline Pkwy, Duluth

SATURDAY, NOVEMBER 9, 2019  
9:00 a.m. to 2:30 p.m.

\*\*\* Please park at MNDOT and enjoy our free shuttle service \*\*\*

More than 50 area crafters offering handmade gifts!

- Jewelry
- Accessories
- Woodcraft
- Stained Glass
- Knitted Items
- Sewn Items
- Ceramics
- Home Decor
- Novelties
- Linens
- Children & Doll Clothes
- Much More!

Hot Cinnamon Rolls at 9:00 a.m.  
Nam Lee's Egg Rolls  
Sloppy Joe Lunch begins at 11 a.m.

Brought to you by the United Methodist Women of the First United Methodist Church.  
All proceeds benefit ministries to women & children in Duluth and worldwide.  
For more information, please call the church office: 218-727-5021



## First United Methodist Church

First Family (USPS 349-210) is published monthly by First United Methodist Church, 230 E. Skyline Parkway, Duluth, MN 55811-2799. Periodicals postage is paid at Duluth, MN 55806.

### Volume 53, Number 9

POSTMASTER: Please send address changes to First Family, 230 E. Skyline Parkway, Duluth, MN 55811-2799.

## Our Regular Weekly Schedule

*This calendar includes only those events open to church members or the general public. Other events are scheduled in the building, but not listed.*

### Sundays

9:00am Faith Forum - FSL  
9:00am Nursery - 106  
10:00am Worship - S  
10:15am Sunday School - TBC and Classrooms  
11:30am Strikepoint - BR  
3:30pm T'ai Chi - 104

### Mondays

12:00pm Gamblers Anonymous - Lib  
3:30pm Spirit Yoga - TBC  
5:00pm Downbeats - EL  
5:30pm Whole Birth Yoga - TBC  
6:30pm Sinfonia - LSH  
8:00pm Eating Disorders Anonymous - Lib

### Tuesdays

5:00pm T'ai Chi - 105  
6:00pm Gamblers Anonymous - Lib  
6:30pm Mama Yoga - TBC

### Wednesday Evening Activities

4:15pm Child Care - 106  
5:00pm JAM - TBC  
5:15pm Dinner - LSH  
5:30pm JAM Jr. - TBC  
5:30pm Bible Explorers - 105  
5:30pm Ringtones - BR  
5:45pm Sanctuary Choir - EL  
6:30pm Tweens - 112  
6:30pm Confirmation - FSL  
6:30pm Tapestry - S  
6:45pm Cast in Bronze - BR  
7:45pm Class Ring - BR

### Thursdays

9:00am Faithfully Fit - EL  
6:00pm T'ai Chi - 104

## Calendar may change—check [www.fumcduluth.com](http://www.fumcduluth.com)

### Fridays

8:00am Men's Study Group - FSL  
9:00am Alcoholics Anonymous - TBC

### Saturdays

9:00am T'ai Chi - 104

## One Time & Day by Day

### Tuesday, October 1

10:00am Writers Group - Lib  
5:30pm Hospitality - FSL  
7:00pm Organ Committee Meeting - FSL

### Wednesday, October 2

10:00am UMW Board Meeting - Lib

### Thursday, October 3

5:15pm Trustees - FSL  
6:00pm Aspenwood Annual Meeting - LSH  
6:00pm Blue Star Mothers - EL

### Friday, October 4

Duluth Round Up

### Saturday, October 5

Duluth Round Up  
12:00pm Roadside Cleanup - Hermantown

### Monday, October 7

6:00pm Book Study - EL

### Tuesday, October 8

10:00am Writers' Group - Lib  
2:00pm Loud Laughing Ladies - FSL  
5:30pm SPRC - Lib

### Wednesday, October 9

Apple Crisp Baking  
9:30am Prayer Shawl Ministry - FSL  
*No Wednesday Night Activities*

### Thursday, October 10

4:30pm Roast Beef Dinner - LSH  
6:30pm Amateur Radio Operators - S

### Saturday, October 12

9:00am Community Healing Circle - TBC

### Sunday, October 13

11:20am Health Care Directives - EL  
11:30am Sustainability Group - Lib  
1:30pm Ru Ridge Corn Maze, Carlton

### Monday, October 14

4:00pm Priscilla Circle - K  
6:00pm Fall Book Study - EL

### Tuesday, October 15

3:00pm Lions Club Apple Sale - Parking Lot  
7:00pm Council - EL

### Wednesday, October 16

9:00am Scrabble - Lib  
9:30am Naomi Circle - FSL  
3:00pm Lions Club Apple Sale - Parking Lot

### Thursday, October 17

4:00pm Ruby's Pantry

### Sunday, October 20

11:20am Health Care Directives - EL  
11:30am New Members Class - FSL

### Monday, October 21

10:00am Rachel Circle - FSL  
5:30pm Ruby's Pantry Steering Committee - FSL  
6:30pm Duluth Monarch Buddies - Lib  
8:00pm Eating Disorders Anonymous - FSL

### Tuesday, October 22

9:00am Garden Fall Cleanup  
11:30am Garden Appreciation Lunch - EL  
2:00pm Loud Laughing Ladies - FSL  
6:00pm Quilters Guild - LSH

### Thursday, October 24

10:00am Bible Study - EL  
5:30pm Finance Committee - Lib

### Sunday, October 27

11:30am Trunk or Treat - Parking Lot

### Monday, October 28

5:00pm Graner Missionary Visit - LSH

### Thursday, October 31

*Halloween*  
10:00am Bible Study - EL

S	Sanctuary
CW	Club Wesley
BR	Bell Room
Lib	Library
TBC	Three Brothers Chapel
EL	East Lounge
LSH	Lakeview Social Hall
FSL	Fireside Lounge