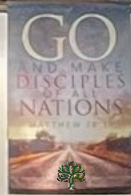


# First Family

*We welcome all people... are guided by the teachings  
and unconditional love of Jesus... are inspired  
to participate as faithful disciples of Christ.*

**October 2023**



## **FUMC Pipe Organ Project**

### *Progress We Can See*

(story on page 8)

**First United  
Methodist Church**

230 E. Skyline Parkway  
Duluth, MN 55811  
[www.fumcduluth.com](http://www.fumcduluth.com)



## Our First Family

### Baptized on September 17:



Ryu Hatfield Lemae, born June 29, 2020, and Kai Lani Lemae, born August 13, 2022. Their parents are Sarah and Wetner Lemae.

**Thank you** to our lawn mowers this summer: Dan Morgan, Tim Zager, and Terry Wallin.

### Dear FUMC family,

I truly don't know what people do when they don't have a church family that wraps their arms around you and holds you close when a loved one passes away. It is difficult to find words that express my gratitude for all of the kindness and support that has been given to me and my family since Kent passed away. He would be honored. The Lord bless you and keep you all.

~Mary Giese and family

### Baptized on August 27, Hazel Rae

Trout, born October 23, 2022.

Hazel is the daughter of Emily and Tyler Trout and the sister of Avery Trout. Her



grandparents are Terry and Patty Wallin, and Phil and Kellie Trout, and her great-grandparents are Dick Wallin and Mary Trout.

—continued on page 3

## On the Journey With You

In a September sermon on Abraham, and God's call for us to loosen our grip of control and trust God, I included the portion below. Several of you asked for a copy of it, so I am including it here. Trusting can be hard, but it is a core component of our spiritual life.

When we say "CONTROL," God often says "TRUST."

**We say,** "I don't want to be uncomfortable, so I'm going to take action NOW."

**God says,** "Be still, and know that I am God."

**We say,** "I have so much on my mind that I can't sleep; I'm overwhelmed with stress."

**God says,** "Cast your burden upon me, and I will give you rest."

**We say,** "This is what I want to accomplish, accumulate, and do with my life."

**God says,** "Give your agenda to me; let my will, not your will, be done."

**We say,** "I've messed up; I've failed," and we lose our sense of peace and well-being.

**God says,** "You are my beloved; I forgive you and will help you."

**We say,** "We don't have enough money or people or other resources to do what we'd like to do."

**God says,** "I will give you all the resources you need to do all I'm calling you to do."

*We speak of scarcity. God speaks of abundance.*

**We say,** "I'm going to make them pay for hurting me."

**God says,** "Pray for those who persecute you."

**We say,** "I'm going to prove that I'm right—that I'm a good, honest person."

**God says,** "Let your actions speak for you."

**We say,** "CONTROL."

**God says,** "TRUST ME."

I'll end with inspiration from *Proverbs 3:5-6* to help us as we seek to

## First Family

### First United Methodist Church

230 E. Skyline Parkway, Duluth, MN 55811

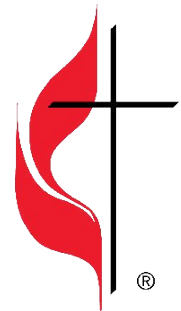
218-727-5021 [Info@fumcduluth.com](mailto:Info@fumcduluth.com)

Pastor: [Jeanine Alexander](#)

Editor: [Bill Alexander](#)

Next First Family deadline: **October 18**

Submit to [connect@fumcduluth.com](mailto:connect@fumcduluth.com)



[fumcduluth.com](http://fumcduluth.com)

loosen our grip of control, and trust God more: "Trust in the Lord with all your heart, and lean not on your own understanding. Acknowledge God in all your ways, and then God will make your paths straight."

On the journey with you,  
~Pastor Jeanine

---

—our first family, continued from page 2

**We mourn the loss** of Patricia St. John to our congregation. Patricia passed away on August 21. Cards of sympathy and love may be sent to Susan St. John Moe at 656 Everett St., Duluth, MN 55803.

**A huge THANK YOU** to everyone who donated school supplies! Our teachers and school staff had so many options to choose from. We are so very grateful and blessed, and our students are using the materials you so generously donated. Extra materials were donated to Companies to Classrooms.

~All teachers and school staff

**Thank you so much** to our congregation for so generously donating school supplies for FUMC members who are teachers. The wonderful remaining items are now at Companies to Classrooms, where teachers from Duluth, Superior, and 13 surrounding school districts come to shop once a month for free supplies. Your generosity and thoughtfulness are making a difference for so many students!

~Carolyn Schroeder  
Volunteer Store Manager  
[c2cduluth.org](http://c2cduluth.org)



## Worship in October

**There are three ways to participate in worship this fall:**

- 10am, live in our Sanctuary on Sundays (we hope you choose this one when you can—there is something wonderful about being in person with others, and you get a doughnut and coffee)
- 10am livestream service on Sundays as worship is taking place
- Anytime afterwards on YouTube. Please make worship a soul destination this year!

**Sunday, October 1, World Communion Sunday** – We will continue our sermon series, *Spiritual Guides*: "Looking at ESTHER."

**Sunday, October 8** – Dr. Molly Marshall, president of United Theological Seminary, will preach. Pastor Jeanine and Rev. MaryAnne will lead worship. Baptism.

**Sunday, October 15** – Bible presentation to three-year-olds, 3rd grade, and confirmation students. We will also conclude our sermon series, *Spiritual Guides*: "Looking at DAVID."

**Sunday, October 22** – we begin a new sermon series called *5G Faith*: "#1: The Great Commandment."

**Sunday, October 29, Trunk-or-Treat Sunday** – *5G Faith*: "#2: The Great Proclamation."



# Halloween at the Coppertop

**There will be Halloween games in  
Lakeview Social Hall during  
10:00am Sunday School.**

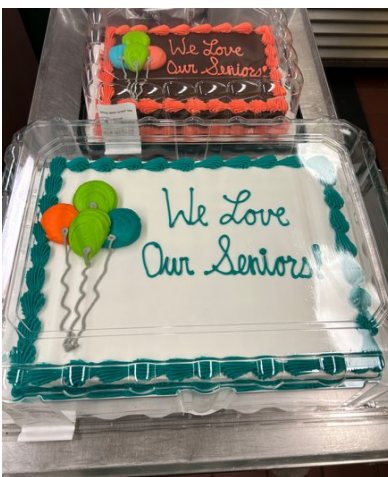
**Trunk-or-Treat  
11:30–12:30, Sunday, October 29  
West Parking Lot**

*This is a great event to share with friends. All are welcome!*

- *Come in your favorite (non-violent) costume.*
- *Sign up to hand out candy from your car (from your decorated trunk).*
- *Donate candy to be handed out.*

## Senior Event Recap

In September we had a Seniors' lunch with about 55 people in attendance. There was a pasta meal with cake, and everyone got a swag bag. Derek Bromme and Rev. MaryAnne Korsch led a hymn sing. Pastor Jeanine and Larry led Bingo with prizes. It was a great time together.



## Ardath Gibson Scholarship

On Sunday, August 27, the Ardath Gibson Scholarship was awarded to Erin Wiig and Rhonda Montavon. The Ardath Gibson Scholarship Selection Committee found these two individuals exceeded the criteria established by the Gibson family. All the candidates had impressive applications and are encouraged to apply next year.

The Memorial Funds Committee would like to thank Allen Anway, Carrie Moe, Rebecca Peterson, and Sandy Smith, as led by Chair Keith Ball, for their commitment of time.

Congratulations, Erin and Rhonda!

## Kick-off Wednesday—and Away We Go!

Kick-off Wednesday, September 13, was an exciting day in the life of FUMC. It was a time to come back together after a summer away from all the wonderful classes, activities, and musical ensembles we have. It was also a time to try new things and stretch our comfort and knowledge zones.

There was a food truck serving dinner; music rehearsals; youth gatherings; Jam and Jam Jr. playing musical games, singing, and playing drums; homework being completed in the Library; and friends coming together to celebrate all we have to offer at FUMC.

If you are interested in joining one (or more) of the adult and children choirs and handbell groups our church is known for, there are always openings. Please feel free to contact any of our music staff. Their contact information can be found on the last page of this newsletter. Even if you have never played handbells or sung in a choir, you will be welcomed. We don't just have directors—we have educators.



# Family News

## Youth (Grades 6-12) in October

### Wednesday, October 4

- 6:30pm – Confirmation Class – Come anytime from 6–6:30pm for supper. *Youth who are not in confirmation may hang out in the youth room.*
- 7:45-8:45 – Class Ring (youth handbells) – Contact Bill Alexander, 218-340-4100, if interested. He says that there are still a few openings.

### Thursday, October 5

Help with the Roast Beef Dinner (contact Cindy Hedlund to sign up at 218-348-2634)

### Wednesday, October 11

- Come anytime 6:00-6:30pm for supper
- 6:30-7:30pm – Help with the Tweens in Lakeview Social Hall
  - 7:45-8:45pm – Class Ring

### Sunday, October 15

- Lunch and Alpine Coaster – After church until about 2pm, \$15 per person, and friends are welcome. Please sign up by Sunday, October 8 (tickets are limited).

### Wednesday, October 18 – No groups

### Wednesday, October 25

- Come anytime 6:00-6:30pm for supper
- 6:30-7:30pm – Bingo
  - 7:45-8:45pm – Class Ring
- Friends always welcome*  
*Text Pastor Jeanine with any questions*  
*763-443-0570*

## Children in October (nursery-5th grade)

### Sundays, October 1, 8, 15, and 29

10:00am – Sunday School

**October 1** – World Communion Sunday – Flag processional (plan to come a few minutes early for worship and have your child pick a flag)

**October 15** – Bibles will be presented to three-year-olds, 3rd grade kids, and older kids who haven't yet received one. Please let Pastor Jeanine know if you want your child to receive a Bible.

**October 22** – No Sunday School – Activity bags are provided for you during worship along with a sermon contest for kids.

### Sunday, October 29

- 10:00am – Halloween Events! – **Halloween Games** during the 10am Sunday School time in Lakeview Social Hall.
- 11:30am-12:30pm – **Trunk-or-Treat** in the west parking lot. Come in your favorite (non-violent) costume. This is a great event to invite friends!

### Wednesdays, October 4, 11, and 25 (No groups October 18)

- 5–8pm – Nursery care available
- 5–5:30pm – Jam Jr. Music: nursery–2nd grade in the chapel, including Bible learning
- 5–5:40pm - Ringtones Bells – 3rd–5th grade
- 5:40–6:05pm - JAM Music: 3rd-5th graders singing/drumming
- 5:30–6:00pm – Supervised play time for 2nd grade and under
- 6:00–6:30pm – Dinner (salad, fruit, veggie bar, bread, peanut butter, and noodles)
- 6:30–7:30 – Tweens Group, October 11 and 25, Lakeview Social Hall – (2nd–5th grades)

*Friends always welcome.*  
*Text Pastor Jeanine with any questions*  
*763-443-0570*

## Bible Presentations

On Sunday, October 15 during our 10am worship service, Bibles will be presented to three-year-olds, four- and five-year-olds who haven't received Bible as a three-year-old, 3rd graders, 4th and 5th graders who haven't received a 3rd-grade Bible and confirmation students. Please let Pastor Jeanine, [pastor@fumcduluth.com](mailto:pastor@fumcduluth.com), know if you would like to have your child receive a Bible. If you cannot be in worship on October 15, we will find an alternative way to present the Bible to your child.

# From Our Faith Community Nurse

Nearly half of American adults have high blood pressure. I want you to be aware of the new blood pressure numbers and what they mean. Blood pressure categories for 2023 have been lowered.

As you may know, blood pressure is recorded as two numbers:

**Systolic** blood pressure (the first number) indicates how much pressure your blood is exerting against your artery walls when the heart contracts.

**Diastolic** blood pressure (the second number) indicates how much pressure your blood is exerting against your artery walls while the heart muscle is resting between contractions.

Typically, more attention is given to systolic blood pressure as a major risk factor for cardiovascular disease in people over 50. In most people, systolic blood pressure rises steadily with age, due to the increasing stiffness of large arteries, long-term buildup of plaque, and an increased incidence of cardiac and vascular disease. However, either an elevated systolic or an elevated diastolic blood pressure reading may be used to make a diagnosis of high blood pressure.

## Blood Pressure Categories

The five blood pressure ranges, as recognized by the American Heart Association, are:

**Normal:** Blood pressure numbers of less than 120/80 millimeters of mercury (mm Hg) are considered within the normal range. If your results fall into this category, stick with heart-healthy habits like following a balanced diet and getting regular exercise.

**Elevated:** Elevated blood pressure is when readings consistently range from 120-129 systolic and less than 80 mm Hg diastolic. People with elevated blood pressure are likely to develop high blood pressure unless steps are taken to control the condition.

**Hypertension Stage 1:** Hypertension Stage 1 is when blood pressure consistently ranges from 130 to 139 mm Hg systolic or 80 to 89 mm Hg diastolic. At this stage of high blood pressure, health care professionals are likely to prescribe lifestyle changes and may consider adding blood pressure

medication based on your risk of atherosclerotic cardiovascular disease, such as heart attack or stroke.

**Hypertension Stage 2:** Hypertension Stage 2 is when blood pressure consistently is 140/90 mm Hg or higher. At this stage of high blood pressure, health care professionals are likely to prescribe a combination of blood pressure medications and lifestyle changes.

**Hypertensive Crisis:** If measured at 180/120 mm Hg, wait five minutes and retake. If it remains elevated, call your health provider.

If you are experiencing chest pain, shortness of breath, back pain, numbness/weakness, change in vision, or difficulty speaking, do not wait to see if your pressure comes down on its own. Call 911.

BLOOD PRESSURE CATEGORY	SYSTOLIC mm Hg (upper number)		DIASTOLIC mm Hg (lower number)
NORMAL	LESS THAN 120	and	LESS THAN 80
ELEVATED	120 - 129	and	LESS THAN 80
HIGH BLOOD PRESSURE (HYPERTENSION) STAGE 1	130 - 139	or	80 - 89
HIGH BLOOD PRESSURE (HYPERTENSION) STAGE 2	140 OR HIGHER	or	90 OR HIGHER
HYPERTENSIVE CRISIS (consult your doctor immediately)	HIGHER THAN 180	and/or	HIGHER THAN 120

Lowering your systolic number by 10 mm Hg can reduce the risk of several conditions, including a 17% reduction of coronary heart disease, a 27% reduction of stroke, and 28% reduction of heart failure.

Blood pressure checks at church will resume on the first Sunday of the month. More information about exercise, diet, medications, etc., can be found on the [American Heart Association](https://www.heart.org) website. Information will be available at blood pressure check times, too.

## Medical Supplies:

**Attention!** At this time we will NOT be accepting any further medical supplies. I will let you know when we will begin collecting again. Thank you to everyone who has donated to this ministry.

If you are in need of a commode, toilet seat riser, walker, crutches, or canes, I have a supply of items which you can use. Just leave a message in the main

office for me.

Thank you,  
Blessings for All,  
~Linda Wiig

*CPR training with AED practice will be held in October by Linda Wiig. Signup sheets with dates and times will be in the Narthex. This is not a certification class, but a class in which you will know what to do and be able to respond with a practiced hand to a cardiac event. Everyone should know what to do! Do you know where our AED is located? if not, find it!*

## Roadside Cleanup

This year's Fall Roadside Cleanup will be held on Saturday, October 14, from noon to 2pm.

FUMC has committed to caring for a two-mile section of Maple Grove Road, from Lindahl to Solway Roads.

You should dress for the weather, have boots appropriate for walking in ditches, and gloves. We will supply the trash bags. We'll also supply safety vests—so scary that cars will be terrified of you!

We hope you will be able to help with this important project. It really makes a difference. Contact Bill Alexander, [bill@strikepoint.com](mailto:bill@strikepoint.com).

## FUMC Book Sale November 18 9:00–3:00pm

You can start dropping off books in the East Lounge beginning Sunday, November 12. PLEASE, NO damaged books, VHS or cassette tapes, encyclopedias, or textbooks.

To volunteer, contact Jean Walsh, [jmbwalsh@gmail.com](mailto:jmbwalsh@gmail.com).

Volunteers are needed for setup on Thursday and Friday, November 16 and 17, and for the day of sale, November 18.

## EarthKeeper

### Greening Halloween: Navigating the Environmental Impact of Costumes and Pumpkins

By Naomi Yaeger, UMC EarthKeeper

Do you have fond memories of Halloween? I certainly do. I recall a Batman costume my mother lovingly sewed for me and a makeshift spookhouse my brother and I created in our basement. To enhance the eerie atmosphere, we incorporated tumbleweeds and the haunting music from *Jaws*. Our showpiece in the basement? A life-sized Herman and Lily Munster tucked into a double bed. (Let's just say one of my brother's friends decided never to return to our house.)

As we embrace the spooky season, it's essential to recognize that October marks the start of the consumerism season, ushering in Thanksgiving and Christmas. It's also a time when more clothing is purchased than any other period between Halloween and Valentine's Day. Halloween, a beloved holiday for many, is cherished for its costumes and trick-or-treating traditions. In 2022 Americans collectively poured a jaw-dropping \$10.14 billion into Halloween celebrations, as reported by the National Retail Federation. However, beneath the festive veneer lies a truly chilling concern: the excessive waste generated by this holiday. On average each Halloween enthusiast is estimated to shell out approximately \$100 on costumes, candy, decorations, and greeting cards. While the joy of donning costumes is undeniable, it's crucial to acknowledge that a substantial portion of these pre-made Halloween outfits are crafted from polyester—a material derived from oil. Aside from being non-

—continued on page 9



UNIVERSITY OF MINNESOTA EXTENSION

## FALL BULB & PLANT SALE

### Extension Master Gardeners

2300 bulbs and 28 varieties of specialty tulips, narcissi, hyacinth and allium. Assorted house plants, succulents, demonstrations & expert advice.

**Saturday, October 7  
9 am to 12 pm**

Salem Lutheran Church  
4715 Hermantown Road



# Music Notes

by Velda Graham Bell, Director of Music Ministries and Organist

## Sanctuary Organ Update

If you've been in our Sanctuary recently and looked at the balcony, you have certainly seen changes! Our new organ pipes were delivered on September 13 and by the end of the week, much of the Violone pipes were attached to the balcony wall along with their windchests. The sweeping design looks absolutely



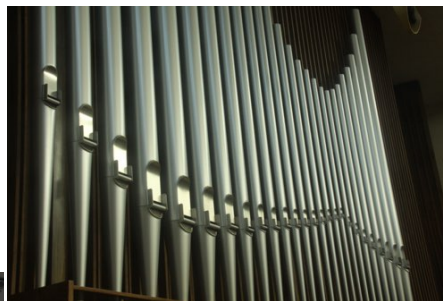
stunning! As of this writing, the pipes are not hooked up yet but may



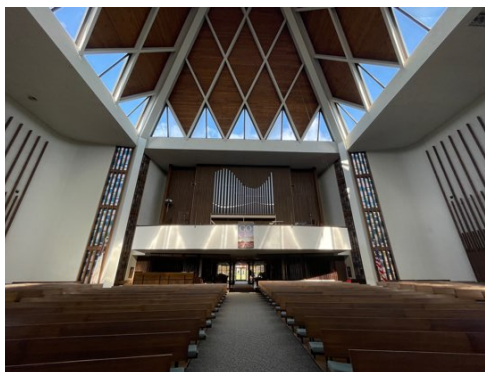
be by the time you are reading this issue of *First Family*. In addition, a new flute and oboe rank were also delivered. They will be installed within the organ chamber and will not be visible.

Many thanks to the individuals who helped move the pipes

from the delivery truck to the Sanctuary, as well as the crew who moved the heavy windchests up to the balcony.



~FUMC Organ Committee



## Music, Music, Music

It is never too late to join one of our music groups! There is a place for you, whatever your age or level of experience. All it takes is a joyful heart! For more information, feel free to contact Velda Graham Bell, Director of Music Ministries, [music@fumcduluth.com](mailto:music@fumcduluth.com), or 218-393-4006, or the individual director of a particular group. You can find their contact information on the last page of this newsletter.

## TPWO Brass Concert at FUMC October 1

The Twin Ports Wind Orchestra Brass

Ensemble will be presenting their first concert of the 2023-2024 season in our Sanctuary on Sunday,

October 1 at 3pm. This concert,



titled "Classical Brass" will feature the brass section of the ensemble with a wide variety of selections including, "Fanfare to La Peri," "Procession of the Nobles," "Mars" from *The Planets* and much more exciting music. The concert will be led by our own Dr. Mark Whitlock, who is the artistic director and conductor of the Twin Ports Wind Orchestra. This concert is free and open to the public. There will be a free-will offering during the performance.





—*EarthKeeper, continued from page 7*  
 biodegradable, these polyester fabrics are unfriendly to the skin and intended for single-use, destined to be discarded. Shockingly, it takes a staggering 200 years for a typical Halloween costume to decompose fully. But costumes are not the sole environmental culprits during Halloween; even the unassuming pumpkin plays a role in this ecological challenge. An estimated one billion pounds of pumpkins meet their unfortunate fate in landfills post-Halloween festivities, emitting harmful methane gases as they slowly decompose.

So as you prepare for Halloween, consider eco-conscious alternatives:



• **Thrift Shops:**

Explore second-hand stores for costumes, a treasure trove of unique and sustainable options.

• **Costume Creativity:** Keep an open mind and get creative. Modify, repurpose, or improvise with costume ideas, reducing the need for new polyester outfits.

• **Pillowcases** can be used instead of plastic jack-o'-lanterns.

• **Pumpkin Responsibility:** When it's time to bid farewell to your jack-o'-lantern, consider composting to minimize their environmental impact.

With mindful choices and sustainable practices, we can enjoy Halloween while reducing its environmental frights.

Naomi is a commissioned EarthKeeper with the United Methodist Church. Contact her at [sun\\_dog\\_press@yahoo.com](mailto:sun_dog_press@yahoo.com) or 218-591-5277.

# Trustees Tidbits

by Sue Marquardt, chair

Many projects have been happening here at FUMC!

- The flooring of the Lakeview Social Hall was replaced (including tile removal and asbestos abatement), and new baseboards were installed. Ron Yardley added a new wood panel to cover damage from a leaking water fountain.
- During rhubarb pie-making, it was discovered that the lower oven was broken on the Blodgett convection ovens. Research was done, and Tom Brown and Dave Johnson located parts and completed the repair.
- The new Children's Lounge was painted a bright color, and the carpet was cleaned.
- The new wheelchair lift arrived in September and has hopefully been installed by the time you are reading this. Due to COVID and issues with parts, this project took years to come to completion.



- A guardrail in the east parking lot was damaged last winter, and we have been waiting for a repair quote all summer. This will hopefully be repaired by the end of the year.



- New LED bulbs were installed in the main office and in Sandy Smith's office.

We will be setting our 2024 budget soon and will determine which projects will be taken care of next year.

# Time to Take in the Geraniums



# Faith Forum Fall 2023 Session

Faith Forum is a weekly gathering of folks seeking to learn more about their faith. Everyone is welcome to any or all sessions on Sunday mornings, 9–9:45am, in the Fireside Lounge.

## **September 17: How to Resist Amazon and Why:**

Linda and Tom Wiig will lead a discussion using questions from the book of this same title by Danny Caine. Learn more about the pros and cons of this internet-based business enterprise. What's the price of convenience?

## **September 24: Adopt an Apartment:**

CHUM staff member Diana Brooks-Hoff will show us how we as individuals or as a church community might help families who are moving into the Steve O'Neil Apartments, often with few or no personal belongings. Most of us have an excess of material goods. Find out what the residents need, and don't need and what FUMC might provide.

**October 1: Spiritual Meditation:** Throughout the ages, prayer and spiritual meditation have been used by people as a method of connection to a deeper level of meaning in their lives. "Be still and know that I am God." (Psalm 46:10). Marian Flammang leads us in a brief experiential sample of different forms of spiritual meditations that you may find useful to deepen your spiritual practices.

## **October 8: The Changing Role of Seminaries:**

Rev. Dr. Molly Marshall, current president of United Theological Seminary (Twin Cities), on changing roles in the 21st century: preparing leadership in compassion and justice agencies, assuming chaplaincy responsibilities, and being resources for ethics in business, among other more traditional roles.

## **October 15: The ERA—Forward to Fruition:**

Guest Jackie Falk takes us through the history of the Equal Rights Amendment in Minnesota and explains the current status of this initiative.

## **October 22: Sabbatical Year From Teaching:**

Pam Nelson shares with us her thoughts on a sabbatical year from teaching 8th grade math, how she ended up spending two weeks in Kenya, and what she learned along the way. Her photos of the trip will be on display this fall in the Fireside Lounge.

—continued on page 13

# The Roast Beef Dinner is Back!

The FUMC Fall Roast Beef Dinner returns on Thursday, October 5, from 4:30-6:30pm.

The dinner will be drive-through and pickup only, and will feature a delicious traditional roast beef with all the wonderful sides: corn, mashed potatoes and gravy, coleslaw, dinner roll, and homemade apple dessert.

The cost for the best roast beef dinner in town is \$15, and all proceeds will benefit FUMC ministries.

For additional information, contact Cindy Hedlund, 218-348-2634 or [schedlund@gmail.com](mailto:schedlund@gmail.com).

# The Coppertop Craft & Bake Sale Returns

We are excited to welcome back the Coppertop Craft & Bake Sale on Saturday, November 4, from 9am-2:30pm in Lakeview Social Hall and surrounding areas.

The event will feature more than 30 area crafters offering handmade gifts such as jewelry, woodcraft, children's and doll clothes, ceramics, novelties, accessories, stained glass, linens, home décor, knitted items, and much more!

Hot cinnamon rolls are available beginning at 9am, and lunch begins at 11am.

The Craft & Bake Sale is brought to you by the United Methodist Women at First United Methodist Church. All proceeds will benefit ministries to women and children in the Duluth area and worldwide.

Please contact the church office, 218-727-5021 if you have questions.



**First United Methodist**  
THE COPPERTOP CHURCH DULUTH, MN

230 E SKYLINE PARKWAY  
DULUTH, MN 55811  
218-727-5021

**THURSDAY, OCTOBER 5**  
**4:30-6:30PM**

**\$ 15**  
**PER MEAL**



## **Fall Roast Beef Dinner**

Roast beef, mashed potatoes and gravy, corn, coleslaw,  
dinner roll, and a homemade apple dessert!

**DRIVE-THROUGH PICKUP ONLY**

**THURSDAY, OCTOBER 5 4:30-6:30PM**

FIRST UNITED METHODIST CHURCH  
230 E SKYLINE PARKWAY, DULUTH MN  
218-727-5021

WWW.FUMCDULUTH.COM  
INFO@FUMCDULUTH.COM



*A Reconciling Congregation*

# The Coppertop Craft & Bake Sale

First United Methodist Church  
230 E Skyline Parkway  
Duluth, Minnesota

Saturday, November 4, 2023  
9:00am-2:30pm

More than 30 area crafters offering handmade gifts

- jewelry
- woodcraft
- children's clothes
- doll clothes
- ceramics
- novelties
- accessories
- stained glass
- linens
- home décor
- knitted items
- and much more!

Hot cinnamon rolls are available at 9:00am  
Lunch begins at 11:00am

The Craft & Bake Sale is brought to you by the United Methodist Women at First United Methodist Church. All proceeds will benefit ministries to women and children in the Duluth area and worldwide.

Please contact the church office, 218-727-5021  
if you have questions.

—faith forum, continued from page 10

**October 29: Sports Vis-à-vis**

**Religion and Politics:**

Brandon Veale, FUMC member and Duluth News Tribune writer, offers his thoughts on sports vis-à-vis religion and politics.

**November 5: What's New at Harbor House?**

Meet Krystal Brandstatter, new director of Harbor House, which offers the only emergency shelters for homeless families and single women in Douglas County.

**November 12: The Feminine Side of God:**

Anne Miller leads us in a discussion of the feminine side of God, based on the book *She Who Is: The Mystery of God in Feminist Theological Discourse* by Elizabeth A. Johnson.

**November 19: Earth Care From Home:**

***How to Waste Less Food in Your Own Home or Apartment:***

Get ready for the holiday season by learning and sharing specific techniques for wasting less food in your very own kitchen. Save money and feel better about personal consumption. Facilitated by Pat Miller.

***November 26: Thanksgiving Break***

**December 3: Gun Violence Prevention**

Maggy Emery from Protect Minnesota on gun violence prevention in Minnesota.

**December 10: Confirmation in process**

**December 17: TBD**



The poster features the title "Chum's Golden Gala" in a large, elegant cursive font at the top. Below the title, the date "OCTOBER TUESDAY | 17 | EVENING 2023" is displayed in a clean, sans-serif font. To the right of the date is the "50 Chum" logo, which includes the text "Food • Shelter • Dignity • Hope" underneath. The entire poster is framed by a decorative border with floral motifs in the corners. At the bottom center, there is a call to action: "Click Ad for More Information".

**Volunteers Needed for Craft & Bake Sale**

**The Coppertop Craft and Bake Sale will be held on Saturday, November 4, from 9am-2:30pm**

We are inviting members of our congregation to volunteer to help ensure another successful event of opening our church doors to members of our community and supporting over 30 local crafters.

Please feel free to contact any of the six Planning Committee members with questions and your offers to help:

- Linda Wiig: • Lunch and dining room helpers
- Donations of soda pop and bars
- 218-340-3343, [linda.wiig@hotmail.com](mailto:linda.wiig@hotmail.com)
- Larry Ehresman: • Setup and take down
- 218-260-9577, [LDETackle@aol.com](mailto:LDETackle@aol.com)

**Other needs are baked goods for the Bakery Room, parking lot workers, and greeters**

- Marilew Barnidge 218-830-8880, [mebbarn@gmail.com](mailto:mebbarn@gmail.com)
- Karen Alseth 218-390-3045, [kadal319@msn.com](mailto:kadal319@msn.com)
- Karen Morgan 218-576-7215, [kmorgan@d.umn.edu](mailto:kmorgan@d.umn.edu)
- Mary Ann Houx 218-348-0505, [maryannhoux@gmail.com](mailto:maryannhoux@gmail.com)

**Financial donations are welcomed. Thank you for considering volunteering for this fun event!**

# Mission and Justice Ministries

submitted by Sarah Maddy

*First United Methodist, Duluth joyfully serves as a Reconciling Congregation, building an inclusive community to share God's unconditional love with everyone.*



## Doctrine and Inclusiveness found in Joel 2:28-32



To welcome LGBTQIA people, writes Bishop Kenneth Carter, is not to abandon Scripture or doctrine. It is to hear the voice of God saying, "I will pour out my spirit on all flesh." Just as in former times, to welcome women as preachers was not to abandon Scripture or doctrine. It was to hear the voice of God saying, "I will pour out my spirit on all flesh." Just as in former times, to free slaves was not to abandon doctrine or Scripture, as these were most certainly taught at that time. It was to hear the voice of God saying, "I will pour out my spirit on all flesh."

Bishop Kenneth H. Carter, Jr., serves as resident episcopal leader of the Charlotte, N.C., Area of The United Methodist Church, which covers the Western North Carolina Annual Conference. [um-insight.net/perspectives/doctrine-and-inclusiveness](http://um-insight.net/perspectives/doctrine-and-inclusiveness)

## Strengthen your giving muscles with regular contributions to our neighbors in need

CHUM Wish List [chumduluth.org/wishlist](http://chumduluth.org/wishlist):



**Always needed:** Monthly bus passes, and gift cards for grocery stores, dollar stores, pharmacies, and gas stations. Women's hygiene products (pads and tampons), children's diapers (size 3 and up), laundry soap, toilet paper, paper towels, cleaning supplies, combs and brushes, and towels of all kinds.

**Lightly used and unstained furniture** for tenants, especially the ones just moving in: couches, beds, kitchen chairs and tables, large microwave ovens, and dressers.

**"Nonessential" furniture:** Comfy chairs, bookshelves, tables, and small dressers.

**For those living outside:** two-person tents (preferably with rain fly), zero-degree sleeping bags, rain tarps, winter gear (socks, jackets, hats, mittens), and \$20 gas station cards.

Drop off gift cards and small items in the church office, or deliver to the CHUM Admin Office at 102 W 2nd St. Duluth, MN 55812, Monday-Friday between 9am-4pm. Please knock on the door for assistance. To deliver furniture or other large items, please call 218-720-6521 for an appointment or an alternative drop-off site.

## For an easier lift:

- Use [CHUM's Amazon Wishlist](#) to have items sent straight to residents at the Steve O'Neil Apartments
- Become a monthly [CHUM donor](#)
- The Food Shelf is hoping that donations of money or food keep coming to keep up with the current demand. Any food will help, but most needed right now are canned fruit, canned tuna, and cereal.



CHUM is Duluth's primary safety-net organization where people who are homeless or who have very low incomes can come for assistance and a welcoming, safe community.

FUMC joins people of faith across the Twin Ports in making CHUM a primary focus of their local ministry.

# Pope Delighted with John Wesley Bobblehead

By Jim Patterson  
UM News



Tickling the funny bone of Pope Francis will likely be the fondest memory Ashley Boggan D. takes from the European Methodist

Historical Conference, despite all the important work that was accomplished.

During the pope's September 6 general audience at St. Peter's Square in Vatican City, Boggan D. presented the pontiff with a John Wesley bobblehead. "I was going to hand it to him and see if he would take it," she said. "He grabbed it, and this big smile just lit up his face, and he said 'Wesley. Methodistica,' and just started laughing."

At the September 6-9 "Methodist Mission at Home and Abroad" conference itself, there were presentations on mission work in the German colonial empire, China, Serbia, and elsewhere. The keynote presentation, "The Role of Deaconesses in Methodist Mission," was given by Priscilla Pope-Levison, research professor of practical theology at Perkins School of Theology at Southern Methodist University.

"The opportunity to get to know Methodists in the U.K., Austria, Germany, Russia, Italy, Hungary, and elsewhere in Europe is such a unique and valuable opportunity, particularly for someone from the U.S.," Pope-Levison said. "As an academic historian, I was interested in learning from the presentations, all of which provided me with new information and perspectives."

On Boggan D.'s way to front-row seats arranged for the pope's appearance, there was a shortcut through a castle used during the Spanish Inquisition. Boggan D., the top executive of the United Methodist Commission on Archives and History, also got to touch a sculpture by Gian Lorenzo Bernini and see the room where the 17th-

century artist slept while he was working on it. But handing a John Wesley bobblehead to the pope and making him chuckle with delight? Now that's memorable.

"He was holding the bobblehead and shaking it so that its head would bobble, and was just cracking up," Boggan D. recalled. "And so we all started laughing."

The prime seats Boggan D. and her party had for the audience with the pope were arranged by the [Rev. Matthew A. Laferty](#), director of the Methodist Ecumenical Office Rome.

The office is the presence of the World Methodist Council in Rome for ecumenical dialogue, joint action for peace and justice, prayer and reflection, and hospitality.

"I was able to arrange a number of meetings with Protestant and Catholic partners in Rome, including meetings at the Vatican," Laferty said. "The pope gives a religious teaching in St. Peter's Square each Wednesday to a large crowd. A handful of visitors are able to meet after the audience and our Methodist guests were granted the opportunity to greet the pope."



The pope is significant to all Christians, Boggan D. said, and especially to Christian historians. "When you teach Christian history, so much of it is dictated by the pope and the pope's religious authority and... perspective on the world and the

Christian mission in the world," Boggan D. said. "As a laywoman myself, Pope Francis... has done a lot of small things that really signal... an opening up of religious authority." For instance Pope Francis ended the tradition of the pope living in his traditional summer residence. "Pope Francis doesn't go there because he thinks it's too opulent, so it's been opened up as a museum... It really just shows kind of a respectable humility about the office that is incredibly admirable."



## First United Methodist Church

First Family (USPS 349-210) is published monthly by First United Methodist Church, 230 E. Skyline Parkway, Duluth, MN 55811-2799. Periodicals postage is paid at Duluth, MN 55806.

### Volume 57, Number 10

POSTMASTER: Please send address changes to First Family, 230 E. Skyline Parkway, Duluth, MN 55811-2799.

## Ministry Team

**Pastor** – Jeanine Alexander  
[pastor@fumcduluth.com](mailto:pastor@fumcduluth.com)

**Deacon** – Rev. MaryAnne Korsch  
[maryanne.korsch@gmail.com](mailto:maryanne.korsch@gmail.com)

**Director of Operations** – Sandy Smith  
[admin@fumcduluth.com](mailto:admin@fumcduluth.com)

**Faith Community Nurse** – Linda Wiig  
[nurse@fumcduluth.com](mailto:nurse@fumcduluth.com)

**Communications Director** – Bill Alexander  
[connect@fumcduluth.com](mailto:connect@fumcduluth.com)

**Director of Welcoming and Hospitality** – MaryGiese  
[welcome@fumcduluth.com](mailto:welcome@fumcduluth.com)

**Director of Music Ministries/Organist**  
Velda Graham Bell  
[music@fumcduluth.com](mailto:music@fumcduluth.com)

**Director of Handbell Ministries** – Bill Alexander  
[bill@strikepoint.com](mailto:bill@strikepoint.com)

**Sanctuary Choir Director** – Derek Bromme  
[dbromme@css.edu](mailto:dbromme@css.edu)

**Tapestry Directors** – Leah and Corey Hulst  
[rockinhduluth@gmail.com](mailto:rockinhduluth@gmail.com)

**Director of Children's Music** – Beth Brophy  
[musickids@fumcduluth.com](mailto:musickids@fumcduluth.com)

**Technical Director** – Alex Flinner  
[tech@fumcduluth.com](mailto:tech@fumcduluth.com)

**Administrative Assistant** – Nancy Eaton  
[info@fumcduluth.com](mailto:info@fumcduluth.com)

**Bookkeeper** – Abi Seipke

**Sound Technician** – Tommy Kishida

**Nursery Coordinator** – Nyah Ratcliff

**Children's & Family Ministry Interns**  
Grace Abbott and Kiki Langdon-Larson

**Custodians** – Chris Robinson and Kevin Simich

**Kitchen Organizer** – Caryl Langli